

## Early Childhood Education

### Child Care (Birth—age 5)

KVCAP provides Early Head Start and Head Start programs and partnerships that offer full-day, full-year care and early childhood education in northern Kennebec and Somerset counties. Both child care centers and family child care options are available to families who qualify for child care subsidies. Fees are based on a sliding scale.

### Preschool (Ages 3-5)

We partner with 3 school districts to offer free, high-quality preschool for children ages 3 to 5 in MSAD 54, RSU 19, and Waterville Public Schools.

### Before & After School Care

Through our partnership with MSAD 54, KVCAP provides high-quality before and after school programming for children ages three to six in Canaan and Skowhegan. School vacation and summer care may also be available. No income restrictions; fees apply. FMI call 314-8447.



## For Families

### Maine Families Home Visiting

Our Family Visitors partner with expectant and new parents living in Kennebec and Somerset counties. We share tips about parenting, child development, and local resources, and will help connect you with other families. The program is voluntary and has no income restrictions.

### Whole Family Coaching

Our coaches help families set and achieve their goals. Together they explore resources, work to solve challenges, and celebrate every success along the way.

### Parenting Classes, Playgroups & More

We provide a variety of parenting classes and groups, both online and in-person. We host playgroups and community events, and share information about available resources. No income restrictions.

Our Educators also offer free professional training opportunities on topics including Infant Safe Sleep, Mandated Reporting, Protective Factors, and The Front Porch Project.

### Do you need...

- Diapers or wipes
- Baby formula or food
- Baby clothes or blankets
- Books or toys
- A car seat or crib
- Area resources
- Something else?

**Call us!**

## For Teens

### South End Teen Center

The SETC is an enriching space for youth in grades 6-12. We offer a computer lab and homework help, music lessons, art activities, games, hot meals, field trips and adventures!

We work in collaboration with the AYCC and are a unit of the Boys & Girls Club USA. No income restrictions. 873-5621



### KVCAP's Mission

We strengthen individuals, families and communities through direct services and community collaborations that create solutions to poverty.

### KVCAP's Vision

Our vision for the Kennebec Valley Region is thriving communities made up of individuals and families who are healthy, financially secure, and able to reach their fullest potential.

## Transportation



### Kennebec & Somerset Public Transit

Provides public transportation in Augusta, Waterville, Winslow, and Skowhegan. Fares apply. No income restrictions. Rides must be scheduled at least 24 hours in advance. Call or visit our website for more information.

### KV Van

Provides door-to-door transportation for medical and social service appointments. Income restrictions apply.

### Become a Volunteer Driver!

Our volunteer drivers transport people to medical and social service appointments. All volunteers are reimbursed for the use of their vehicle.

## We are Hiring!

We believe the key to our success begins with our employees and the satisfaction they feel with their jobs. Visit [kvcap.org](http://kvcap.org) to find the perfect opportunity for you!

# For the Home

## Home Heating & Electricity Assistance (HEAP & LIAP)

Our home heating and electricity assistance programs help homeowners and renters pay heating costs. Income restrictions apply.

## Emergency Crisis Intervention Program

Assists households with emergency fuel or preventing an electrical disconnection. Income restrictions apply.

## Home Improvement (Serving Kennebec, Somerset, AND Lincoln and Sagadahoc counties)

Income restrictions apply to all programs.

- **Home Repair Services** provides home repairs or improvements for health, safety and/or accessibility issues.
- **Weatherization** installs energy saving measures such as insulation, caulking, and air sealing.
- **Central Heating Improvement Program** repairs or replaces unsafe heating systems.
- **Home Heating Oil Tank Program** provides oil tank replacement or repair.
- **Heat Pump Program** covers the cost and installation of a heat pump.



## Community Aging in Place

Offers no-cost home safety checks, minor maintenance repairs, and accessibility modifications to low-income older adults and disabled homeowners to allow them to safely remain at home. Income restrictions apply.

## Resource Navigators

Navigators share available resources to help people become more financially stable. This includes: food, housing, medical care, basic needs, transportation, employment supports, heating and utility assistance, and more. No income restrictions.



## Financial Counseling Services

- Personal financial coaching
- Homebuyer education classes
- Pre- and post-purchase counseling
- Foreclosure intervention
- Rental counseling

## Real Estate Development

KVCAP builds and sells homes at Cony Village LLC, an affordable housing neighborhood located in Augusta.

KVCAP also develops affordable apartments for rent in Central Maine. Contact C&C Realty at 207-621-7700 for rental availability.



[kvcap.org](http://kvcap.org)  
[info@kvcap.org](mailto:info@kvcap.org)

**1-800-542-8227** or **207-859-1500**  
Interpreter services available.

**Waterville**  
101 Water Street  
  
**Skowhegan**  
28 Research Drive  
  
**Augusta**  
225 Western Avenue



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KVCAP is an equal opportunity provider and employer.

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**Serving Kennebec & Somerset Counties Since 1965**

## DIRECTORY OF SERVICES



**1-800-542-8227**  
**207-859-1500**