



## COORDINATORS CORNER

If we have not had the joy of meeting yet, I hope we do, but until then, hello! My name is Lexy Cole and I'm the new Teen Center Coordinator! I grew up in Central Maine, studied Child Development and Family Relations at the University of New Hampshire and the University of Maine and have been working in church and sports ministry for the past six years prior to joining KVCAP at the Teen Center. I have always had a passion for connecting with middle school and high school students, as I believe the teenage years are a critical time for learning, making mistakes, and discovering what kind of person we want become. I am a month into this new role, and I go home each night thankful for the opportunity to get to know our teens and their families. I believe that our team here is successful if we are present with each teen who wanders in through the doors; that's it! My vision for the SETC is to help our teens dream, overcome obstacles, find healing and support where they need it, and fall in love with their community and the world around them.







## BEAT THE HEAT OR 'BALL THROUGH IT!

The teens have been enjoying the summer and we have found creative ways to cool off AND embrace the heat. We spent one morning filling a kiddie pool with water balloons and Anna had the chance to bring her water guns over on a day where the temps were in the mid 90's! We broke off into teams for several water balloon competitions and then before I went to my first department meeting to meet other KVCAP employees, the teens dumped an entire bucket of water over my head to make sure I made a great first impression. I expected nothing less! We had a blast!



Basketball has also been a popular activity, no matter the temperature. We are loving our basketball hoop that was gifted to us through a project a Colby College student organized. Our "ballers" rarely turn down a game of HORSE or knock out! Staying active is one of our goals, as we live in a cultural moment where many of us spend a great deal of time using technology. A physical and mental break is always good for the soul. I will never say no to basketball or a walk!

## JOKES WITH ISREAL

We have a 12 year old comedian on our hands here at the SETC and I told him he could have his own section of the newsletter to make you smile, so hold on to your seats folks!

WHY DIDN'T THE BICYCLE WANT YOU TO RIDE IT?

Answer: It was two tired



# SETC HIGHLIGHTS



Our teens were invited to the Colby Arts Collaborative on Main Street to help a local artist with an upcycled art project. We learned about different types of plastic and how we can help to repurpose and reduce the amount of plastic going into landfills through awareness and creativity. We look forward to future projects!



The summer is a great time to learn more about the outdoors and make positive additions to the Sound End. The SETC took a trip down the road to the park to decide where we would help plant new trees in the fall through a grant that a community member is working on. Several teens have also been working on their green thumb by gardening right on our property to gain work experience and try some new vegetables that they grew themselves!



To stay sharp in our knowledge of physics, we took some time to have an egg drop challenge. Teens were given a pile of resources that they could use to build a structure that would hold an egg with the hopes of surviving the fall from our third floor fire escape. Only two eggs survived! Well done Nate and Isreal!