



**CAP**

Individuals, Families and Communities

Kennebec Valley Community Action Program

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# RESOURCE MANUAL

**KENNEBEC AND SOMERSET COUNTIES**

**2021**

Researched and compiled by the  
Social Services Program  
Kennebec Valley Community Action Program  
101 Water Street  
Waterville, ME 04901  
(207) 859-1578

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**PLEASE NOTE:**  
This manual is reviewed and revised periodically and is meant to offer a wide variety of service providers/organizations to choose from. However, services and organizations are ever changing. No judgment is made, either expressed or implied, as to the quality of the services/ organizations listed. Addresses, phone numbers, etc. may change after printing is completed. This is not intended to be a complete listing of every possible service/organization.

# Abuse & Neglect

**Organization Name:** Childhelp Hotline **Contact ID:** 1069  
**Address:** **County:** KEN  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 422-4453 **Fax:**  
**Information:** From Futures Without Violence brochure 3/17

**Organization Name:** Crisis and Counseling Center **Contact ID:** 6  
**Address:** 10 Caldwell Road **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-5624  
**Phone:** (207) 626-3448 **Fax:** (207) 626-3453  
**Information:** Also 1-888-568-1112 (toll free Crisis line) or 207-621-2552 (local Crisis line)  
 www.crisisandcounseling.org  
 Outpatient services focuses on substance abuse and mental health, family group and crisis  
 counseling. Insurance reimbursable. Accepts Medicaid and sliding fee scale. 12/18

**Organization Name:** Family Enrichment Council of Kennebec and Somerset **Contact ID:** 10  
**Counties - KVCAP**  
**Address:** 97 Water Street **County:** SOM  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 859-1580 **Fax:**  
**Information:** ALSO: 1-800-542-8227 ext. 1514  
 www.kvcap.org  
 Raise awareness for the prevention of child abuse and neglect through community activities. The  
 Council offers programs such as parenting enrichment classes, school based programs such as Baby  
 Think It Over, and a Mandated Reporter Training for professionals. A resource library and toll free  
 information line is available to parents, care providers, and service providers. 1/21

**Organization Name:** Family Violence Project **Contact ID:** 5  
**Address:** PO Box 304 **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04332-0304  
**Phone:** (207) 623-8637 **Fax:**  
**Information:** HOTLINE: 1-877-890-7788 - local - 623-3569 - 24 hour hotline  
 www.familyviolenceproject.org  
 ALSO AT: PO Box 3104, Skowhegan, ME 04976, (207) 858-0941; (207) 474-8860 - 24 hour  
 hotline, P.O. Box 51, Waterville, ME 04901 (207) 877-2248; (207) 877-0835 - 24 hr hotline;  
 Menswork Office PO Box 304, Augusta, ME 04330, (207) 620-8494 Provides services to victims  
 of domestic violence. Offered 24 hours a day for Kennebec and Somerset County residents. Call  
 for appointment. 12/18

**Organization Name:** Free Charity Cars **Contact ID:** 915  
**Address:** **County:** OTH  
**City:** **State:** FL **Zip Code:**  
**Phone:** (800) 242-7489 **Fax:**  
**Information:** www.freecharitycars.org  
 Nationwide program. Provides donated cars to victims of domestic violence. 9/18

<b>Organization Name: Hope &amp; Justice Project</b>				<b>Contact ID: 1070</b>
<b>Address:</b>				<b>County: OTH</b>
<b>City:</b>	Presque Isle	<b>State: ME</b>	<b>Zip Code:</b>	
<b>Phone:</b>	(800) 439-2323	<b>Fax:</b>		
<b>Information:</b>	Transitional housing and regular shelters for women and their children from domestic violence situations, both physical and emotional. Phone number is covered 24/7. Offices in Ft. Kent, Madawaska, Houlton & Presque Isle. 12/18			
<b>Organization Name: Kennebec/Somerset Crisis Response Services</b>				<b>Contact ID: 4</b>
<b>Address:</b>				<b>County: SOM</b>
<b>City:</b>	Skowhegan	<b>State: ME</b>	<b>Zip Code: 04976-</b>	
<b>Phone:</b>	(207) 474-5461	<b>Fax:</b>		
<b>Information:</b>	Child & Adult Crisis - 1-888-568-1112 or 207-621-2552 ALSO AT: 10 Caldwell Road, Augusta, ME 04330 (207) 626-3448 24 hour crisis intervention services to any resident of Somerset & Kennebec counties by phone or face to face. Medicaid and Medicare accepted.  Residential Crisis Unit - Two and three RCU (Residential Crisis Unit) beds available in Somerset and Kennebec counties (located in Skowhegan, Waterville and Augusta) for individuals who are 18 years of age and older, who are in a mental health crisis that need 24 hour supervision but do not require hospitalization. 474-5461 1-888-568-1112 after 10 p.m.) Assessments are done 24 hours every day, before RCU bed made available. 12/18			
<b>Organization Name: Lion's Club</b>				<b>Contact ID: 1057</b>
<b>Address:</b>				<b>County: OTH</b>
<b>City:</b>	Clinton	<b>State: ME</b>	<b>Zip Code: 04927-</b>	
<b>Phone:</b>	(207) 426-8845	<b>Fax:</b>		
<b>Information:</b>	Can assist with cell phones for victims of domestic violence. Nancy Wright is contact in Clinton and for Augusta/Gardiner Lions Club contact is Bunny Parks 685-3444. 12/18			
<b>Organization Name: National Domestic Violence Hotline</b>				<b>Contact ID: 1071</b>
<b>Address:</b>				<b>County: KEN</b>
<b>City:</b>		<b>State:</b>	<b>Zip Code:</b>	
<b>Phone:</b>	(800) 799-7233	<b>Fax:</b>		
<b>Information:</b>	TTY 1-800-787-3224 www.thehotline.org/resources/victims-and-survivors. Victims of domestic violence are protected under state and federal law. Learn about your rights and protections - www.injuryclaimcoach.com/domestic-violence-help.html#Tip2 www.thehotline.org/2017/10/31/ways-abuse-domestic-violence-changes-you/ Meet others who have experienced domestic violence or know someone who has www.meetup.com/topics/domesviolence/ 11/19			
<b>Organization Name: National Teen Dating Abuse Helpline</b>				<b>Contact ID: 1072</b>
<b>Address:</b>				<b>County: OTH</b>
<b>City:</b>		<b>State:</b>	<b>Zip Code:</b>	
<b>Phone:</b>	(866) 331-9474	<b>Fax:</b>		
<b>Information:</b>	24 hour help line. Love is Respect. www.loveisrespect.org/dating-basics/relationship-spectrum 11/19			

**Organization Name:** Office of Elder Services - DHHS **Contact ID:** 2  
**Address:** 41 Anthony Ave **County:** KEN  
11 State House Station  
**City:** Augusta **State:** ME **Zip Code:** 04333-0011  
**Phone:** (800) 262-2232 **Fax:**  
**Information:** ALSO: 1-800-624-8404 or 1-207-287-9200 711 Maine Relay  
To report elder/adult (age 18 and over) abuse: 1-800-624-8404. The Office of Elder Services provides or arranges for services to protect incapacitated and dependent adults (age 18 and over) in danger of abuse, neglect or exploitation. Calls may be made anonymously. 11/17

**Organization Name:** Partners for Peace **Contact ID:** 14  
**Address:** PO Box 653 **County:** OTH  
**City:** Bangor **State:** ME **Zip Code:** 04402-  
**Phone:** (207) 945-5102 **Fax:**  
**Information:** Bangor office serves Penobscot County. 24-hour hotline: 1-800-863-9909 all locations  
Dover Foxcroft office serves Piscataquis County  
(PO Box 192 Dover Foxcroft), (207) 564-8166  
Serves people affected by domestic abuse. Services include a 24 hour hotline (7 days a week), support groups, education groups, children's services, shelter, education and training. 12/18

**Organization Name:** Safe House **Contact ID:** 1077  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 559-2927 **Fax:**  
**Information:** Opens December 13, 2018 Referrals accepted thru 24 hr helpline. Individual must be present during the helpline call, and desire to enter the Safe House. While the request is being processed, the Helpline Advocate will support survivors in developing a safety plan. If it is determined that the Safe House is not the appropriate place for the individual, other shelter options and support services will be offered. Eligibility: single, self-identified females 18 years or older and fleeing from sex trafficking or sex exploitation or presents as in imminent danger due to same. 12/18

**Organization Name:** Sexual Assault Crisis & Support **Contact ID:** 1  
**Address:** PO Box 417 **County:** KEN  
**City:** Winthrop **State:** ME **Zip Code:** 04364-  
**Phone:** (207) 377-1010 **Fax:**  
**Information:** 24-hour statewide crisis support line: 1-800-871-7741  
www.silentnomore.org  
Support Groups for survivors of sexual assault and child sexual abuse, and for non-offending parents of children who have been sexually abused. Crisis intervention and information. Support and advocacy for survivors of sexual assault and their families. Advocacy for survivors who chose to seek medical attention, report to the police, or go through the criminal justice system. Referral to appropriate agencies and individuals in the community. Community and professional education. Learn how to be kind to yourself to allow the space and time you need to heal --  
www.helpguide.org/articles/ptsd-trauma/recovering-from-rape-and-sexual-trauma.htm.  
www.homeadvisor.com/r/how-to-create-a-comforting-home-for-abuse-survivors 11/19

**Organization Name:** Sexual Assault Hotline **Contact ID:** 1073  
**Address:** **County:** KEN  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 656-4673 **Fax:**  
**Information:** From Futures Without Violence Brochure 3/17

**Organization Name:** Spurwink School **Contact ID:** 17  
**Address:** 899 Riverside St. **County:** OTH  
**City:** Portland **State:** ME **Zip Code:** 04103-  
**Phone:** (207) 871-1200 **Fax:**  
**Information:** Toll Free: 1-888-889-3903  
 www.spurwink.org  
 Provides a wide array of community-based services for children, adolescents, adults and families who face challenges associated with mental illness, behavioral or emotional disorders and developmental disabilities. Services are delivered through a variety of programs located throughout southern and central Maine. 11/17

**Organization Name:** Teen Dating Abuse Resources **Contact ID:** 1074  
**Address:** **County:** KEN  
**City:** **State:** **Zip Code:**  
**Phone:** (866) 331-9474 **Fax:**  
**Information:** OR TEXT "LOVEIS" to 225-22 from Futures Without Violence Brochure 3/17

**Organization Name:** The Women's Project - Opportunity Alliance **Contact ID:** 552  
**Address:** 50 Lydia Lane **County:** OTH  
**City:** So Portland **State:** ME **Zip Code:** 04106-  
**Phone:** (207) 523-5049 **Fax:** (207) 874-1124  
**Information:** www.opportunityalliance.org Serving: Kennebec, Androscoggin, Sagadahoc, York, Cumberland and Southern Somerset counties. Serving women with MaineCare, or in a reunification program like CPS, with children 5 or younger or who are pregnant. Case management program helps line women to services like child care, transportation, housing, mental health services and more so they can successfully engage in a recovery program. 12/18

**Organization Name:** Victim/Witness Advocate **Contact ID:** 18  
**Address:** District Attorney **County:** SOM  
 Somerset County  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-2423 **Fax:**  
**Information:** ALSO AT: Kennebec County Court House, 95 State St., Augusta, ME 04330. 623-1156  
 Service provides help to any victim of, or witness to a crime. Short term counseling, emergency assistance with law enforcement, judicial system guidance and support. Offered 24 hours a day, 7 days a week. 12/18

# Adoption

**Organization Name:** A Family for ME **Contact ID:** 917  
**Address:** PO Box 754 **County:** OTH  
 432 Water St.  
**City:** Gardiner **State:** ME **Zip Code:** 04345-  
**Phone:** (207) 588-0996 **Fax:**  
**Information:** A statewide recruitment initiative for foster and adoptive families. Staff provides help, support and information. 12/18

**Organization Name:** AFFM - Adoptive & Foster Families in Maine **Contact ID:** 989  
**Address:** 34 Main St **County:** OTH  
**City:** Orono **State:** ME **Zip Code:**  
**Phone:** (800) 833-9786 **Fax:**  
**Information:** www.affm.net Alternative number: 207-827-2331. AFFM exists to support foster, adoptive and kinship families as they care for Maine's youth in care. 12/18

**Organization Name:** Full Circle Adoptions **Contact ID:** 23  
**Address:** 225 Commercial St Suite 300 **County:** OTH  
**City:** Portland **State:** ME **Zip Code:** 04101-  
**Phone:** (207) 775-4101 **Fax:** (207) 775-2255  
**Information:** Also : 1 800 452 3678  
 www.fullcircleadoptions.org. Domestic and international adoptions; adoption information sessins; "My Choice" pregnancy counseling. 12/18

**Organization Name:** Good Samaritan Agency **Contact ID:** 22  
**Address:** 100 Ridgewood Drive. **County:** OTH  
**City:** Bangor **State:** ME **Zip Code:** 04401-  
**Phone:** (207) 942-7211 **Fax:**  
**Information:** 1-800-249-1811  
 goodsamaritanbangor.com. Services to single pregnant and parenting young women, as well as adoptive families. 12/18

**Organization Name:** Office of Vital Records - DHHS **Contact ID:** 25  
**Address:** 220 Capitol St **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04333-0011  
**Phone:** (888) 664-9491 **Fax:**  
**Information:** www.state.me.us/dhhs/vitalrecords.html. For information on obtaining a certified copy of a birth, death, or marriage record from 1892- the present call the Office of Vital Records at 1-207-287-3181. Divorce records from 1892 through the present may be obtained at the same office. Birth, Death and Marriage records from 1892 - present call 1-207-287-3771; pre-1892 records are located at Maine State Archives telephone 1-207-287-5795. To help adopted persons, birth parents, and other relatives who have been separated by adoption to contact one another. There is a fee for the certified copy. 9/15

**Organization Name:** St. Andres Home, Inc. **Contact ID:** 864  
**Address:** 168 Prospect St **County:** OTH  
**City:** Biddeford **State:** ME **Zip Code:** 04005-  
**Phone:** (207) 282-3351 **Fax:**  
**Information:** www.saintandrehome.org.  
 Provide birthparent services, adoptive parent services for domestic and international adoptions, and post adoption services. 12/18



**Organization Name:** The Maine Children's Home for Little Wanderers

**Contact ID:** 24

**Address:** 93 Silver St.

**County:** KEN

**City:** Waterville

**State:** ME

**Zip Code:** 04901-5923

**Phone:** (207) 873-4253

**Fax:**

**Information:** [www.mainechildrenshome.org](http://www.mainechildrenshome.org)

Domestic and international adoptions; birth parent services; post adoption services. 12/18

# Advocacy

**Organization Name:** American Civil Liberties Union of Maine **Contact ID:** 49  
**Address:** 121 Middle St. Suite 303 **County:** OTH  
**City:** Portland **State:** ME **Zip Code:** 04101-  
**Phone:** (207) 774-5444 **Fax:**  
**Information:** Advocacy, litigation, public education, lobbying. 12/18

**Organization Name:** Community Mediation Services - Volunteers of America **Contact ID:** 837  
**Northern New England**  
**Address:** 14 Maine St Ste 301 **County:** OTH  
**City:** Brunswick **State:** ME **Zip Code:** 04011-  
**Phone:** (800) 381-0609 **Fax:** (207) 373-1160  
**Information:** Alternate number 207-373-1140  
 www.voanne.org  
 A process for helping people resolve disputes and disagreements. Trained mediators working with people in conflict to listen and help develop fair and workable agreements. It is voluntary, confidential, informal, quick and affordable (free or provided at low cost). 12/18

**Organization Name:** Disability Rights Maine **Contact ID:** 48  
**Address:** 24 Stone St. **County:** KEN  
 Suite 204  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-2774 **Fax:** (207) 621-1419  
**Information:** OR: 1-800-452-1948 V/TTY  
 DRM's mission is to enhance and promote the equality, self-determination, independence, productivity, integration, and inclusion of people with disabilities through education, strategic advocacy, and legal intervention. Some of the services DRM provides are: information and referral; individual advocacy; legal representation; legislative advocacy; education and training, and; assistance with self-advocacy. 12/18

**Organization Name:** Maine Family Planning **Contact ID:** 46  
**Address:** PO Box 587 **County:** KEN  
 43 Gabriel Drive  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 622-3243 **Fax:** (207) 621-8393  
**Information:** Maine Family Planning's mission is to ensure that all Maine people have access to high-quality, affordable reproductive health care, comprehensive sexual health education, and the right to control their reproductive lives. 12/18

**Organization Name:** Maine PUC **Contact ID:** 945  
**Address:** Consumer Assistance **County:** OTH  
 Division 18  
 State House Station  
**City:** Augusta **State:** ME **Zip Code:** 04333-0018  
**Phone:** (800) 452-4699 **Fax:**  
**Information:** [http://www.maine.gov/mpuc/consumer/other\\_agencies.html](http://www.maine.gov/mpuc/consumer/other_agencies.html)  
 If you are behind on your electric bill and having problems this website can give you information and support.  
 For immediate assistance regarding termination of your utility (electricity, landline phone, water or natural gas) call their hotline Monday thru Friday 9 am - 4 pm 12/18

**Organization Name:** **Maine Women's Lobby** **Contact ID:** 50  
**Address:** 124 Sewall St **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 622-0851 **Fax:** (207) 621-2551  
**Information:** www.mainewomen.org  
 Advocacy group for women and girl's rights, particularly regarding public policy and legislative action in the areas of: access to health care, economic security, violence against women and anti-discrimination. 12/18

**Organization Name:** **National Abortion Federation** **Contact ID:** 52  
**Address:** 1090 Vermont Avenue, NW, Suite 1000 **County:** OTH  
**City:** Washington **State:** DC **Zip Code:** 20036-  
**Phone:** (202) 667-5881 **Fax:** (202) 667-5890  
**Information:** Hotline: 800-772-9100  
 www.prochoice.org  
 Provides information and leadership on a national level regarding the right to abortion, resources, including financial assistance. Informational brochures and advocacy bulletins. 6/19

**Organization Name:** **National Family Planning & Reproductive Health Assoc.** **Contact ID:** 53  
**Address:** 1025 Vermont Ave., Suite 800 **County:** OTH  
**City:** Washington **State:** DC **Zip Code:** 20006-  
**Phone:** (202) 293-3114 **Fax:**  
**Information:** www.nfprha.org  
 The National Family Planning & Reproductive Health Association (NFPRHA) represents the broad spectrum of family planning administrators and clinicians serving the nation's low-income and uninsured.

NFPRHA serves its members by providing advocacy, education and training to those in the family planning and reproductive health care fields. For over 40 years, NFPRHA members have shared a commitment to providing high-quality, federally funded family planning care - making them a critical component of the nation's public health safety net. 6/19

**Organization Name:** **OWL - The Voice of Women 40+** **Contact ID:** 415  
**Address:** 1627 Eye St., NW, Ste 600 **County:** OTH  
**City:** Washington **State:** DC **Zip Code:** 20006-  
**Phone:** (202) 450-8986 **Fax:**  
**Information:** www.owl-national.org  
 Nationwide membership organization working to improve the health, economic and social environment for mid-life to older women through research, education and advocacy. 6/19

**Organization Name:** **Peace & Justice Center of Eastern Maine** **Contact ID:** 64  
**Address:** 96 Harlow St, Suite 100 **County:** KEN  
**City:** Bangor **State:** ME **Zip Code:** 04401-  
**Phone:** (207) 942-9343 **Fax:**  
**Information:** www.peacectr.org  
 Clearing house and networking organization for peace, social justice and the environment. 6/19

# AIDS

**Organization Name:** Bangor Immunization & STD Program **Contact ID:** 59  
**Address:** 103 Texas Ave. **County:** OTH  
**City:** Bangor **State:** ME **Zip Code:** 04401-  
**Phone:** (207) 992-4547 **Fax:**  
**Information:** Confidential test site. Testing done by appointment only for HIV, syphilis, chlamydia, gonorrhea; Hepatitis C is based on need. 12/18

**Organization Name:** Farmington Family Planning **Contact ID:** 76  
**Address:** 193 Front Street **County:** OTH  
**City:** Farmington **State:** ME **Zip Code:** 04938-  
**Phone:** (207) 778-4553 **Fax:** (207) 778-4257  
**Information:** Also: 1-800-587-9346  
Confidential test site. Available by appointment only. Welcome Mainecare clients. Sliding fee scale available. 12/18

**Organization Name:** Frannie Peabody Center **Contact ID:** 56  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 851-2437 **Fax:**  
**Information:** Outside of Maine: 207-774-6877  
Provides AIDS information. Referrals and info about anonymous HIV anti-body testing and Hepatitis C testing. 12/18

**Organization Name:** Harm Reduction Program **Contact ID:** 1008  
**Address:** 9 Green St 2nd Floor **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 621-3770 **Fax:**  
**Information:** www.maine-general.org/pages/community-health/prevention-center. Free HIV and Hep C testing; needle exchange program; outreach and education around overdose prevention. Also second location: 149 North St. in basement of Thayer (Maine General) Waterville, ME 04901 207-872-4102 12/18

**Organization Name:** Horizon **Contact ID:** 58  
**Address:** 9 Green Street **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 621-3785 **Fax:** (207) 621-5386  
**Information:** Primary care practice. Call for appointment. 3/18

**Organization Name:** Maine Family Planning **Contact ID:** 63  
**Address:** 179 Lisbon Street **County:** OTH  
**City:** Lewiston **State:** ME **Zip Code:** 04240-  
**Phone:** (207) 795-4007 **Fax:**  
**Information:** Confidential test site. HIV, gonorrhea and chlamydia tests by appointment. 12/18

**Organization Name:** Maine Family Planning **Contact ID:** 55  
**Address:** 5 Martin St **County:** OTH  
**City:** Presque Isle **State:** ME **Zip Code:** 04769-  
**Phone:** (207) 768-3062 **Fax:** (207) 768-3057  
**Information:** Confidential test sites across the state, here are just a few:  
Houlton - 254-4050 Waterville - 509-3267 Augusta - 626-3426  
Fort Kent - 402-3220 Skowhegan - 612-5000 Lewiston - 795-4007 12/18

**Organization Name:** Maine Family Planning **Contact ID:** 61  
**Address:** 52 Christian Ridge Road **County:** OTH  
**City:** Ellsworth **State:** ME **Zip Code:** 04605-  
**Phone:** (207) 812-7030 **Fax:** (207) 667-5110  
**Information:** Confidential test site. Can call for appointment or just walk-in. 12/18

**Organization Name:** Names Project/Maine **Contact ID:** 67  
**Address:** P.O. Box 2169 **County:** OTH  
**City:** Ogunquit **State:** ME **Zip Code:** 03907-  
**Phone:** (207) 809-1835 **Fax:**  
**Information:** Names Project is a Chapter of International AIDS Memorial Quilt.  
AIDS awareness through creating and displaying AIDS panels and newsletters. Aid people in  
making memorial panels for someone that they have lost to AIDS. Travel throughout state with  
panels in the form of display and educational storytelling presentations. Volunteer  
organization. 12/18

**Organization Name:** Portland STD Clinic **Contact ID:** 69  
**Address:** 103 India St **County:** OTH  
**City:** Portland **State:** ME **Zip Code:** 04101-  
**Phone:** (207) 874-8446 **Fax:**  
**Information:** Anonymous and confidential HIV test site. Walk ins on Tuesdays 3 pm to 5:45 pm. Mon, Weds, &  
Fri. services available by appointment only. 12/18

**Organization Name:** Rockland Family Planning **Contact ID:** 66  
**Address:** 22 White St., Suite 101 **County:** OTH  
**City:** Rockland **State:** ME **Zip Code:** 04841-  
**Phone:** (207) 594-3114 **Fax:**  
**Information:** www.maineconomyplanning.org  
Confidential test site. Call for appointment. 12/18

**Organization Name:** Skowhegan Family Planning **Contact ID:** 264  
**Address:** 188 Madison Ave **County:** OTH  
**City:** Skowhegan **State:** ME **Zip Code:**  
**Phone:** (207) 509-3267 **Fax:**  
**Information:** ALSO: 207-612-5000  
Confidential test site. Call for appointment. 12/18

**Organization Name:** Waterville Family Planning

**Contact ID:** 1006

**Address:** 18 Silver St

**County:** KEN

**City:** Waterville

**State:** ME

**Zip Code:** 04901-

**Phone:** (207) 509-3267

**Fax:**

**Information:** Confidential test site. Call for appointment.

12/18

# Alcohol & Drug Abuse

**Organization Name:** Acadia Hospital **Contact ID:** 82  
**Address:** 268 Stillwater Ave **County:** OTH  
**City:** Bangor **State:** ME **Zip Code:** 04401-  
**Phone:** (207) 973-6100 **Fax:**  
**Information:** Treatment programs are practical, short-term and solution focused. Treatment team includes physicians, psychiatrists, nurses, psychologists, licensed counselors, occupational and recreational therapists, and psychiatric technicians.

Continuum of services for chemical dependency includes nonresidential care, Acadia Recovery Community, Narcotic Treatment Program (NTP), Chemical Dependency Intensive Outpatient Program (CDIOP), and several Aftercare groups, facilitated by trained volunteers and supervised by a licensed clinician. Following initial assessment, individuals are placed in the appropriate level of care. 12/18

**Organization Name:** Addiction Resource Center **Contact ID:** 71  
**Address:** 66 Baribeau Drive **County:** OTH  
**City:** Brunswick **State:** ME **Zip Code:** 04011-  
**Phone:** (800) 244-3805 **Fax:**  
**Information:** Full range of professional chemical dependency programs. Group and individual assessment. Evening programs Mon, Tu, Th 5pm to 8 pm; Day program Mon thru Fri 9 am to noon. At: 20 Bristol Road, Damariscotta, ME 04543 800-244-3805 12/18

**Organization Name:** Alcohol & Drug Rehabs in Maine **Contact ID:** 73  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (866) 548-2672 **Fax:**  
**Information:** Free alcohol and drug rehab referrals. 9/15

**Organization Name:** Alcoholics Anonymous **Contact ID:** 100  
**Address:** District 14 **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 774-3034 **Fax:**  
**Information:** For emergency services - call the hotline listed above - staffed 24 hrs a day Alcoholics Anonymous, Central Service Office, 47 Portland St., Portland, ME 04101 1-800-737-6237 12/18

**Organization Name:** Blue Sky Counseling **Contact ID:** 1197  
**Address:** 70 1st Rangeway **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 761-6070 **Fax:**  
**Information:** www.blueskycounseling.com. Blue Sky Counseling in Waterville, ME is a substance abuse treatment center with a focus on Substance Abuse Treatment Services. Provided in a Outpatient setting, services at Blue Sky Counseling include Substance abuse treatment. 5/21

**Organization Name:** Cornerstone Behavioral Healthcare **Contact ID:** 923  
**Address:** 32 College Ave. Suite 206 **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 680-2065 **Fax:** (207) 680-2068  
**Information:** www.cornerstonebhc.com.  
 Provides services to children, adolescents, adults, families and couples for therapy, substance abuse and case management. 12/18

**Organization Name:** Crisis & Counseling Center **Contact ID:** 101  
**Address:** 10 Caldwell Rd. **County:** OTH  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-3448 **Fax:**  
**Information:** Crisis Hotline - 1-888-568-1112  
 www.crisisandcounseling.org  
 Hotline for individuals to call when in crisis. Calls will then be referred to therapist, will also refer out if their therapists not available. Two and three RCU (Residential Crisis Unit) beds available in Somerset and Kennebec counties (located in Skowhegan, Waterville, Winslow and Augusta).  
 Assessments are done 24 hours every day, before RCU bed made available. 12/18

**Organization Name:** Day One **Contact ID:** 1198  
**Address:** 525 Main Street **County:** OTH  
**City:** South Portland **State:** ME **Zip Code:** 04106-  
**Phone:** (207) 874-1045 **Fax:**  
**Information:** Also: (207) 767-0991 www.day-one.org Day One has a range of services for youth, parents, and families who are experiencing concerns with substance use and/or mental health. We use cutting edge approaches to provide quality, effective treatment. 5/21

**Organization Name:** Discovery House **Contact ID:** 1076  
**Address:** **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 872-7272 **Fax:**  
**Information:** Assist with drug maintenance. 12/18

**Organization Name:** Drug Rehab Helpline **Contact ID:** 85  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (855) 731-7773 **Fax:**  
**Information:** Drug-Rehabs.org  
 Nationwide referral service to help people find treatment options. 12/18

**Organization Name:** Harm Reduction Program **Contact ID:** 1009  
**Address:** 9 Green St. 2nd Floor **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 621-3770 **Fax:**  
**Information:** www.maine-general.org/pages/community-health/prevention-center  
 Free HIV and Hep C testing; needle exchange program; outreach and education around overdose prevention 12/18



<b>Organization Name: Kennebec Behavioral Health/CRAFT Program</b>			<b>Contact ID: 1195</b>
<b>Address:</b>	5 Commerce Drive		<b>County: SOM</b>
<b>City:</b>	Skowhegan	<b>State: ME</b>	<b>Zip Code: 04976-</b>
<b>Phone:</b>	(888) 322-2136	<b>Fax:</b>	(207) 474-7794
<b>Information:</b>	<p>www.kbhmaine.org. CRAFT (Community Reinforcement and Family Training) is designed to work with adults who are impacted by someone else's use of substances. CRAFT can help the affected other improve their own well-being while also increasing the likelihood that their substance using loved one will be motivated to enter into treatment. KBH will be starting a CRAFT group run by Cathie Soden on January 19, 2021 and it will run every Tuesday from 10:00 - 11:30am. At this time, groups will be run via Zoom; participants must be able to utilize Zoom and due to the virtual nature, transportation barriers have been temporarily removed. Help for those living with or significantly impacted by another person's use of substances is one phone call away; referrals can be made to our Access Center: 1-888-322-2136 and specify that you are interested in CRAFT group. Robert Rogers, Director of Substance Use Prevention and Grant Services. (207) 873-2136 Extension 3607. rrogers@kbhmaine.org.</p>		
<b>Organization Name: LINC Wellness Center</b>			<b>Contact ID: 1064</b>
<b>Address:</b>	38 Memorial Dr		<b>County: KEN</b>
<b>City:</b>	Augusta	<b>State: ME</b>	<b>Zip Code: 04330-</b>
<b>Phone:</b>	(207) 622-5736	<b>Fax:</b>	
<b>Information:</b>	<p>Also: (207) 626-3465 www.mocomaine.com/linc-wellness-recovery-center. Center focuses on personal wholeness. It's for people with a mental health and/or substance abuse diagnosis. Their community is there for people to become empowered, make contributions, be creative and learn to be a healthy friend and neighbor. Mon - Fri 9 AM to 7 PM. Saturdays 12 PM to 5 PM. Meditation groups, Alcoholics Anonymous, Narcotics Anonymous, Open Mic - live show performance opportunity, Community meetings, Dual Recovery Anonymous 5/2021</p>		
<b>Organization Name: Maine Mothers Network</b>			<b>Contact ID: 975</b>
<b>Address:</b>			<b>County: OTH</b>
<b>City:</b>		<b>State: ME</b>	<b>Zip Code:</b>
<b>Phone:</b>	(800) 244-6431	<b>Fax:</b>	
<b>Information:</b>	<p>www.tcmhs.org. This network provides targeted case management, parenting education and support, referral to individual and group substance abuse treatment, and advocacy for Maine Women who are pregnant or parenting children birth through five years old. Services are provided primarily in the home and aim to reduce barriers of transportation, childcare, economic stress, family commitments and stigma that may prevent pregnant and parenting women from seeking treatment. 6/19</p>		
<b>Organization Name: Maine NarcAnon</b>			<b>Contact ID: 1075</b>
<b>Address:</b>			<b>County: OTH</b>
<b>City:</b>		<b>State:</b>	<b>Zip Code:</b>
<b>Phone:</b>	(800) 974-0062	<b>Fax:</b>	
<b>Information:</b>	12/18		

**Organization Name:** **MaineGeneral Inpatient Mental Health & Substance Abuse Care** **Contact ID:** 1033

**Address:** Alford Center for Health  
35 Medical Center Parkway **County:** KEN

**City:** Augusta **State:** ME **Zip Code:** 04330-

**Phone:** (207) 248-0066 **Fax:**

**Information:** Located on 3 South of Alford Center for Health. We provide acute, short term inpatient treatment for individuals who have a mental illness and/ or have a substance abuse addiction requiring medical treatment for detox. Patients must be medically cleared and directly referred for admission by their medical provider or through a local emergency room. 10/15

**Organization Name:** **MaineGeneral Intensive Outpatient Program** **Contact ID:** 83

**Address:** Substance Abuse  
30 Chase Ave **County:** Ken

**City:** Waterville **State:** ME **Zip Code:** 04901-

**Phone:** (207) 861-5228 **Fax:**

**Information:** Daytime adult substance abuse programs offered Mon thru Friday 9 am to 1 pm. Ideal for patients being discharged from the inpatient detoxification unit or as an alternative to hospitalization. 10/15

**Organization Name:** **MaineGeneral Medical Center - Residential Services** **Contact ID:** 78

**Address:** MaineGeneral Community Care **County:** KEN

**City:** Waterville **State:** ME **Zip Code:** 04903-0829

**Phone:** (877) 777-9393 **Fax:**

**Information:** Provides extended care residential treatment in two locations, Augusta and Sidney, for individuals who have had long-term difficulty with substance abuse and who may also need support with a mental health diagnosis.  
The Augusta location is for women and the Sidney location serves men. Treatment is up to 9 months. Services include individual and group counseling, regular participation in Alcoholics Anonymous and/or Narcotics Anonymous meetings, life skills education, psychiatric referrals and medical referrals. These services are designed to help adults get the extra treatment they need to stay clean and/or sober and live successfully in their communities. 6/19

**Organization Name:** **Milestone Foundation** **Contact ID:** 81

**Address:** 28 Portland Ave.  
PO Box T **County:** OTH

**City:** Old Orchard Beach **State:** ME **Zip Code:** 04064-

**Phone:** (207) 934-5231 **Fax:**

**Information:** [www.milestonefoundation.org](http://www.milestonefoundation.org)  
Extended care facility for men struggling with addiction issues. It is a 9 month inpatient program utilizing a therapeutic community modality. 12/18

**Organization Name:** **Spring Harbor Hospital** **Contact ID:** 87

**Address:** 123 Andover Road **County:** OTH

**City:** Westbrook **State:** ME **Zip Code:** 04092-

**Phone:** (207) 761-2200 **Fax:**

**Information:** Also: 1-888-524-0080  
A comprehensive behavioral health care system. Acute care facility. Deals with dual diagnosis. Out-patient, in-patient and partial hospitalization. Accepts Medicaid. 12/18

**Organization Name:** St. Francis Recovery Center - Catholic Charities of Maine **Contact ID:** 86  
**Address:** 24 Dunn St. **County:** OTH  
**City:** Auburn **State:** ME **Zip Code:** 04210-  
**Phone:** (207) 784-2901 **Fax:**  
**Information:** St. Francis Recovery Center provides a 16-bed residential rehabilitation program which provides a structured therapeutic environment (not to exceed forty-five days) for clients who are on a waiting list for treatment, or who either completed a detoxification program and who need a social support system to enable them to remain sober for a period before returning to the community.

Catholic Charities Maine Outpatient Services CCMCS provides individual, group, and family substance abuse and co-occurring (i.e. co-occurring substance abuse and mental health issues) counseling services to those individuals who are experiencing immediate problems with the misuse of alcohol and/or drugs; or family members who need assistance in stabilizing the family unit that contains an active alcoholic/drug abuser. The majority of our clients have legal issues. Many are unemployed with a myriad of family and personal problems. 12/18

**Organization Name:** St. Mary's Regional Medical Center **Contact ID:** 89  
**Address:** 93 Campus Ave. **County:** OTH  
 PO Box 291  
**City:** Lewiston **State:** ME **Zip Code:** 04243-0291  
**Phone:** (207) 777-8100 **Fax:**  
**Information:** Acute care facility. Out-patient, in-patient and partial hospitalization. 6/19

**Organization Name:** Sweetser **Contact ID:** 836  
**Address:** 50 Moody St. **County:** OTH  
**City:** Saco **State:** ME **Zip Code:** 04072-  
**Phone:** (207) 294-4400 **Fax:** (207) 294-4465  
**Information:** ALSO: 800-434-3000 - Promiseline. Will connect to all locations  
[www.sweetser.org](http://www.sweetser.org)  
 Locations are Sanford, Saco, Brunswick, Rockland, Lewiston  
 Provides Outpatient Therapy, Medication Management, Psychological Testing Services, and Substance Abuse Services. Substance Abuse and DEEP available at Brunswick. 12/18

**Organization Name:** Wellspring **Contact ID:** 90  
**Address:** 98 Cumberland St. **County:** OTH  
**City:** Bangor **State:** ME **Zip Code:** 04401-  
**Phone:** (888) 590-2879 **Fax:** (207) 941-1608  
**Information:** Men's halfway house. 319 State  
 St is women's halfway house. Phone: (207)941-1639 Fax: (207)941-1620  
 253-255 Hammond St is the out patient treatment program. Phone: (207)941-1612 Fax: (207)941-1634. Long term residential treatment facility, co-occurring diagnosis. Men's and women's halfway house and an out patient treatment program. 12/18

# Alternative Living

**Organization Name:** Arbor Terrace **Contact ID:** 1079  
**Address:** 13 Plaisted St **County:** KEN  
**City:** Gardiner **State:** ME **Zip Code:** 04345-  
**Phone:** (207) 582-1878 **Fax:**  
**Information:** Assisted living/residential care. 12/18

**Organization Name:** Augusta Rehabilitation Center **Contact ID:** 502  
**Address:** 188 Eastern Ave. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 622-3121 **Fax:**  
**Information:** www.nathealthcare.com Respite care available. 12/18

**Organization Name:** Capitol City Manor **Contact ID:** 105  
**Address:** 313 State St. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 622-6823 **Fax:**  
**Information:** ALSO: 623-2603 12/18

**Organization Name:** Cedar-Ridge Center for Health Care & Rehabilitation **Contact ID:** 503  
**Address:** 23 Cedar Ridge Dr. **County:** SOM  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-9686 **Fax:**  
**Information:** 12/18

**Organization Name:** Central and Mid-Coast Maine Red Cross **Contact ID:** 91  
**Address:** 475 Pleasant St **County:** KEN  
**City:** Lewiston **State:** ME **Zip Code:** 04240-  
**Phone:** (207) 795-4004 **Fax:**  
**Information:** www.maineredcross.org  
This number can connect you throughout the entire state. The American Red Cross can provide two types of assistance after a disaster hard and soft. Hard assistance provides material items and may include feeding, shelter, clean-up kits, comfort kits and financial assistance. Soft assistance minimizes immediate disaster-caused suffering through listening, guidance, advocacy, and counseling. 12/18

**Organization Name:** Community Care **Contact ID:** 866  
**Address:** 40 Summer St. **County:** OTH  
**City:** Bangor **State:** ME **Zip Code:** 04401-0936  
**Phone:** (207) 945-4240 **Fax:**  
**Information:** Short term individual and family clinical services using behavior management plans; Treatment Foster Care Program. Includes Adam House, Oakland Bridge Home, Treatment Foster Care, Community Family Support Services, and Outpatient Services 12/18

<b>Organization Name:</b>	<b>Country Manor Nursing Home</b>	<b>Contact ID:</b>	505
<b>Address:</b>	132 Main St. PO Box 209	<b>County:</b>	OTH
<b>City:</b>	Coopers Mills	<b>State:</b>	ME
<b>Phone:</b>	(207) 549-7471	<b>Zip Code:</b>	04341-
<b>Information:</b>	Nursing home with short and long term care and assisted living which is long term. They can also take respite cases. 12/18		
<b>Organization Name:</b>	<b>Elm Street House</b>	<b>Contact ID:</b>	283
<b>Address:</b>	14 Elm St.	<b>County:</b>	KEN
<b>City:</b>	Augusta	<b>State:</b>	ME
<b>Phone:</b>	(207) 626-3477	<b>Zip Code:</b>	04330-
<b>Information:</b>	Services available: 8 single bed-rooms for clients with major diagnosed mental illness; case management and individual program planning; life skills development (social skills, daily living skills, self-care); 24 hour staff coverage for minor support, meals, cleaning, crisis aid; advocacy and legal assistance; transportation and recreation. Requirements: client must have financial assistance (social security, etc.) 12/18		
<b>Organization Name:</b>	<b>Heritage Rehab &amp; Living Center</b>	<b>Contact ID:</b>	506
<b>Address:</b>	457 Old Lewiston Road	<b>County:</b>	KEN
<b>City:</b>	Winthrop	<b>State:</b>	ME
<b>Phone:</b>	(207) 377-9965	<b>Zip Code:</b>	04364-
<b>Information:</b>	Assisted living, residential living, and skilled services. 12/18		
<b>Organization Name:</b>	<b>Hillside Terrace</b>	<b>Contact ID:</b>	110
<b>Address:</b>	21 Warren St.	<b>County:</b>	KEN
<b>City:</b>	Hallowell	<b>State:</b>	ME
<b>Phone:</b>	(207) 622-5644	<b>Zip Code:</b>	04347-
<b>Information:</b>	www.hillsideterracehallowell.com Residential care facility and assisted living for the elderly. 12/18		
<b>Organization Name:</b>	<b>Klearview Manor Nursing Home</b>	<b>Contact ID:</b>	508
<b>Address:</b>	149 Skowhegan Rd	<b>County:</b>	SOM
<b>City:</b>	Fairfield	<b>State:</b>	ME
<b>Phone:</b>	(207) 453-2112	<b>Zip Code:</b>	04937-
<b>Information:</b>	Serving individuals with intellectual disabilities. 12/18		
<b>Organization Name:</b>	<b>Maine Health Care Association</b>	<b>Contact ID:</b>	510
<b>Address:</b>	317 State St.	<b>County:</b>	KEN
<b>City:</b>	Augusta	<b>State:</b>	ME
<b>Phone:</b>	(207) 623-1146	<b>Zip Code:</b>	04330-
<b>Information:</b>	Trade association for Long Term Care providers - do education and lobbying. 12/18		

<b>Organization Name:</b>	<b>Maine Veterans Home</b>			<b>Contact ID:</b>	511
<b>Address:</b>	310 Cony Rd.			<b>County:</b>	KEN
<b>City:</b>	Augusta	<b>State:</b>	ME	<b>Zip Code:</b>	04330-
<b>Phone:</b>	(888) 684-4664	<b>Fax:</b>			
<b>Information:</b>	OR (207) 622-2454 <a href="http://www.mainevets.org">www.mainevets.org</a> 24-hour RN coverage in three separate nursing units: a 40 bed rehabilitation and skilled nursing care unit, a 40 bed long-term care unit and a 40 bed secured long-term care unit for residents with Alzheimer's Disease and other dementias. The focus is on returning the patient to their home and community, whenever possible. 12/18				
<b>Organization Name:</b>	<b>MaineGeneral Rehab &amp; Long Term Care at Gray Birch</b>			<b>Contact ID:</b>	507
<b>Address:</b>	37 Gray Birch Dr.			<b>County:</b>	KEN
<b>City:</b>	Augusta	<b>State:</b>	ME	<b>Zip Code:</b>	04330-
<b>Phone:</b>	(207) 621-7100	<b>Fax:</b>			
<b>Information:</b>	ALSO AT: Glenridge Dr., Augusta, ME 04330 - 626-2600 Rehab, long term care and assisted living available. 12/18				
<b>Organization Name:</b>	<b>Maplecrest Rehab &amp; Living Center</b>			<b>Contact ID:</b>	512
<b>Address:</b>	174 Main St.			<b>County:</b>	SOM
<b>City:</b>	Madison	<b>State:</b>	ME	<b>Zip Code:</b>	04950-
<b>Phone:</b>	(207) 696-8225	<b>Fax:</b>			
<b>Information:</b>	Skilled and long term care, out-patient therapy and an adult day program.			12/18	
<b>Organization Name:</b>	<b>Middle Street House - Motivational Services</b>			<b>Contact ID:</b>	285
<b>Address:</b>	45 Middle St			<b>County:</b>	KEN
<b>City:</b>	Augusta	<b>State:</b>	ME	<b>Zip Code:</b>	04330-
<b>Phone:</b>	(207) 626-3465	<b>Fax:</b>			
<b>Information:</b>	Intensive group 6 bedroom home which provides rehabilitative services to consumers with severe and persistent mental illness. Call for requirements. 12/18				
<b>Organization Name:</b>	<b>Mid-Maine Homeless Shelter</b>			<b>Contact ID:</b>	95
<b>Address:</b>	19 Colby St			<b>County:</b>	KEN
<b>City:</b>	Waterville	<b>State:</b>	ME	<b>Zip Code:</b>	04901-
<b>Phone:</b>	(207) 872-8082	<b>Fax:</b>			
<b>Information:</b>	Office: 872-6550 is open 8 am to 4 pm. Night staff is from 4 pm to 8 am. <a href="http://www.shelterme.org">www.shelterme.org</a> General purpose, emergency homeless shelter for individuals and families. 12/18				
<b>Organization Name:</b>	<b>Mt. Saint Joseph Nursing Home</b>			<b>Contact ID:</b>	514
<b>Address:</b>	7 Highwood St.			<b>County:</b>	KEN
<b>City:</b>	Waterville	<b>State:</b>	ME	<b>Zip Code:</b>	04901-
<b>Phone:</b>	(207) 873-0705	<b>Fax:</b>			
<b>Information:</b>	<a href="http://www.mtsj.org">www.mtsj.org</a> Skilled nursing, long term care, and rehabilitation in a residential setting. 12/18				

<b>Organization Name: Northern Light Continuing Care - Lakewood</b>				<b>Contact ID: 509</b>
<b>Address:</b>	220 Kennedy Memorial Drive			<b>County: KEN</b>
<b>City:</b>	Waterville	<b>State: ME</b>	<b>Zip Code: 04901-</b>	
<b>Phone:</b>	(207) 873-5125	<b>Fax:</b>		
<b>Information:</b>	www.lakewoodcare.org 105-bed skilled nursing and long term care facility.			12/18

  

<b>Organization Name: Pleasant Street Residence - Motivational Services</b>				<b>Contact ID: 286</b>
<b>Address:</b>				<b>County: KEN</b>
<b>City:</b>	Waterville	<b>State: ME</b>	<b>Zip Code: 04901-</b>	
<b>Phone:</b>	(207) 626-3465	<b>Fax:</b>		
<b>Information:</b>	Services available: 6 single bedrooms for long-term clients with major mental illness. Multiple long-term rehabilitation programs. Requirements: major mental illness.			12/18

  

<b>Organization Name: Skills, Inc</b>				<b>Contact ID: 97</b>
<b>Address:</b>	461 Hartland Road			<b>County: OTH</b>
<b>City:</b>	St. Albans	<b>State: ME</b>	<b>Zip Code: 04971-</b>	
<b>Phone:</b>	(207) 938-4615	<b>Fax:</b>		
<b>Information:</b>	www.skillsinc.net Facebook is Skills Inc Maine Office: M-F, 8:00-4:00. For developmentally disabled adults needing residential, vocational and educational services. 24 facilities in Central Maine for developmentally disabled adults. Residential as well as community and in-home support services.			12/18

  

<b>Organization Name: Somerset Rehab &amp; Living Center</b>				<b>Contact ID: 518</b>
<b>Address:</b>	43 Owens St.			<b>County: SOM</b>
<b>City:</b>	Bingham	<b>State: ME</b>	<b>Zip Code: 04920-</b>	
<b>Phone:</b>	(207) 672-4041	<b>Fax:</b>		
<b>Information:</b>	Long term care, transitional care, respite and hospice services.			12/18

  

<b>Organization Name: Sunrise House - Motivational Services</b>				<b>Contact ID: 288</b>
<b>Address:</b>				<b>County: KEN</b>
<b>City:</b>	Augusta	<b>State: ME</b>	<b>Zip Code: 04330-</b>	
<b>Phone:</b>	(207) 626-3465	<b>Fax:</b>		
<b>Information:</b>	Services available: 5 apartments (1-2 bedrooms) for mentally ill and bilaterally deaf. This is a barrier free home equipped for the deaf (flashing doorbell and fire alarm, captioned TV, TTY phone system). 24-hour staffing.			12/18

**Organization Name:** Supported Apartments **Contact ID:** 289  
**Address:** **County:** KEN  
**City:** **State:** **Zip Code:**  
**Phone:** (207) 873-2136 **Fax:**  
**Information:** Also: 1-888-322-2136 Kennebec Behavioral Health, 67 Eustis Parkway, Waterville, ME 04901  
 Offers a wide range of community housing options for persons with mental illness. Their Independent Housing Program offers Independent Housing units, which provide income-eligible consumers with housing and access to Kennebec Behavioral Health programs and services and other community services. The Independent Housing Program also manages two rental subsidy programs for eligible individuals. The subsidy programs pay a monthly rent subsidy to local landlords for eligible consumers helping to reduce their housing costs.

Offers Transitional Housing, in Skowhegan, for homeless individuals who need supported housing. This housing option helps people who need to improve skills and who may need additional supports to access resources and eventually obtain and remain in permanent housing. Also, has a permanent supported housing program in Waterville for homeless individuals.

Owns and operates Residential Treatment Housing Programs in Augusta, Waterville, and Skowhegan. These are apartment buildings with units reserved for people with mental illness who need intensive supports to maintain community tenure. These are independent apartments where tenants can receive rental subsidy and necessary skills development and supports for successful community living.

All housing options offer safe, decent, affordable housing and either on-site services or community support services necessary for people with severe mental illness to live as independently as possible. All services are delivered according to the client's assessed needs, wants and preferences. 10/15

**Organization Name:** Walters Home **Contact ID:** 111  
**Address:** 47 Middle St. **County:** KEN  
**City:** Hallowell **State:** ME **Zip Code:** 04347-  
**Phone:** (207) 623-3396 **Fax:**  
**Information:** Residential care facility for the elderly.

**Organization Name:** Western Avenue Residence - Motivational Services **Contact ID:** 291  
**Address:** **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 872-8195 **Fax:**  
**Information:** 5 single rooms - provides rehabilitative services to consumers with severe and persistent mental illness. Call for requirements. 12/18

**Organization Name:** Woodlands Senior Living **Contact ID:** 114  
**Address:** 147 West River Rd. **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 872-8992 **Fax:**  
**Information:** Also located at 152 Winthrop St in Hallowell, ME Phone: (207)623-3396  
 Residential care facility for the elderly. 9/15



# Bereavement

**Organization Name:** Center for Grieving Children **Contact ID:** 134  
**Address:** 555 Forest Ave. **County:** OTH  
**City:** Portland **State:** ME **Zip Code:** 04101-  
**Phone:** (207) 775-5216 **Fax:**  
**Information:** www.cgcmaine.org  
Offering free services with peer group support for children dealing with the death of a loved one. TLC program for children anticipating a loss of parent. Provides outreach services to schools. 12/18

**Organization Name:** Hospice Volunteers of Somerset County **Contact ID:** 103  
**Address:** 41 Main St **County:** SOM  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-1151  
**Phone:** (207) 474-7775 **Fax:** (207) 474-7773  
**Information:** www.hvosoc.org  
Lay bereavement volunteers meet with adults and young adults who have experienced a loss. Any type of loss, divorce, death of a loved one, death of a pet. Grief support groups (Women's Group, Men's Group, Teen's Group, Children's Group and a Women's Empowerment Group and resources. They also offer a bereavement companion program for those who are unable to attend a support group. 12/18

**Organization Name:** Hospice Volunteers of Waterville **Contact ID:** 104  
**Address:** 304 Main Street **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 873-3615 **Fax:**  
**Information:** www.hvwa.org  
Lay bereavement volunteers meet with adults and young adults who have experienced a loss. Grieve support groups (anticipatory loss, widow/widowers, pet loss, grieving thru the holidays) other groups and resources as needed. Camp Ray of Hope - annual weekend retreat for grieving families. Hopes Place - on-going program for grieving children. They also provide one-to-one support in the office and make home visits for those without transportation. 12/18

**Organization Name:** Maine Hospice Council Inc **Contact ID:** 133  
**Address:** 295 Water Street **County:** Ken  
PO Box 2239  
**City:** Augusta **State:** ME **Zip Code:** 04338-  
**Phone:** (207) 626-0651 **Fax:**  
**Information:** For more information on hospice programs outside the Waterville area. 12/18

**Organization Name:** MaineGeneral Home Care & Hospice **Contact ID:** 135  
**Address:** 10 Water St. **County:** KEN  
Suite 307  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 861-3457 **Fax:**  
**Information:** Also: (877) 561-7299  
Also located at:  
Skowhegan/Pittsfield- 861-3457  
Augusta/Gardiner- 582-4577  
Services include:  
\* HomeCare Services that help people of all ages and medical conditions.  
Assist those healing from surgery, recovering from an accident or illness or requiring help to maintain their independence and remain where they want to be at home.  
\* Maine's first certified HealthReach Hospice Program, with a long tradition of providing compassionate care to individuals and families facing a life-threatening illness.  
\* Palliative Care, an ongoing program that focuses on relieving symptoms and improving quality of life.  
\* Rehabilitation Services provided to homebound and other patients who require treatment in the home for conditions that limit their functioning in the community.  
\* Telehomecare Program 12/18

**Organization Name:** MaineGeneral Hospice Volunteers of Kennebec Valley **Contact ID:** 102  
**Address:** 150 Dresden Ave. **County:** KEN  
**City:** Gardiner **State:** ME **Zip Code:** 04345-  
**Phone:** (207) 626-1780 **Fax:**  
**Information:** Also: 626-1700 [www.MaineGeneral.org](http://www.MaineGeneral.org)  
Several grief support programs are available for adults. Providing a safe space to explore feelings of grief and loss in a supportive peer setting. Specific groups for: General Loss; Child Loss; Survivors of Suicide and other grief support workshops around specific holidays and events to help individuals cope. Grief information and education is also provided. As well as patient care volunteers providing end of life care. 12/18

**Organization Name:** MaineGeneral Hospice Volunteers of Kennebec Valley **Contact ID:** 1084  
**Address:** 150 Dresden Ave **County:** KEN  
**City:** Gardiner **State:** ME **Zip Code:** 04345-  
**Phone:** (207) 626-1780 **Fax:**  
**Information:** Also: 626-1779  
[www.MaineGeneral.org](http://www.MaineGeneral.org)  
Several grief support programs are available for adults. Providing a safe space to explore feelings of grief and loss in a supportive peer setting. Specific groups for: General Loss; Child Loss; Survivors of Suicide and other grief support workshops around specific holidays and events to help individuals cope. Grief information and education is also provided. As well as patient care volunteers provide end of life care. All groups are free of charge. You must call to register for meetings. 12/18

# Child Care

**Organization Name:** A - Additional Nursery School Listing

**Contact ID:** 495

**Address:**

**County:** OTH

**City:**

**State:**

**Zip Code:**

**Phone:**

**Fax:**

**Information:** For additional nursery school listing check with your local newspaper during summer. 9/15

**Organization Name:** Boys & Girls Club of Waterville

**Contact ID:** 1085

**Address:** 126 North St

**County:** KEN

**City:** Waterville

**State:** ME

**Zip Code:** 04901-

**Phone:** (207) 873-0684

**Fax:**

**Information:** The Boys & Girls Club offers licensed after school care Monday thru Friday from 2 pm to 6 pm. There is a sliding scale available for their fee and they also have free care available if you qualify. This program includes: free meals and snacks, homework help, recreational activities, arts and crafts. Also school vacation programs. 12/18

**Organization Name:** Children's Center

**Contact ID:** 1086

**Address:** 1 Alden Ave

**County:** KEN

**City:** Augusta

**State:** ME

**Zip Code:** 04330-

**Phone:** (207) 626-3497

**Fax:**

**Information:** www.childrenscenteraugusta.com  
Offers child care for babies to age 5 Monday thru Friday 7:30 am to 5 pm - Rates \$135 to \$165.  
Also offer special classes to help prepare child to start school, prices vary. 12/18

**Organization Name:** DHHS - child care subsidy program

**Contact ID:** 497

**Address:** 2 Anthony Ave.  
11 State House Station

**County:** KEN

**City:** Augusta

**State:** ME

**Zip Code:** 04333-

**Phone:** (207) 624-7999

**Fax:**

**Information:** ALSO: 1-877-680-5866  
E-MAIL: fccmaine@gmail.com  
To complete the application online: <http://www.maine.gov/dhhs/ocfs/ec/occhs/step.htm>  
As of January 2, 2020, applications and renewals for the Child Care Subsidy Program will no longer be handled by the Office for Family Independence (OFI)), but by the Office of Child and Family Services (OCFS). If families receive other benefits such as SNAP, TANF, or MaineCare, the process for applying for and renewing those benefits through OFI will not change. The program helps eligible parents/guardians pay the fees for child care in licensed or registered facilities. (private day care is allowed pending approval i.e. background check and limited children). To be eligible, parents or guardians must be employed, in training or in an educational program or are retired and the legal guardian of a child. 12/19

**Organization Name:** Kennebec Valley YMCA

**Contact ID:** 1087

**Address:** 31 Union Street

**County:** KEN

**City:** Augusta

**State:** ME

**Zip Code:** 04330-

**Phone:** (207) 622-9622

**Fax:**

**Information:** Kids Zone for afterschool is for K thru 6th grade and is Mon-Fri from 3 pm to 5:30 pm thru the school year. This program provides snacks and a variety of activities. There is a set fee, but they also have financial scholarships available based on qualifications. 12/18

**Organization Name:** KVCAP Child & Family Services **Contact ID:** 498  
**Address:** 97 Water St. **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 859-1593 **Fax:** (207) 873-0158  
**Information:** Also - 1-800-542-8227  
 www.kvcap.org or www.educare centralmaine.org

Early Care & Education Services for children ages 0-5 for children in Northern Kennebec and Somerset Counties. Programming includes:

Center Based - Full Day/Full Year - Head Start and Child Care  
 Ages 6 weeks - 5 years of age - Educare Central Maine, Waterville  
 Ages 6 weeks - 3 years of age - Skowhegan Early Head Start, Skowhegan  
 Ages 6 weeks - 4 years of age - Family Child Care Homes, Somerset, Kennebec and Piscataquis Counties

Center Based - Part Day/Part Year - Preschool (ages 3-5) at the following locations: Waterville, Fairfield, Clinton, Hartland, St Albans, Solon, Anson, Canaan, Norridgewock, Skowhegan

Home-Based/Home-Visiting: Ages 0-3 12/18

**Organization Name:** Pines Road Nursery School **Contact ID:** 490  
**Address:** 146 Pines Road **County:** KEN  
**City:** Benton **State:** ME **Zip Code:** 04909-  
**Phone:** (207) 453-7062 **Fax:**  
**Information:** Nursery School Ages 2-5 12/18

**Organization Name:** SKCDC/Child Care Options **Contact ID:** 500  
**Address:** 337 Maine Ave. **County:** KEN  
**City:** Farmingdale **State:** ME **Zip Code:** 04344-  
**Phone:** (207) 582-3110 **Fax:** (207) 582-3113  
**Information:** www.skcdc.org  
 Provides training at various locations throughout the state for child care providers.  
 Car seat program - to be eligible, participants must receive one of the following: TANF, SNAP, MaineCare, WIC. By appointment only - call Crystal Connors @ 582-3110 ext. 119 3/21

**Organization Name:** Skowhegan Montessori School **Contact ID:** 491  
**Address:** PO Box 56 **County:** SOM  
 Meadowview Rd.  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-7282 **Fax:**  
**Information:** Pre-school ages 3 to 6; before and after school care. 12/18

**Organization Name:** Skowhegan Nursery School, Inc. **Contact ID:** 492  
**Address:** 135 Dr Mann Rd **County:** SOM  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-8443 **Fax:**  
**Information:** www.skowhegannurseryschool.org  
 Before and after care ages 3 - 12; Pre-School program ages 3,4, & 5. 12/18

**Organization Name:** Southern Kennebec Child Development Corp. **Contact ID:** 1196  
**Address:** 337 Maine Ave **County:** KEN  
**City:** Farmingdale **State:** ME **Zip Code:** 04344-  
**Phone:** (207) 582-3110 **Fax:**  
**Information:** Call Crystal Connors at SKCDC -- (207) 582-3110 ext. 119.  
Car seat distribution program. In collaboration with the Bureau of Highway Safety. To be eligible,  
participants must receive one of the following: TANF, WIC, SNAP, MaineCare.  
See also Consumer Resources/Bureau of Highway Safety/Car Seat Distribution Program. 3/21

**Organization Name:** The Children's Place **Contact ID:** 486  
**Address:** 93 Silver St. **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 877-2258 **Fax:**  
**Information:** Early care and education program. 12/18

**Organization Name:** Winthrop Area YMCA **Contact ID:** 1088  
**Address:** 23 Highland Ave **County:** KEN  
**City:** Winthrop **State:** ME **Zip Code:** 04364-  
**Phone:** (207) 377-9686 **Fax:**  
**Information:** Kids Club After School is available on school days from 2:30 pm to 5:30 pm. This program offers  
snacks, help with homework, and activities in gym or on play ground. This is a licensed child care  
program for K thru 5th graders. This program is \$15 a day and can be used as needed. Example: day  
care closes, or emergency at home and child can't get off the bus then you can put them into this  
program for the day. 10/16

# Clothing Banks

<b>Organization Name:</b> Addie's Attic & Basic Essentials - Prince of Peace Lutheran Church			<b>Contact ID:</b> 1061
<b>Address:</b>	209 Eastern Ave		<b>County:</b> KEN
<b>City:</b>	Augusta	<b>State:</b> ME	<b>Zip Code:</b> 04330-
<b>Phone:</b>	(207) 248-1782	<b>Fax:</b>	
<b>Information:</b>	Both places are open 1st & 3rd Saturday 10 am to noon and Tuesday and Thursdays 10 am to 2 pm. 7/18		
<b>Organization Name:</b> Addie's Attic/Prince of Peace Lutheran Church			<b>Contact ID:</b> 870
<b>Address:</b>	209 Eastern Ave		<b>County:</b> KEN
<b>City:</b>	Augusta	<b>State:</b> ME	<b>Zip Code:</b> 04330-
<b>Phone:</b>	(207) 248-1782	<b>Fax:</b>	
<b>Information:</b>	Free clothing for men, women, and children. Hours: First & Third Saturdays of month 10 am to noon. Also, Everyday Basics - personal items, diapers, etc. Hours: Tuesdays & Thursdays 10 am to 2 pm. 8/18		
<b>Organization Name:</b> Bear-ly Used Boutique			<b>Contact ID:</b> 172
<b>Address:</b>	104 Kennedy Memorial Drive		<b>County:</b> KEN
<b>City:</b>	Waterville	<b>State:</b> ME	<b>Zip Code:</b> 04901-
<b>Phone:</b>	(207) 872-5055	<b>Fax:</b>	
<b>Information:</b>	Good quality, used women and children clothing, and infant furniture. 6/19		
<b>Organization Name:</b> Becky's Second Time Around			<b>Contact ID:</b> 150
<b>Address:</b>	125 Main St.		<b>County:</b> OTH
<b>City:</b>	Winthrop	<b>State:</b> ME	<b>Zip Code:</b> 04364-
<b>Phone:</b>	(207) 377-6143	<b>Fax:</b>	
<b>Information:</b>	Clothing for men and women. Mon-Fri 10 - 4 and Sat 10 - 2 12/18		
<b>Organization Name:</b> Belgrade Bible Church Clothes Closet			<b>Contact ID:</b> 1058
<b>Address:</b>	744 Augusta Rd		<b>County:</b> KEN
<b>City:</b>	Belgrade	<b>State:</b> ME	<b>Zip Code:</b>
<b>Phone:</b>	(207) 495-2200	<b>Fax:</b>	
<b>Information:</b>	Open 1st Tuesday, following Saturday 9-11 AM 7/2018		
<b>Organization Name:</b> Bridging the Gap Clothing Closet & Essentials, Lutheran Episcopal Church			<b>Contact ID:</b> 1166
<b>Address:</b>	209 Eastern Avenue		<b>County:</b> KEN
<b>City:</b>	Augusta	<b>State:</b> ME	<b>Zip Code:</b> 04330-
<b>Phone:</b>	(207) 248-1782	<b>Fax:</b>	
<b>Information:</b>	Tuesday and Thursday 10:00 - 2:00. 1st and 3rd Saturday - 10:00 - 12:00. 8/19		

**Organization Name:** Community Clothes Closet **Contact ID:** 871  
**Address:** Methodist Church **County:** SOM  
113 Dr. Mann Road  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-3915 **Fax:**  
**Information:** Hours of operation: Every Wednesday from 9:00 am - 12:00 and 2nd and 4th Tuesdays 6:00 -7:00 pm. Gives out free clothing. 8/19

**Organization Name:** Dot's Closet **Contact ID:** 1059  
**Address:** 20 W School St **County:** KEN  
**City:** Oakland **State:** ME **Zip Code:** 04963-  
**Phone:** (207) 465-5259 **Fax:**  
**Information:** 2nd & 3rd Thursday, 1-3 PM 7/2018

**Organization Name:** Essentials Closet Personal & Household Items **Contact ID:** 1167  
**Address:** 7 Eustis Parkway **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** **Fax:**  
**Information:** www.watervilleucc.org/essentials-closet. Last two weeks of each month. Monday 5:00 - 7:00 pm; Wednesday, 9:00 -11:00 am; Friday, 9:00 - 11:00 am. 8/19

**Organization Name:** Essentials Closet Personal & Household Items, First **Contact ID:** 1168  
**Congregational Church**  
**Address:** 7 Eustis Parkway **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** **Fax:**  
**Information:** www.watervilleucc.org/essentials-closet. Last two weeks of each month. Monday 5:00 - 7:00 pm; Wednesday 9:00 - 11:00 am; Friday 9:00 - 11:00. 8/19

**Organization Name:** Goodwill Retail Store **Contact ID:** 153  
**Address:** 5 Senator Way **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 623-1774 **Fax:**  
**Information:** ALSO AT: 10 Concourse West., Waterville, ME 04901 - 877-0673 12/18

**Organization Name:** Jireh Grace Clothing Closet **Contact ID:** 1165  
**Address:** 333 Oak Street **County:** KEN  
**City:** Oakland **State:** ME **Zip Code:** 04963-  
**Phone:** (207) 465-2699 **Fax:**  
**Information:** FREE clothing closet. Second and fourth Saturday of the month 9:00 am - 1:00 pm. If a family absolutely has no transportation to get to the clothing closet after utilizing all options, there is possible delivery with information: address and phone to reach the family, as well as sizes for all family members. 8/19

**Organization Name:** Lambs Clothes Closet - Fairfield First Baptist Church **Contact ID:** 856  
**Address:** 12 Newhall Street **County:** OTH  
**City:** Fairfield **State:** ME **Zip Code:** 04937-  
**Phone:** (207) 453-0170 **Fax:**  
**Information:** Hours Tuesday 9 am - 11 am; Wednesday 4:30 pm - 6 pm.  
Free clothing for men, women and children. 12/18

**Organization Name:** Open Arms Pregnancy Center **Contact ID:** 1089  
**Address:** 99 Bangor St **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 620-1600 **Fax:**  
**Information:** They are open Mon-Fri from 2 PM to 5 PM 12/18

**Organization Name:** Palermo Clothing Exchange **Contact ID:** 1001  
**Address:** Branch Mills Road **County:** KEN  
**City:** Palermo **State:** ME **Zip Code:**  
**Phone:** (207) 993-2636 **Fax:**  
**Information:** Hours: Saturday, 9 am to 11 am - or by appointment  
Located in the basement of the Palermo Christian Church - Providing free clothing to adults,  
children and infants. 12/18

**Organization Name:** Pennywise **Contact ID:** 905  
**Address:** First Congregational Church **County:** SOM  
134 Somerset Ave.  
**City:** Pittsfield **State:** ME **Zip Code:** 04967-  
**Phone:** (207) 487-4760 **Fax:**  
**Information:** Open Tuesday and Thursday 9:00 am - 3:00 pm, Wednesday and Friday 9 am - 6 pm and Saturday  
10:00 am - noon 12/18

**Organization Name:** SKILLS Thrift Shop **Contact ID:** 154  
**Address:** 78 Water St **County:** KEN  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-2117 **Fax:**  
**Information:** Non-profit agency that receives clothing donations to assist with cost of running facilities in  
Somerset and Kennebec counties. Clothing and household items are reasonably priced. Open to  
the public. Hours are Mon thru Sat 9 am to 5 pm. 12/18

**Organization Name:** The Clothing Closet **Contact ID:** 1174  
**Address:** 934 Main Street **County:** KEN  
**City:** North Vassalboro **State:** ME **Zip Code:** 04989-  
**Phone:** (207) 314-4940 **Fax:**  
**Information:** Tuesdays, Thursdays 4:30 pm - 6:30 pm, families can call to make an appointment



# Community Action Programs

<b>Organization Name:</b> Aroostook County Action Program, Inc.			<b>Contact ID:</b> 122
<b>Address:</b>	771 Main St. PO Box 1116		<b>County:</b> OTH
<b>City:</b>	Presque Isle	<b>State:</b> ME	<b>Zip Code:</b> 04769-1116
<b>Phone:</b>	(207) 764-3721	<b>Fax:</b> (207) 768-3022	
<b>Information:</b>	ALSO: 1-800-432-7881 <a href="http://www.acap-me.org">www.acap-me.org</a> Serves Aroostook County. Towns include: Presque Isle, Van Buren, Caribou, Fort Kent, Houlton and Madawaska 12/18		
<b>Organization Name:</b> Community Concepts, Inc.			<b>Contact ID:</b> 124
<b>Address:</b>	240 Bates St		<b>County:</b> OTH
<b>City:</b>	Lewiston	<b>State:</b> ME	<b>Zip Code:</b> 04240-
<b>Phone:</b>	(207) 795-4065	<b>Fax:</b> (207) 743-6513	
<b>Information:</b>	<a href="http://www.community-concepts.org">www.community-concepts.org</a> Serves Androscoggin and Oxford counties. Towns include: Auburn, Lewiston, Mexico, Norway and Rumford. 12/18		
<b>Organization Name:</b> Kennebec Valley Community Action Program			<b>Contact ID:</b> 125
<b>Address:</b>	97 Water St.		<b>County:</b> KEN
<b>City:</b>	Waterville	<b>State:</b> ME	<b>Zip Code:</b> 04901-
<b>Phone:</b>	(207) 859-1579	<b>Fax:</b> (207) 873-0158	
<b>Information:</b>	ALSO: 800-542-8227 <a href="http://www.kvcap.org">www.kvcap.org</a> Serves Kennebec and Somerset counties 12/18		
<b>Organization Name:</b> Midcoast Maine Community Action			<b>Contact ID:</b> 123
<b>Address:</b>	34 Wing Farm Parkway		<b>County:</b> OTH
<b>City:</b>	Bath	<b>State:</b> ME	<b>Zip Code:</b> 04530-
<b>Phone:</b>	(207) 442-7963	<b>Fax:</b> (207) 443-7447	
<b>Information:</b>	ALSO: 1-800-221-2221 <a href="http://www.mmcacorp.org">www.mmcacorp.org</a> Serves Lincoln, Sagadahoc, eastern Cumberland, Knox and Waldo counties. Towns include: Damariscotta, Rockland, Belfast and Bath. 12/18		
<b>Organization Name:</b> Penquis			<b>Contact ID:</b> 127
<b>Address:</b>	262 Harlow St. PO Box 1162		<b>County:</b> OTH
<b>City:</b>	Bangor	<b>State:</b> ME	<b>Zip Code:</b> 04401-
<b>Phone:</b>	(207) 973-3643	<b>Fax:</b> (207) 973-3699	
<b>Information:</b>	<a href="http://www.penquis.org">www.penquis.org</a> Serves Knox, Penobscot and Piscataquis counties. Towns include: Bangor, Millinocket, Milo, Guilford, Lincoln, Dexter, Greenville, Warren, Rockport, Rockland, and St. George. 12/18		
<b>Organization Name:</b> The Opportunity Alliance (formerly PROP)			<b>Contact ID:</b> 128
<b>Address:</b>	50 Lydia Lane		<b>County:</b> OTH
<b>City:</b>	Portland	<b>State:</b> ME	<b>Zip Code:</b> 04101-
<b>Phone:</b>	(207) 523-5049	<b>Fax:</b>	
<b>Information:</b>	ALSO: 1-877-429-6884 <a href="http://www.opportunityalliance.org">www.opportunityalliance.org</a> Majority of programs are for Cumberland county. Call for details on other programs. 12/18		

**Organization Name:** Waldo Community Action Partners **Contact ID:** 129  
**Address:** 9 Field St. **County:** OTH  
 PO Box 130  
**City:** Belfast **State:** ME **Zip Code:** 04915-0130  
**Phone:** (207) 930-7300 **Fax:** (207) 338-6812  
**Information:** Also: 1-800-498-3025  
 www.waldocap.org Serves Waldo county. 12/18

**Organization Name:** Washington-Hancock Community Agency **Contact ID:** 130  
**Address:** 248 Bucksport Rd **County:** OTH  
**City:** Ellsworth **State:** ME **Zip Code:** 04605-  
**Phone:** (207) 610-5904 **Fax:** (207) 624-2430  
**Information:** www.whcacap.org  
 Serves Washington and Hancock counties. Towns include: Ellsworth, Milbridge and Machias.  
 12/18

**Organization Name:** Western Maine Community Action, Inc. **Contact ID:** 131  
**Address:** 20A Church St. **County:** OTH  
 PO Box 200  
**City:** East Wilton **State:** ME **Zip Code:** 04234-  
**Phone:** (207) 645-3764 **Fax:** (207) 645-9604  
**Information:** www.wmca.org Serves Franklin county. 12/18

**Organization Name:** York County Community Action Corp. **Contact ID:** 132  
**Address:** 6 Spruce St. **County:** OTH  
 PO Box 72  
**City:** Sanford **State:** ME **Zip Code:** 04073-  
**Phone:** (207) 324-5762 **Fax:** (207) 490-5026  
**Information:** www.yccac.org Serves York county. Towns include all 29 towns in York county. 12/18

# Community Service Numbers

**Organization Name:** 2-1-1 Maine, Inc

**Contact ID:** 1018

**Address:**

**County:** OTH

**City:**

**State:**

**Zip Code:**

**Phone:**

**Fax:**

**Information:**

Dial 2-1-1

<http://www.211maine.org>

One number thousand of services. Connects people who want to give help or get help with a full range of health and human services in their community. 12/18

**Organization Name:** Adoptive & Foster Families of Maine Support

**Contact ID:** 1090

**Address:**

34 Main St

**County:** Oth

**City:**

Orono

**State:** ME

**Zip Code:** 04473-

**Phone:**

(207) 827-2331

**Fax:**

**Information:**

12/18

**Organization Name:** Adult Protective Services

**Contact ID:** 308

**Address:**

**County:** OTH

**City:**

**State:**

**Zip Code:**

**Phone:**

(800) 624-8404

**Fax:**

**Information:**

1/19

**Organization Name:** Alcoholics Anonymous Hotline

**Contact ID:** 310

**Address:**

**County:** OTH

**City:**

**State:**

**Zip Code:**

**Phone:**

(207) 774-4335

**Fax:**

**Information:**

Also (800)-737-6237

12/18

**Organization Name:** Alliance for the Mentally Ill

**Contact ID:** 378

**Address:**

NAMI

**County:** OTH

**City:**

**State:**

**Zip Code:**

**Phone:**

(800) 464-5767

**Fax:**

**Information:**

ALSO: 207-622-5767

[www.namimaine.org](http://www.namimaine.org)

Support, education and advocacy for anyone with questions about mental health concerns. 12/18

**Organization Name:** Alpha One

**Contact ID:** 311

**Address:**

**County:** OTH

**City:**

**State:**

**Zip Code:**

**Phone:**

(800) 640-7200

**Fax:**

**Information:**

The 800 number goes to So. Portland; for Bangor call (207) 941-6553

[www.alphaonenow.org](http://www.alphaonenow.org)

Can assist you with a wide range of independent living services for adults of all ages with disabilities. 12/18

**Organization Name:** American Cancer Society **Contact ID:** 312  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 464-3102 **Fax:**  
**Information:** 12/18

**Organization Name:** American Diabetes Association **Contact ID:** 372  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (888) 342-2383 **Fax:**  
**Information:** 12/18

**Organization Name:** American Heart Association **Contact ID:** 313  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 242-8721 **Fax:**  
**Information:** 12/18

**Organization Name:** Area Agency on Aging **Contact ID:** 1092  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (877) 353-3771 **Fax:**  
**Information:** 12/18

**Organization Name:** Arthritis Foundation **Contact ID:** 389  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 639-2113 **Fax:**  
**Information:** Northern New England Office. 12/18

**Organization Name:** Autism Society of Maine **Contact ID:** 379  
**Address:** 72 B Main St. **County:** OTH  
**City:** Winthrop **State:** ME **Zip Code:** 04364-  
**Phone:** (800) 273-5200 **Fax:** (207) 377-9434  
**Information:** 1/19

**Organization Name:** Bureau of Children with Special Needs **Contact ID:** 333  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 698-3624 **Fax:**  
**Information:** ALSO: 207-287-5357 12/18

**Organization Name:** Bureau of Mental Health **Contact ID:** 380  
**Address:** 22 Anthony Ave **County:** OTH  
**City:** Augusta **State:** ME **Zip Code:**  
**Phone:** (207) 287-2595 **Fax:**  
**Information:** 12/18

**Organization Name:** CENTER FOR DISEASE CONTROL **Contact ID:** 364  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 232-4636 **Fax:**  
**Information:** Answers questions and gives general information about STD's; open 8 am to 8 pm EST Mon thru Fri  
Also: 1-919-361-8488 National Herpes Resource Center 12/18

**Organization Name:** Child Protective Services - DHHS **Contact ID:** 1010  
**Address:** **County:** OTH  
**City:** **State:** ME **Zip Code:**  
**Phone:** (800) 452-1999 **Fax:**  
**Information:** 711 Relay  
Phones staffed 24 hours a day. To report child abuse or neglect. 12/18

**Organization Name:** Childfind of America **Contact ID:** 317  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 426-5678 **Fax:**  
**Information:** 12/18

**Organization Name:** Childhood Lead Poisoning Prevention Program **Contact ID:** 1038  
**Address:** Dept of Health and Human **County:** KEN  
Services 11 State  
House Station  
**City:** Augusta **State:** ME **Zip Code:** 04333-  
**Phone:** (866) 292-3474 **Fax:**  
**Information:** www.maine.gov/healthyhomes - which has a link to the lead program.  
By calling this toll free number they can guide you on what your steps should be, how to get a free  
test kit and direct you to other resources. 12/18

**Organization Name:** Client Assistance Program Inc. (CARES) **Contact ID:** 381  
**Address:** **County:** OTH  
**City:** **State:** ME **Zip Code:**  
**Phone:** (800) 773-7055 **Fax:**  
**Information:** Also: 207-377-7055  
Advocates for people who use vocational rehab program. 12/18

**Organization Name:** Crisis & Counseling Center **Contact ID:** 318  
**Address:** Crisis hotline **County:** OTH  
**City:** **State:** ME **Zip Code:**  
**Phone:** (888) 568-1112 **Fax:**  
**Information:** www.crisisandcounseling.org  
 To reach Crisis from a cell call 207-621-2552  
 Administration call: 207-626-3448 12/18

**Organization Name:** Day Care - KVCAP **Contact ID:** 320  
**Address:** **County:** SOM  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 542-8227 **Fax:**  
**Information:** 12/18

**Organization Name:** Developmental Disabilities Council **Contact ID:** 382  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 244-3990 **Fax:**  
**Information:** www.maineddc.org 12/18

**Organization Name:** Disability Rights Maine **Contact ID:** 341  
**Address:** 160 Capitol St Suite 4 **County:** OTH  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (800) 452-1948 **Fax:** (207) 621-1419  
**Information:** or 1-(207) 626-2774  
 Also, DEAF Services-(207) 797-7656 or 800-639-3884 www.DRME.org  
 DRM's mission is to enhance and promote the equality, self-determination, independence, productivity, integration, and inclusion of people with disabilities through education, strategic advocacy, and legal intervention. Some of the services DRM provides include: information and referral; individual advocacy; legal representation; legislative advocacy; education and training, and; assistance with self-advocacy. 12/18

**Organization Name:** Don't Flush ME **Contact ID:** 1024  
**Address:** **County:** OTH  
**City:** **State:** ME **Zip Code:**  
**Phone:** **Fax:**  
**Information:** www.DontFlushME.org  
 A program for you to properly dispose of prescription drugs. This was set-up to prevent pill abuse and theft by ridding your home of potentially dangerous expired, unused and unwanted prescription drugs. The service is free and anonymous, no questions asked. Go to the web site above and find a collection site near you. Some sites are in Fairfield, Madison, Newport, Pittsfield, and Skowhegan. 9/15

**Organization Name:** Elderly Legal Advice Hotline **Contact ID:** 322  
**Address:** 5 Wabon Street **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (800) 750-5353 **Fax:**  
**Information:** Legan Services for the Elderly ALSO: 623-1797 12/18

**Organization Name:** Elderly Services - Spectrum Generations **Contact ID:** 323  
**Address:** One Weston Court **County:** OTH  
 PO Box 2589  
**City:** Augusta **State:** ME **Zip Code:** 04338-2589  
**Phone:** (800) 639-1553 **Fax:**  
**Information:** Direct dial: (207)622-9212 or TTY (207)623-0809  
 www.spectrumgeneration.org  
 Assistance for Seniors and those with disabilities - office hours are Mon-Fri 8 am to 4:30 pm.  
 12/18

**Organization Name:** Emergency Assistance Program **Contact ID:** 325  
**Address:** 34 Anthony Ave **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:**  
**Phone:** (800) 452-1926 **Fax:**  
**Information:** ALSO: 624-8200  
 Above numbers for Kennebec county.  
 Somerset county: 1-800-452-4602 or 474-4848  
 For application go to area DHHS office 12/18

**Organization Name:** Energy Assistance - KVCAP **Contact ID:** 326  
**Address:** **County:** SOM  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 542-8227 **Fax:**  
**Information:** 12/18

**Organization Name:** Epilepsy Resource Center - Epilepsy Foundation **Contact ID:** 327  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 332-1000 **Fax:**  
**Information:** 12/18

**Organization Name:** Eye Care of Maine **Contact ID:** 370  
**Address:** **County:** OTH  
**City:** Waterville **State:** ME **Zip Code:**  
**Phone:** (800) 660-3403 **Fax:**  
**Information:** Also: 873-2731 12/18

**Organization Name:** Family Violence Project **Contact ID:** 330  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (877) 890-7788 **Fax:**  
**Information:** 12/18

**Organization Name:** Financial Counseling **Contact ID:** 332  
**Address:** National Foundation for Credit **County:** OTH  
 Counseling  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 388-2227 **Fax:**  
**Information:** 12/18

**Organization Name:** Foster Parents **Contact ID:** 334  
**Address:** A Family for ME **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (844) 893-6311 **Fax:**  
**Information:** 12/18

**Organization Name:** General Assistance Appeals - DHHS **Contact ID:** 335  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 442-6003 **Fax:**  
**Information:** 12/18

**Organization Name:** Head Start - KVCAP **Contact ID:** 336  
**Address:** **County:** SOM  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 542-8227 **Fax:**  
**Information:** 12/18

**Organization Name:** Homeless Hotline **Contact ID:** 338  
**Address:** **County:** SOM  
**City:** **State:** **Zip Code:**  
**Phone:** **Fax:**  
**Information:** Call 2-1-1 12/18

**Organization Name:** Hope & Justice Project **Contact ID:** 1093  
**Address:** **County:** OTH  
**City:** Presque Isle **State:** ME **Zip Code:**  
**Phone:** (800) 439-2323 **Fax:**  
**Information:** Transitional housing and regular shelters for women and their children from domestic violence situations, both physical and emotional. Phone number is covered 24/7. Offices in Ft Kent, Madawaska, Houlton & Presque Isle). 12/18

**Organization Name:** Kennebec/Somerset Crisis and Counseling **Contact ID:** 319  
**Address:** **County:** KEN  
**City:** **State:** ME **Zip Code:**  
**Phone:** (888) 568-1112 **Fax:**  
**Information:** IF not in crisis, please call (207) 626-3448 12/18  
 For children, adolescents and adults



**Organization Name:** Maine Bar Association Information and Referral Service **Contact ID:** 387  
**Address:** 124 State St **County:** OTH  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (800) 860-1460 **Fax:**  
**Information:** www.mainebar.org  
This service costs \$25 for referral to a lawyer who has agreed to consult with you for a half hour only, at no extra cost. For any time over a half-hour, the lawyer may charge his or her regular fee. If the first lawyer doesn't work out, they will re-refer you at no additional charges. 12/18

**Organization Name:** Maine Div. for Deaf, Hard of Hearing and Late Deafened **Contact ID:** 321  
**Address:** 150 State House Station **County:** OTH  
**City:** Augusta **State:** ME **Zip Code:**  
**Phone:** (207) 623-7958 **Fax:** (207) 287-5292  
**Information:** TTY 207-623-7998 or dial 711 for Maine Relay  
www.maine.gov/rehab/dod  
The Division for the Deaf, Hard of Hearing & Late Deafened provides a program of services to deaf, late-deafened, and hard-of-hearing people of Maine. This includes: publication of the Resource Guide, Maine-Lines for the Deaf (newsletter), ongoing Deaf awareness training programs for state agencies, information and referral, advocacy, accessibility promotion, deaf & hard-of-hearing identification cards, deaf & hard-of-hearing placards and a listing of qualified legal interpreters. 12/18

**Organization Name:** Maine Lawyers Referral Services **Contact ID:** 1012  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 860-1460 **Fax:**  
**Information:** \$25 administration fee for referral to an attorney who charges a standard fee over half hour of service. No referrals to reduced fee, pro-bono or court appointed attorneys. 12/18

**Organization Name:** Maine Parents Federation **Contact ID:** 342  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 870-7746 **Fax:** (207) 588-1938  
**Information:** 12/18

**Organization Name:** Maine State Housing Authority **Contact ID:** 343  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 452-4668 **Fax:** (207) 626-4678  
**Information:** 12/18

**Organization Name:** Maine State Society Protection of Animals **Contact ID:** 344  
**Address:** **County:** OTH  
**City:** So Windham **State:** ME **Zip Code:**  
**Phone:** (207) 892-3040 **Fax:**  
**Information:** 12/18

**Organization Name:** Maine Suicide Crisis Hotline **Contact ID:** 368  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (888) 568-1112 **Fax:**  
**Information:** 711 Maine Relay  
National Suicide Prevention Lifeline: 1-800-273-8255 12/18

**Organization Name:** Maine Tobacco Helpline **Contact ID:** 1017  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 207-1230 **Fax:**  
**Information:** www.tobaccofreemaine.org/quit\_tobacco 12/18

**Organization Name:** MaineCare **Contact ID:** 373  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** **Fax:**  
**Information:** Call 2-1-1

**Organization Name:** Narcotics Anonymous **Contact ID:** 1016  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 974-0062 **Fax:**  
**Information:** www.namaine.org 12/18

**Organization Name:** National Cancer Institute **Contact ID:** 345  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 422-6237 **Fax:**  
**Information:** 12/18

**Organization Name:** National Center for Missing & Exploited Children **Contact ID:** 347  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 843-5678 **Fax:**  
**Information:** 12/18

**Organization Name:** National Runaway Hotline/Safeline **Contact ID:** 355  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 621-4000 **Fax:**  
**Information:** Offers someone to just talk with; offers to get messages to parents; anyone ages 12 to 21 who has runaway and needs to get home can get them a free ticket thru Greyhound. For homeless and at risk youth. 12/18

**Organization Name:** National Runaway Safe Line **Contact ID:** 346  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 786-2929 **Fax:**  
**Information:** 12/18

**Organization Name:** National Suicide Prevention Lifeline **Contact ID:** 1094  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 273-7255 **Fax:**  
**Information:** Call from anywhere in the US. Includes a hotline for Veterans. 12/18

**Organization Name:** Office of MaineCare Services **Contact ID:** 315  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** **Fax:**  
**Information:** Call 2-1-1 to be directed to the DHHS office for your area. 12/18

**Organization Name:** Pharmacy Help Desk for MaineCare **Contact ID:** 324  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (866) 796-2463 **Fax:**  
**Information:** 12/18

**Organization Name:** Pine Tree Legal Assistance **Contact ID:** 350  
**Address:** **County:** OTH  
**City:** Augusta **State:** **Zip Code:**  
**Phone:** (207) 622-4731 **Fax:**  
**Information:** 12/18

**Organization Name:** Poison Control Center **Contact ID:** 816  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 222-1222 **Fax:**  
**Information:** 711 Maine Relay  
For Northern New England - available 24/7 to provide immediate treatment advice for poisonings  
and answer questions about poisons and prevention. 12/18

**Organization Name:** Public Health Nursing - DHHS **Contact ID:** 351  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (207) 287-4112 **Fax:**  
**Information:** 12/18

**Organization Name:** Public Utilities Commission **Contact ID:** 352  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 452-4699 **Fax:**  
**Information:** 12/18

**Organization Name:** Rape Crisis Assistance & Prevention **Contact ID:** 353  
**Address:** **County:** KEN  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 871-7741 **Fax:**  
**Information:** A 24 hour statewide sexual assault crisis and support line providing confidential services free of charge. 12/18

**Organization Name:** Respite Care - NAMI **Contact ID:** 354  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 464-5767 **Fax:**  
**Information:** Mon-Fri 8 am - 5 pm 12/18

**Organization Name:** Social Security Administration **Contact ID:** 374  
**Address:** 14 Colby St. **County:** OTH  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (866) 931-9169 **Fax:** (207) 872-9221  
**Information:** Also: 800-772-1213  
www.socialsecurity.gov 12/18

**Organization Name:** Special Olympics - Maine **Contact ID:** 357  
**Address:** **County:** OTH  
**City:** Portland **State:** ME **Zip Code:**  
**Phone:** (207) 879-0489 **Fax:**  
**Information:** 12/18

**Organization Name:** Special Services of Maine State Library **Contact ID:** 348  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 762-7106 **Fax:**  
**Information:** Talking books, books by mail 12/18

**Organization Name:** State Agency Operator **Contact ID:** 358  
**Address:** **County:** KEN  
**City:** **State:** **Zip Code:**  
**Phone:** **Fax:**  
**Information:** <http://www.maine.gov/portal/government/state-agencies.php>  
For a listing of Maine State Government offices/agencies 12/18

**Organization Name:** State Water Test **Contact ID:** 1095  
**Address:** 221 State St **County:** OTH  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 287-1716 **Fax:**  
**Information:** You can obtain a test kit from calling in or going in to the office. Fees range up to \$300 depending on what you are testing for. 12/18

**Organization Name:** Statewide Alanon/AlaTeen **Contact ID:** 1015  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 498-1844 **Fax:**  
**Information:** www.maineafg.org  
Staffed by volunteers answering phones, providing literature, and keeping meeting information.  
12/18

**Organization Name:** TANF, SNAP, Medicaid - DHHS **Contact ID:** 307  
**Address:** **County:** KEN  
**City:** Skowhegan **State:** ME **Zip Code:**  
**Phone:** (800) 452-4602 **Fax:**  
**Information:** ALSO: Augusta: 1-800-452-1926 35 Anthony Ave 12/18

**Organization Name:** Transportation Services - KVCAP **Contact ID:** 1014  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 542-8227 **Fax:**  
**Information:** 12/18

**Organization Name:** US Dept. of Housing & Urban Development (HUD) **Contact ID:** 390  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 245-2691 **Fax:**  
**Information:** 12/18

**Organization Name:** Veterans Administration **Contact ID:** 365  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 827-1000 **Fax:**  
**Information:** 12/18

**Organization Name:** Volunteer Lawyers Project **Contact ID:** 366  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 442-4293 **Fax:**  
**Information:** 12/18

**Organization Name:** York County Parent Awareness

**Contact ID:** 369

**Address:**

**County:** OTH

**City:**

**State:**

**Zip Code:**

**Phone:**

(800) 564-9696

**Fax:**

**Information:**

Special Needs Children

12/18

# Consumer Resources

**Organization Name:** Better Business Bureau **Contact ID:** 136  
**Address:** 290 Donald Lynch Blvd Suite 102 **County:** OTH  
**City:** Marlborough **State:** MA **Zip Code:** 01752-4705  
**Phone:** (508) 652-4800 **Fax:** (508) 652-4820  
**Information:** THIS MA LOCATION SERVES MAINE, MAINE DOES NOT HAVE A SEPARATE OFFICE.  
 Hours: Mon - Fri 9am to 3 pm. [www.bosbbb.org](http://www.bosbbb.org)  
 Better Business Bureaus (BBBs) are non-profit organizations sponsored by local businesses. BBBs offer a variety of consumer services. For example, they can provide consumer education materials, answer consumer questions, help with complaints, and provide general information about a company's consumer complaint record. 12/18

**Organization Name:** Childhood Lead Poisoning Prevention Program - DHHS **Contact ID:** 1005  
**Address:** **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:**  
**Phone:** (866) 292-3474 **Fax:**  
**Information:** General Number: 207-287-4311  
[www.maine.gov/healthyhomes](http://www.maine.gov/healthyhomes)  
 Provides resources and management of lead poisoned children within the State of Maine. 12/18

**Organization Name:** Credit Reporting Agency **Contact ID:** 146  
**Address:** Annual Credit Report Request **County:** OTH  
 PO Box 105281  
**City:** Atlanta **State:** GA **Zip Code:** 30348-  
**Phone:** (877) 322-8228 **Fax:**  
**Information:** [www.annualcreditreport.com](http://www.annualcreditreport.com).  
 Credit bureaus of credit reporting agencies collect and store data provided by many of your creditors. The credit bureaus then assemble and deliver the information, for a fee, to their business customers. You can obtain a free copy of your credit report. 12/18

**Organization Name:** Debt Management Companies **Contact ID:** 936  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** **Fax:**  
**Information:** Any company offering debt management services (credit counseling) in Maine must be registered with the Office of Consumer Credit Regulation. Only non-profit organizations are allowed to offer these services in Maine.  
 For information on debt management service providers, or to see if a company is authorized to do business in Maine, visit the Consumer Credit Regulation web page at:  
<http://www.maine.gov/pfr/consumercredit/index.shtml> 12/18

**Organization Name:** Direct Community Care **Contact ID:** 1003  
**Address:** 9 Green St 2nd floor **County:** OTH  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 512-2424 **Fax:** (207) 512-2425  
**Information:** They provide services for individuals within a 55 mile radius of Lewiston, all are one-on-one support. Three programs are: Community Integration - provides members with opportunities to increase independence in their home and community. Daily Living Support Services - provide ways of maintaining the highest level of independence like skills of daily living, developing a routine. Skills Development Services - provides support for individuals for up to one year that need specific training in a number of areas like how to use public transportation, how to budget, how to participate in educational, vocational and social activities. 12/18

**Organization Name: Maine Attorney General's Office****Contact ID:** 138**Address:** Consumer Protection Division  
6 State House Station**County:** KEN**City:** Augusta**State:** ME**Zip Code:** 04333-0006**Phone:** (207) 626-8849**Fax:****Information:** [www.maine.gov/ag](http://www.maine.gov/ag)For complaints regarding a product default. Consumer calls answered Mon - Fri, 9:00 a.m. - Noon  
and 1 pm to 4 pm. 12/18**Organization Name: Maine Bureau of Financial Institutions****Contact ID:** 142**Address:** Maine Bureau of Banking  
36 State House Station**County:** KEN**City:** Augusta**State:** ME**Zip Code:** 04333-0036**Phone:** (207) 624-8570**Fax:****Information:** Also: 800-965-5235Regulates and supervises state chartered banks and credit unions. If you have questions or consumer  
problems about banking, contact your state office. 12/18



**Organization Name: Maine Car Seat Distribution Program****Contact ID:** 1096**Address:** Dept of Public Safety  
45 Commerce Dr., Suite 1  
104 State House Station**County:** KEN**City:** Augusta**State:** ME**Zip Code:** 04333-**Phone:** (207) 626-3840**Fax:****Information:**

To determine eligibility you must be able to provide one of the following:

--WIC nutrition program folder with current dated vouchers

--Letter from Maine Care indicating program participation

--Letter from the TANF or SNAP agency indicating current program participation OR a current dated letter of correspondence from either of the agencies to the family, discussing participation.

Once income eligibility is determined, parents/caregivers must also provide, non-expired, visual proof of Maine residency:

--State of Maine Driver's License

--State of Maine Identification

--Maine Tribal Identification

--Letter of Refugee Resettlement by Catholic Charities accompanied by the Refugee's photo and I-94 number

--Fostering license/certification

--High School Photo Identification card a. Pregnant teens that are too young for obtaining a driver's license will need a family member to bring a vehicle to the car seat distribution appointment.

This service is available by appointment only. Make sure to plan ahead, there may be a slight wait time to meet with a technician. Your child will need to be present during the appointment. For expecting families the appointment can not be scheduled more than one month before the due date. Following is the link to the Car Seat Distribution Program: <https://www.maine.gov/dps/bhs/child-passenger-safety/index.shtml>

The Bureau of Highway Safety also has partner locations around the State of Maine where people can make an appointment with a certified car seat technician for car seat installation assistance, education, and guidance.

Services that Technicians may provide include, but are not limited to, inspecting your car seat to see if you have it installed correctly, providing education when to transition to another car seat type, re-inspecting your car seat when you have moved it to another vehicle, or car seat placement in a vehicle where all the seats need to be occupied. Following is the link to the Car Seat Inspection site: <https://www.maine.gov/dps/bhs/child-passenger-safety/index.shtml>

Also:

In collaboration with the Southern Kennebec Child Development Corporation (SKCDC). By appointment only - call Crystal Conners @ 582-3110 ext.

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**Organization Name: Maine Children's Alliance****Contact ID:** 992**Address:** 303 State St**County:** OTH**City:** Augusta**State:** ME**Zip Code:** 04330-**Phone:** (207) 623-1868**Fax:** (207) 626-3302**Information:**[www.mekids.org](http://www.mekids.org)

Maine Children's Alliance is the home of the child welfare ombudsman. This is a resource for families concerned about Maine DHHS involvement with their children. 12/18

**Organization Name:** **Maine Insurance Regulator** **Contact ID:** 143  
**Address:** 34 State House Station **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04333-0034  
**Phone:** (207) 624-8475 **Fax:**  
**Information:** Also: 800-300-5000  
 Enforces laws and regulations for all types of insurance, including car, homeowner, and health insurance. If you have a question or complaint about your insurance company's policies, contact the company before you contact the state insurance regulator. 12/18

**Organization Name:** **Maine Lawyer Referral & Information Services** **Contact ID:** 140  
**Address:** Maine State Bar Association **County:** KEN  
 PO Box 788  
**City:** Augusta **State:** ME **Zip Code:** 04332-0788  
**Phone:** (800) 860-1460 **Fax:**  
**Information:** www.mainebar.org/lawyer\_need.asp.  
 Maine lawyer referral and information services can help you find a lawyer able to assist you with your problem. A \$25 fee for a referral to an attorney that will charge standard fees after the first half hour. 12/18

**Organization Name:** **Maine Office of Consumer Credit Protection** **Contact ID:** 139  
**Address:** 35 State House Station **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04333-0035  
**Phone:** (207) 624-8527 **Fax:**  
**Information:** ALSO: 1-800-332-8529  
 www.maine.gov/pfr/comsumercredit/index.shtml  
 For non-bank credit related problems. Regulates debt collectors and credit reporting as well as all other creditors. 12/18

**Organization Name:** **Maine Public Utilities Commission** **Contact ID:** 144  
**Address:** 18 State House Station **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04333-  
**Phone:** (207) 287-3831 **Fax:**  
**Information:** ALSO: 1-800-452-4699  
 If you have a consumer question or complaint about a utility matter, contact the Commission.  
 Physical Address: 101 Second St, Hallowell, ME 04347 12/18

**Organization Name:** **Money Management International** **Contact ID:** 137  
**Address:** 175 Exchange St. Suite 200 **County:** KEN  
**City:** Bangor **State:** ME **Zip Code:** 04401-  
**Phone:** (888) 845-5669 **Fax:**  
**Information:** Phone is open 24 hrs a day to make appointment, but to see someone the office is open 8 am to 4pm.  
 www.MoneyManagement.org  
 ALSO: 477 Congress St., 5th Fl., Portland, ME 04101  
 Formerly known as Consumer Credit Counseling Services. Provides residents of Maine with financial counseling, debt repayment plans, and consumer education. 12/18

**Organization Name:** **State Vocational & Rehabilitation Agency** **Contact ID:** 145  
**Address:** Bureau of Rehabilitation Services **County:** KEN  
 Dept. of Labor  
 150 State House Station  
**City:** Augusta **State:** ME **Zip Code:** 04333-0150  
**Phone:** (207) 623-7900 **Fax:**  
**Information:** ALSO: 1-888-755-0023  
 Coordinates and provides a number of services for disabled persons. For more information, call or write. 12/18

**Organization Name:** Unemployment Claims Center

**Contact ID:** 937

**Address:** Maine Department of Labor  
97 State House Station

**County:** KEN

**City:** Augusta

**State:** ME

**Zip Code:** 04333-

**Phone:** (800) 593-7660

**Fax:** (207) 287-5905

**Information:** [www.file4ui.com](http://www.file4ui.com)

Unemployment is an insurance program providing temporary, partial wage replacement to workers who are unemployed through no fault of their own.

12/18

# Counseling

<b>Organization Name: Catholic Charities of Maine - RELIEF &amp; HOPE PROGRAM</b>				<b>Contact ID:</b> 1055
<b>Address:</b>	66 Western Ave			<b>County:</b> KEN
<b>City:</b>	Fairfield	<b>State:</b> ME	<b>Zip Code:</b>	
<b>Phone:</b>	<b>Fax:</b>			
<b>Information:</b>	For Referrals: (207) 453-4367 or TOLL FREE 1-800-781-8550 Ext 2722 for all 3 locations www.ccmaine.org/FFT St Michael's Center, 1066 Kenduskeag Ave., Bangor, ME 04401 FFT is a short-term, evidence-based program offered to families with youth ages 11 - 18 who are struggling with social/emotional/behavioral issues. 12/18			
<b>Organization Name: Charlotte White Center</b>				<b>Contact ID:</b> 918
<b>Address:</b>	572 Bangor Road			<b>County:</b> OTH
<b>City:</b>	Dover Foxcroft	<b>State:</b> ME	<b>Zip Code:</b> 04426-	
<b>Phone:</b>	(207) 564-2464	<b>Fax:</b> (207) 564-2404		
<b>Information:</b>	Also: 1-888-440-4158 www.charlottewhitecenter.org The Charlotte White Center is a nonprofit agency, devoted to assisting adults and children with intellectual, behavioral, physical disabilities, and elder age related issues. With headquarters in Dover-Foxcroft Maine, the agency provides multiple levels of social services including: residential, day treatment, clinical counseling, vocational, and in-home supports. 12/18			
<b>Organization Name: Community Health and Counseling Services</b>				<b>Contact ID:</b> 843
<b>Address:</b>	30 High St			<b>County:</b> SOM
<b>City:</b>	Skowhegan	<b>State:</b> ME	<b>Zip Code:</b> 04976-	
<b>Phone:</b>	(207) 858-4860	<b>Fax:</b>		
<b>Information:</b>	Also: 1-800-924-0366 Also: 24 Stone St,Suite 201, Augusta, ME 04330 Phone: 207-858-4860 www.chcs-me.org Work with children and adults in need of individual, group or family therapy outpatient counseling services. MaineCare accepted; no sliding fee scale. 12/18			
<b>Organization Name: Cook, Keith</b>				<b>Contact ID:</b> 735
<b>Address:</b>	2 Elm St			<b>County:</b> KEN
<b>City:</b>	Waterville	<b>State:</b> ME	<b>Zip Code:</b> 04901-	
<b>Phone:</b>	(207) 873-2567	<b>Fax:</b>		
<b>Information:</b>	www.drkeithcook.com Counseling, psychotherapy for individuals, couples and families. Uses EMDR techniques for faster results. Only sees children and adolescents in family therapy. Does PET training. Accepts fee for services and is willing to work out individual payment arrangements to make affordable. 12/18			
<b>Organization Name: Crisci, Lenann</b>				<b>Contact ID:</b> 700
<b>Address:</b>	RR 6 Box 1075			<b>County:</b> KEN
<b>City:</b>	Augusta	<b>State:</b> ME	<b>Zip Code:</b> 04330-	
<b>Phone:</b>	(207) 623-8375	<b>Fax:</b>		
<b>Information:</b>	Family and couple counseling. No insurance, no MaineCare. Does accept sliding scale. 9/15			

**Organization Name:** Crisis & Counseling Centers **Contact ID:** 742  
**Address:** 10 Caldwell Rd. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-3448 **Fax:**  
**Information:** Crisis - 1-888-568-1112 or 207-621-2552  
 www.crisisandcounseling.org  
 24 hour crisis intervention services to any resident of Kennebec and Somerset counties by phone or face to face.

24 hour crisis intervention services for children, adolescents and adults in Kennebec and Somerset counties by phone or face to face. Medicaid and Medicare accepted. 1-888-568-1112

Crisis counseling. Professionally trained persons available to assist children and adolescents experiencing crisis at any time of the day or night. All CSU services are confidential.

Crisis Stabilization Unit - Three adult units in Skowhegan, Waterville and Augusta; one children's unit (under 18 yrs of age) in Winslow. Available to Somerset and Kennebec counties for those who are in a mental health crisis that need 24 hour stabilization but do not require hospitalization. Assessment are done 24 hours every day before CSU bed made available.

Crisis response services; crisis aftercare; mental health and substance abuse counseling; family and youth counseling; one-on-one support for parents of children with behavioral health needs; medication management; case management for pregnant and parenting women using substances; marriage and family therapist; marriage and family enrichment; divorce and separation counseling; chronic illness counseling; disciplinary problems.

Services for children and adolescents with autism, mental retardation, developmental disorders and aspergers. Can help meet the special needs of your child and family. Helps negotiate the complex professional service system with confidence. Assists in the development of a plan of care with family and involved professionals.

Outpatient services focuses on substance abuse and mental health, medication management, family group and crisis counseling. Insurance reimbursable. Accepts Medicaid and sliding fee scale. 12/18

**Organization Name:** Cumler-Bryant, Patricia, LCSW **Contact ID:** 721  
**Address:** 338 Water St. **County:** KEN  
**City:** Hallowell **State:** ME **Zip Code:** 04347-  
**Phone:** (207) 622-4600 **Fax:**  
**Information:** Individual, marital and family therapy. Accepts insurances. No MaineCare. 9/15

**Organization Name:** Edmund N. Ervin Pediatric Center **Contact ID:** 755  
**Address:** MaineGeneral Medical Center **County:** KEN  
6 E Chestnut St  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 623-6500 **Fax:** (207) 621-5504  
**Information:** The Pediatric Behavioral Medicine Clinic (PBMC)  
is an interdisciplinary evaluation team consisting of a psychologist, developmental pediatrician,  
social worker, behavior specialist and public health nurse. Evaluations are available for children 3-  
13 years of age who may have a variety of behavioral issues e.g. hyperactivity, anxiety disorders,  
depression, aggression...

The PBMC includes the:

- A. Pediatric Psychology Services: These services are for children who need psychological evaluation, behavioral management consultation, counseling and family based intervention.
- B. Clinical Social Work Services: These services include psycho-social assessments, counseling, and behavioral management consultation for children and their families.
- C. Developmental Medicine and Neuro-Behavioral Follow-up Services: Consultation and follow-up with the developmental pediatrician for behavioral, neurological and developmental problems
- D. Psychopharmacological Medicine Clinic: Weekly clinics to review and follow-up children on psychopharmacological medication.
- E. School Linked Services: Prevention/intervention/treatment services for school-aged children and families.
- F. Autism Spectrum Program: Home and center based assessment and treatment program. The teaching technique is a discrete trial training program.

The Developmental Evaluation Clinic (DEC)

is an interdisciplinary evaluation team consisting of a psychologist, developmental pediatrician speech pathologist, audiologist, physical therapist, social worker and public health nurse. Evaluations are available for children 0-6 years of age who have a variety of developmental problems.

The DEC includes the High Risk Neonatal Follow-up Clinic. This clinic serves children 0-18 months of age, especially those who were born prematurely or who have had neonatal complications. 12/18

**Organization Name:** Facing Change, PA **Contact ID:** 869  
**Address:** 4 Park St., Suite 1 **County:** OTH  
**City:** Lewiston **State:** ME **Zip Code:** 04240-  
**Phone:** (207) 784-0922 **Fax:** (207) 784-6143  
**Information:** Flexible scheduling including weekends.  
Services include Family Counseling, Substance Abuse, Mental Health Counseling, OUI/DEEP evaluations and treatment, tobacco treatment, family Interventions, trauma/grief and loss/death dying, case management, IOP, psychological education groups. Accepts insurance, MaineCare, and Medicare. 12/18

**Organization Name:** George, Priyadarshi LCSW **Contact ID:** 719  
**Address:** **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 623-2180 **Fax:**  
**Information:** www.artsoflivinglearningcenter.com  
Arts of Living Learning Center. Works with adults only with family issues. Transition issues, post-trauma (specializing in helping veterans), psychotherapy, groups and individual sessions. Sliding scale fee. 12/18

**Organization Name:** Grenier, Patricia, LCSW **Contact ID:** 728  
**Address:** 88 Main St., Suite 100 **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 873-1013 **Fax:**  
**Information:** Specializes in individual, couple and family counseling. Third party reimbursement. Doesn't accept  
MaineCare and Medicare. 12/18

**Organization Name:** Hayes, Ron **Contact ID:** 726  
**Address:** 169 Hospital Street **County:** KEN  
**City:** Hallowell **State:** ME **Zip Code:** 04347-  
**Phone:** **Fax:**  
**Information:** Adults and couples. Spiritual counseling, addiction and mental health issues. Sliding fee scale.  
Accepts most insurances and HMO's. 9/15

**Organization Name:** Home Counselors Inc. **Contact ID:** 925  
**Address:** 375 Main St. **County:** OTH  
**City:** Rockland **State:** ME **Zip Code:** 04841-  
**Phone:** (207) 596-0359 **Fax:** (207) 596-0350  
**Information:** Main office is Rockland. Also at 280 State St., Augusta, ME PHONE: 207- 621-0191  
HCT services, out patient counseling, specialize in children 0 - 21 yrs of age with case management  
and out patient therapy. Homeless youth outreach. 12/18

**Organization Name:** Homeless Youth - Kennebec Behavioral Health **Contact ID:** 1097  
**Address:** 66 Stone St **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-3455 **Fax:**  
**Information:** Other locations: 67 Eustis Parkway, Waterville, ME 04901 Phone: 873-2136  
736 Old Lewiston Rd, Winthrop, ME Phone: 377-8122  
5 Commerce Dr., Skowhegan, ME 04976 Phone: 474-8368 Also, toll free 888-322-2136

This is a case management program for homeless youth or at-risk youth. KBH works collaboratively  
with the youth, schools, doctors and family members to help provide youth with needed stability and  
individualized support to meet their needs and help them reach their potential.

They also have medical management, out patient and case management, as well as an adult  
outreach. 12/18

**Organization Name:** Inland Hospital **Contact ID:** 734  
**Address:** Kennedy Memorial Drive. **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 873-0731 **Fax:**  
**Information:** One day course for pregnant women and husband, or coach, all ages. Hours are 9 am to 3 pm on a  
Saturday, and cost is \$45, which is typically not reimburseable from  
insurances. 12/18

**Organization Name:** Kennebec Behavioral Health **Contact ID:** 714  
**Address:** 66 Stone St. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-3455 **Fax:**  
**Information:** Also: 67 Eustis Pkway, Waterville, ME Phone: 873-2136 Also serving Pittsfield, Newport, Clinton  
and surrounding areas. Individual therapy. Sliding fee scale. Accepts MaineCare. 11/17

**Organization Name:** Levitt, Barda, Ph.D. **Contact ID:** 708  
**Address:** 93 Second St. **County:** KEN  
**City:** Hallowell **State:** ME **Zip Code:** 04347-  
**Phone:** (207) 622-3559 **Fax:**  
**Information:** Individual, couple and family therapy. School age children through adulthood. Accepts insurance and MaineCare. Sliding scale fee. 12/18

**Organization Name:** Maierhofer, Robert, Ph.D. **Contact ID:** 722  
**Address:** 103 Brunswick Avenue **County:** KEN  
**City:** Gardiner **State:** ME **Zip Code:**  
**Phone:** (207) 582-3065 **Fax:**  
**Information:** Individual, group, marital, adolescent and family therapy. Anxiety, depression, and adjustment disorders. Personality evaluations. Insurance reimbursable. Doesn't accept MaineCare. 9/15

**Organization Name:** MaineGeneral Community Care **Contact ID:** 702  
**Address:** 10 Water St., Suite 303 **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 861-3400 **Fax:**  
**Information:** Also at: 9 Green St., Augusta, ME 04330 - 621-3750  
 Outpatient counseling and EAP program, home care and hospice. 12/18

**Organization Name:** MaineGeneral Counseling **Contact ID:** 1031  
**Address:** 149 North St **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 861-3500 **Fax:**  
**Information:** Also at 6 Green St in Augusta PHONE 621-3750  
 Provides quality mental health, substance abuse, and trauma informed outpatient counseling services to individuals and families in the Augusta/Waterville area. 12/18

**Organization Name:** McFadden, Tim - Somerset Psychological Services **Contact ID:** 709  
**Address:** 7 Leavitt St. **County:** SOM  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-7190 **Fax:**  
**Information:** Individual, family and couple therapy. No sliding fee scale. Accepts MaineCare and most other insurances. 12/18

**Organization Name:** Motivational Resources & Family Counseling Services **Contact ID:** 731  
**Address:** 16 Julianne Lane **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 622-0713 **Fax:** (207) 622-7068  
**Information:** The above telephone number is used for clients. The following number is unlisted: 623-8940.  
 Paul N. Gervais, Ph.D.  
 Services provided include: certified behavioral analyst; clinical supervisor; marriage & family counseling; stress management; conflict resolution; grief counseling; career planning; and computerized temperament analysis. Evening and weekend appointments. No MaineCare. Sliding fee scale. 12/18



**Organization Name:** Nadeau, Christa - Counseling and Consulting Services **Contact ID:** 853  
**Address:** 60 Front Street, Suite 10 **County:** OTH  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 692-7777 **Fax:** (207) 861-0125  
**Information:** Licensed Clinical Professional Counselor - accepts limited insurances and does not accept  
MaineCare. 12/18

**Organization Name:** New Ventures Maine **Contact ID:** 743  
**Address:** 331 Water St **County:** KEN  
5th FL of Handley Hall  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 621-3440 **Fax:**  
**Information:** 1-800-442-2092  
Www.newventuresmaine.org  
Support for individuals experiencing the stress and upheaval of life changes surrounding divorce,  
separation, widowhood, the disability of a spouse, or loss of public assistance. Self-esteem building,  
assertiveness training, career and life planning workshops, financial literacy training and career  
exploration. Confidential and free. 12/18

**Organization Name:** Northern Lights Inland Hospital - Tree of Hope **Contact ID:** 1062  
**Address:** 180 Kennedy Memorial Dr **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 861-6091 **Fax:**  
**Information:** Postpartum Support Group meets every Tuesday 10 am to 12 pm and the last Saturday of every  
month from 9 to 11 am. Group meets in Medical Arts Building attached to Inland Hospital.  
Attendance is free and there is no need to register. 1/19

**Organization Name:** Ratner, Dennis, Ph.D. **Contact ID:** 744  
**Address:** 2 Elm St. **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 872-9578 **Fax:**  
**Information:** Individual, couples and family therapy. Occasionally does not accept new clients. His answering  
machine will indicate when status changes. Sliding fee scale. Accepts MaineCare. 12/18

**Organization Name:** Redington Fairview General Hospital **Contact ID:** 745  
**Address:** Patient and Family Support **County:** SOM  
Fairview Ave.  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-5121 **Fax:**  
**Information:** Service provides information on community resources, assistance to patients with discharge  
planning, and refers to short term counseling. Open 8:00 - 4:00, Monday - Friday. Also provides  
S.C.A.N. (Suspected Child Abuse, Neglect) referral of children and family members for  
counseling. 12/18

**Organization Name:** Schwarz, Lynn J., RNCS **Contact ID:** 751  
**Address:** Chrysalis Healing **County:** KEN  
Arts  
136 State St. Ste 240  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 622-3355 **Fax:**  
**Information:** Individual, couple and family. Loves to work with pregnancy and post partum issues. Works with  
Post Traumatic Stress Disorder. Accepts MaineCare and Medicare and other insurances. 12/18

**Organization Name:** Smith, Corey, Ph.D **Contact ID:** 736  
**Address:** Family Medical Institute **County:** KEN  
 15 E. Chestnut St.  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-1561 **Fax:**  
**Information:** Individual, family and couples therapy. Accepts MaineCare and other insurances. 12/18

**Organization Name:** Staples, Richard, Ph.D. **Contact ID:** 761  
**Address:** 32 College Ave. Suite 302 **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 873-5227 **Fax:**  
**Information:** Clinical psychologist. Adults, families and couples therapy. Accepts MaineCare. Sliding fee scale. 12/18

**Organization Name:** Sweetser **Contact ID:** 835  
**Address:** 50 Moody St. **County:** OTH  
**City:** Saco **State:** ME **Zip Code:** 04072-  
**Phone:** (207) 294-4400 **Fax:** (207) 294-4465  
**Information:** ALSO: 800-434-3000 - Promiseline. Will connect to all locations and all departments.  
[www.sweetser.org](http://www.sweetser.org)  
 Locations is Sanford, Saco, Brunswick, Rockland, Belfast and Lewiston  
 Provides Outpatient Therapy, Medication Management, and Substance Abuse Services. Substance Abuse and DEEP counseling available at Brunswick. 12/18

**Organization Name:** The Northern Lighthouse, Inc **Contact ID:** 1098  
**Address:** 32 College Ave. Unit 304 & 305 **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 660-9385 **Fax:**  
**Information:** Alternate Phone: 1-844-659-2629  
 Website: [www.tnlh.org](http://www.tnlh.org)  
 Outpatient therapy adult, children and family; adult community integration; adult skills development; childrens case management; assessment using the Vineland tool. They accept MaineCare, Medicare and most insurances. 12/18

**Organization Name:** Turner Family Support Center **Contact ID:** 913  
**Address:** 12 Kids Place **County:** OTH  
**City:** Leeds **State:** ME **Zip Code:**  
**Phone:** (207) 524-2580 **Fax:**  
**Information:** [www.rumfordgrouphomes.org/programs/turnerfamily.htm](http://www.rumfordgrouphomes.org/programs/turnerfamily.htm)  
 Provides crisis stabilization to reduce psychiatric hospitalizations. Families residing in Androscoggin, Franklin, and Oxford Counties are given priority for our services. Will work with families who do not reside in the Tri-County area as staffing permits.

TFSC is a hospital diversion program for both boys and girls, ages 5 -17, experiencing crisis. Work with clients is geared to intervene in order to assist children and families with coping strategies to use during crises in their homes.

Offers children a nurturing environment in which crisis stabilization, daily living skills, including educational support and recreational opportunities, are provided. Trained staff are available 24 hours a day to provide crisis stabilization including guidance in the expression of thoughts, feelings, and behaviors, as well as behavior and medication monitoring. A maximum of four children may stay in our coed home for up to seven days. Family members/guardians are encouraged and expected to actively participate in developing service plans and transitional support to benefit their child's individual needs. 12/18

**Organization Name:** Turner, Ronald, LCPC **Contact ID:** 720  
**Address:** 37 Brunswick Ave **County:** KEN  
**City:** Gardiner **State:** ME **Zip Code:**  
**Phone:** (207) 215-9800 **Fax:**  
**Information:** LCPC (Licensed Clinical Professional Counselor)  
 Individual, group and family therapy. Sliding scale fee. Insurance and MaineCare reimbursable.  
 9/15

**Organization Name:** Waite, Pat, LCSW **Contact ID:** 879  
**Address:** 216 River Road **County:** OTH  
**City:** Norridgewock **State:** ME **Zip Code:** 04957-  
**Phone:** (207) 612-8444 **Fax:**  
**Information:** A licensed clinical social worker. Also, will work with the adult population in such areas as  
 depression and anxiety as defined in the DSM-IV.  
 EMDR certified. Not accepting MaineCare or Medicare. 12/18

**Organization Name:** Warren, Barbara Dunlap, LCSW **Contact ID:** 718  
**Address:** **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 623-2180 **Fax:**  
**Information:** www.artsoflivinglearningcenter.org  
 Arts of Living Learning Center. Works with adults only with family and parenting issues.  
 Traditional transition issues, post-trauma, psychotherapy, groups and individual sessions. Sliding  
 scale fee. 12/18

# Dental

<b>Organization Name:</b>	<b>Bingham Area Health Center</b>	<b>Contact ID:</b>	1099
<b>Address:</b>	237 Main St	<b>County:</b>	SOM
<b>City:</b>	Bingham	<b>State:</b>	ME
<b>Phone:</b>	(207) 672-3519	<b>Zip Code:</b>	04920-
<b>Information:</b>	They have a hygienist and dentist. They do accept MaineCare, have a sliding fee scale available based on income, if you have no insurance. Also accept other insurances. Open Tues-Fri 7 am - 5 pm. 12/18		
<b>Organization Name:</b>	<b>Capitol Community Clinic</b>	<b>Contact ID:</b>	859
<b>Address:</b>	Riverview Psychiatric Center 250 Arsenal Street 11 State House Station	<b>County:</b>	OTH
<b>City:</b>	Augusta	<b>State:</b>	ME
<b>Phone:</b>	(207) 624-3966	<b>Zip Code:</b>	04332-
<b>Information:</b>	Also: 1-800-834-3339 Capitol Community Clinic provides a full range of general dentistry and hygiene services for persons that have been patients at Riverview or AMHI from 1998 that are MR cliental (intellectual disability), or an AMHI consent decree member. The clinic is located within Riverview Psychiatric Center. Business hours: Monday through Friday (excluding holidays) 8:00 AM to 4:00 PM. 9/15		
<b>Organization Name:</b>	<b>Community Dental</b>	<b>Contact ID:</b>	1067
<b>Address:</b>	2 Evergreen Drive	<b>County:</b>	KEN
<b>City:</b>	Oakland	<b>State:</b>	ME
<b>Phone:</b>	(207) 872-8891	<b>Zip Code:</b>	04963-
<b>Information:</b>	Accepts MaineCare and insurances. They also have a sliding fee scale. To establish a patient with no insurance or MaineCare using the sliding fee scale it would be \$198. 9/18		
<b>Organization Name:</b>	<b>Community Dental - Lewiston</b>	<b>Contact ID:</b>	1100
<b>Address:</b>	177 Main St	<b>County:</b>	OTH
<b>City:</b>	Lewiston	<b>State:</b>	ME
<b>Phone:</b>	(207) 777-7442	<b>Zip Code:</b>	04240-
<b>Information:</b>	www.communitydentalme.org They accept MaineCare, other insurance, and have a sliding fee scale. Hours are Mon-Fri 8 am - 4:30 pm. 12/18		
<b>Organization Name:</b>	<b>Cornerstone Dental</b>	<b>Contact ID:</b>	1101
<b>Address:</b>	30 Concourse	<b>County:</b>	KEN
<b>City:</b>	Waterville	<b>State:</b>	ME
<b>Phone:</b>	(207) 877-2200	<b>Zip Code:</b>	04901-
<b>Information:</b>	Accepts insurances. Open Mon thru Thurs 8 am - 5 pm 12/18		

**Organization Name:** Dental Clinics **Contact ID:** 978  
**Address:** PO Box 2490 **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04338-2490  
**Phone:** (800) 965-7476 **Fax:**  
**Information:** www.maineakahc.org  
KENNEBEC COUNTY: Augusta - Kennebec Valley Family Dentistry 207-623-3400 Mon-Fri 8 to 4:30. Serves Kennebec and Waldo county residents of all ages. Sliding scale fees; accepts MaineCare and private insurance. Albion - Health Reach Community Health Center 207-437-2100 Mon-Fri, Closed Weds Serves Kennebec and Waldo county residents of all ages. Sliding scale fees; MaineCare and private insurance. Waterville - Community Dental Center 207-872-8891 Mon- Thurs 7:30 - 5:30 Serves Kennebec and Somerset county residents of all ages. Sliding scale fees; MaineCare and private insurance  
SOMERSET COUNTY: Bingham - Health Reach Community Health Center - 207-672-3519 Tues-Fri 7 to 5 Serves: All Has sliding scale fees; accepts MaineCare and private insurance. Canaan - Seabasticook Family Doctors Dental Clinic 207-355-3507 Mon - Thurs 7 to 5:30 and Friday 7:30 to 5 Serves: All Has sliding scale fees; accepts MaineCare and private insurance. Pittsfield - Seabasticook Family Doctors Dental Clinic - 207-355-3507 Tuesday 8 to 5 Serves: All Has sliding scale fees; accepts MaineCare and private insurance. For additional clinics call: 1-800-965-7476 12/18

**Organization Name:** Dental Lifeline Network - Maine **Contact ID:** 1102  
**Address:** PO Box 2282 **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 620-8276 **Fax:**  
**Information:** www.dentallifelinenetwork.org  
This program is to be used once in a lifetime for major needs. It is a comprehensive service from start to finish. Eligibility: Applicants must lack adequate income to pay for dental care and: 1) have a permanent disability, or 2) are elderly: age 65 or older, or 3) qualify as medically fragile. All services are donated. 12/15

**Organization Name:** Dr Douglas Huntley **Contact ID:** 1103  
**Address:** 273 Water St **County:** SOM  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 695-3767 **Fax:**  
**Information:** Dr Huntley is a dentist from Greenville that is setting up a clinic at 273 Water St in Skowhegan for a couple days a week. His main office at 364 Pritham Ave in Greenville is where you will call to set up appointments for Skowhegan. Appointments will be scheduled based on need. He accepts MaineCare (children up to age 21). He will see children 6 months after the first tooth erupts. He also accepts all other insurance. 12/18

**Organization Name:** Hometown Health Center **Contact ID:** 1104  
**Address:** 118 Moosehead Trail, Suite 5 **County:** SOM  
**City:** Newport **State:** ME **Zip Code:** 04953-  
**Phone:** (207) 368-4213 **Fax:**  
**Information:** Mon-Fri 7 AM to 5:30 PM Has a sliding fee scale, accepts MaineCare and private insurance. Also, Pittsfield location: 140 Chandler Ave Phone: 207-487-9244 12/18

**Organization Name:** Jessie Albert Dental & Orthodontic Center **Contact ID:** 1105  
**Address:** 171 Congress Ave **County:** OTH  
**City:** Bath **State:** ME **Zip Code:** 04530-  
**Phone:** (207) 443-9721 **Fax:**  
**Information:** They see children and adults using a sliding fee scale based on household income; if you are on MaineCare you automatically qualify. 12/18

<b>Organization Name:</b>	<b>Maine Care</b>			<b>Contact ID:</b>	818
<b>Address:</b>	77 Sewell St. (Third Floor)			<b>County:</b>	KEN
<b>City:</b>	Augusta	<b>State:</b>	ME	<b>Zip Code:</b>	04330-
<b>Phone:</b>	(800) 977-6740	<b>Fax:</b>			
<b>Information:</b>	www.maineCare.maine.gov Provides a list of dentists who accept Maine Care clients throughout the State. List is updated periodically. Will also assist with transportation needs. 2/17				
<b>Organization Name:</b>	<b>Maine Street Dental Center</b>			<b>Contact ID:</b>	1106
<b>Address:</b>	179 Main St, Suite 212			<b>County:</b>	KEN
<b>City:</b>	Waterville	<b>State:</b>	ME	<b>Zip Code:</b>	04901-
<b>Phone:</b>	(207) 872-6815	<b>Fax:</b>			
<b>Information:</b>	Accepts MaineCare Hours: Mon - Thurs 7 AM - 5 PM				12/18
<b>Organization Name:</b>	<b>Penobscot Community Dental Center</b>			<b>Contact ID:</b>	1107
<b>Address:</b>	1048 Union St			<b>County:</b>	OTH
<b>City:</b>	Bangor	<b>State:</b>	ME	<b>Zip Code:</b>	04401-
<b>Phone:</b>	(207) 992-2152	<b>Fax:</b>			
<b>Information:</b>	www.pchc.com This clinic accepts MaineCare and offers a sliding fee scale.				12/18
<b>Organization Name:</b>	<b>Sebastcook Family Doctors SEE Hometown Health Center OR Dental Clinics</b>			<b>Contact ID:</b>	1108
<b>Address:</b>				<b>County:</b>	SOM
<b>City:</b>		<b>State:</b>		<b>Zip Code:</b>	
<b>Phone:</b>		<b>Fax:</b>			
<b>Information:</b>					
<b>Organization Name:</b>	<b>Strong Area Health Center</b>			<b>Contact ID:</b>	927
<b>Address:</b>	177 N. Main Street PO Box 189			<b>County:</b>	OTH
<b>City:</b>	Strong	<b>State:</b>	ME	<b>Zip Code:</b>	04983-
<b>Phone:</b>	(207) 684-4010	<b>Fax:</b>	(207) 684-3368		
<b>Information:</b>	207-684-3045 Dental Office Now accepting new patients from all parts of Maine. Strong, a Federally Qualified Health Center accepts all insurances, including MaineCare. In addition they offer an Affordable Care Program that enables patients who qualify to obtain reduced fee dental services based on family size and income. 12/18				
<b>Organization Name:</b>	<b>UMA - Bangor Dental Health Programs</b>			<b>Contact ID:</b>	829
<b>Address:</b>	201 Texas Ave			<b>County:</b>	OTH
<b>City:</b>	Bangor	<b>State:</b>	ME	<b>Zip Code:</b>	04401-
<b>Phone:</b>	(207) 262-7872	<b>Fax:</b>			
<b>Information:</b>	This is a dental school. Students do the cleanings with a faculty supervisor in the room at all times. Available services include: oral examination, scaling and polishing of teeth, oral hygiene instructions, dental x-rays, fluoride treatments, and sealants. There are no residence requirements or income restrictions. Fees are low and are charged only to cover the cost of operation. The clinic does not participate in MaineCare or accept insurance, but will provide a coded receipt that can be submitted to an insurer. Open from September to April. 12/18				

**Organization Name:** University of New England Dental Hygiene Clinic

**Contact ID:** 865

**Address:** 716 Stevens Ave.

**County:** OTH

**City:** Portland

**State:** ME

**Zip Code:**

**Phone:** (207) 221-4900

**Fax:**

**Information:** Provides preventive dental services including teeth cleaning, oral inspection, x-rays, fluoride treatment and sealant placement. Open Mid-September thru April. 12/18

## Education

<b>Organization Name:</b> Augusta Adult Ed & Kennebec Learning Center			<b>Contact ID:</b> 27
<b>Address:</b>	33A Union St., Ste 2		<b>County:</b> KEN
<b>City:</b>	Augusta	<b>State:</b> ME	<b>Zip Code:</b> 04330-
<b>Phone:</b>	(207) 626-2470	<b>Fax:</b>	
<b>Information:</b>	www.augusta.maineadulted.org		9/15

<b>Organization Name:</b> Bonney Staffing Center, Inc			<b>Contact ID:</b> 695
<b>Address:</b>	12 Shuman Ave		<b>County:</b> KEN
<b>City:</b>	Augusta	<b>State:</b> ME	<b>Zip Code:</b> 04330-
<b>Phone:</b>	(207) 621-1100	<b>Fax:</b>	
<b>Information:</b>	ALSO: 1-888-433-0693 www.bonneystaffing.com Employment opportunities in office, clerical, light industrial and warehouse. Job listings available online. 12/18		

<b>Organization Name:</b> Capitol Area Technical Center			<b>Contact ID:</b> 161
<b>Address:</b>	40 Pierce Drive		<b>County:</b> KEN
<b>City:</b>	Augusta	<b>State:</b> ME	<b>Zip Code:</b> 04330-
<b>Phone:</b>	(207) 626-2475	<b>Fax:</b>	
<b>Information:</b>	Serves juniors and seniors in local community (8 various schools) and teaches trade. 12/18		

<b>Organization Name:</b> Family Enrichment Council of Somerset and Kennebec Counties - KVCAP			<b>Contact ID:</b> 164
<b>Address:</b>	97 Water Street		<b>County:</b> KEN
<b>City:</b>	Waterville	<b>State:</b> ME	<b>Zip Code:</b> 04901-
<b>Phone:</b>	(207) 859-1580	<b>Fax:</b>	(207) 873-0158
<b>Information:</b>	ALSO: 1-800-542-8227 ext. 1580 The purpose of the council is to raise awareness for the prevention of child abuse and neglect through community activities. The Council offers programs such as parenting enrichment classes, school based programs which include Personal Body Safety and Baby Think It Over. Training for professionals such as: Mandated Reporter Training, Safe Sleep, Strengthening Maine Families, etc.. A resource library and toll free information line is available to parents, care providers, and service providers. 12/18		

<b>Organization Name:</b> Gardiner Area Adult Ed/MSAD #11			<b>Contact ID:</b> 35
<b>Address:</b>	40 West Hill Road		<b>County:</b> KEN
<b>City:</b>	Gardiner	<b>State:</b> ME	<b>Zip Code:</b> 04345-
<b>Phone:</b>	(207) 582-3774	<b>Fax:</b>	
<b>Information:</b>	www.msad11.org		



**Organization Name:** Head Start - KVCAP **Contact ID:** 785  
**Address:** 97 Water Street **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 859-1599 **Fax:** (207) 873-0158  
**Information:** KVCAP Child & Family Services provides comprehensive preschool services in a variety of options and collaborative partnerships for children ages 6 weeks to 5 years old.

Locations include: Educare Central Maine, Waterville; Skowhegan Early Head Start, Skowhegan; Fairfield preschool, Fairfield; Clinton Preschool, Clinton; Mill Stream Preschool, Norridgewock; Canaan Elementary Preschool, Canaan; North Elementary Preschool, Skowhegan; Anson Preschool, Anson; Solon Preschool, Solon; and St. Albans Preschool, St. Albans

In addition, HomeBased and HomeStart (family child care) services are available in northern Kennebec County and Somerset County. 12/18

**Organization Name:** Helping Hands Trade School **Contact ID:** 450  
**Address:** PO Box 93 **County:** KEN  
32 College Ave, Suite 104  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 872-9075 **Fax:**  
**Information:** State-Wide - 1-800-777-8976  
Helping Hands offers ongoing classes in the healthcare field. These courses are designed for both entry level positions and advanced training in specific occupations. Courses include: Personal Care Attendant/ Homemaker; Certified Nursing Assistant; Certified Nursing Assistant-Medication; Certified Residential Medication Aid; Phlebotomy, and Dental Assistant. For course descriptions, class times and costs please call.  
www.helpinghandstradeschool.com 12/18

**Organization Name:** Higher Opportunity for Pathways to Employment (HOPE) **Contact ID:** 1194  
**Address:** 11 State House Station **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 624-4170 **Fax:** (207) 287-3455  
**Information:** Website: [www.Maine.gov/dhhs/hope](http://www.Maine.gov/dhhs/hope). Email: HOPE.DHHS@maine.gov. This program is a potential source of funding for school-related expenses. The program is administered by the Maine DHHS, Office for Family Independence and provides financial support to parents for costs related to training and education beyond high school. HOPE can help cover the costs of tuition, books and supplies, auto repair, auto insurance, tools and equipment, technology and software, child care and more.  
9/2020

**Organization Name:** Home Ownership Services - KVCAP **Contact ID:** 1022  
**Address:** 97 Water St **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 859-1500 **Fax:**  
**Information:** Financial Capabilities Coaching - Promotes financial wellness as one-on-one coaching for financial literacy and capability, including budget preparation/management with focus on savings and building credit.

Pre-Purchase Education - Facilitates Homebuyer Education courses in live classes and an online format to assist potential homebuyers with understanding budgeting, financing, ownership and energy efficiency to ensure a successful experience as a first-time homebuyer.

Post-Purchase Counseling - Provides one-on-one consultation and analysis to assist homeowners with budgeting, home maintenance, refinancing, hazard insurance, etc. to help them succeed as homeowners. 1/19

**Organization Name:** Kennebec Learning Center **Contact ID:** 244  
**Address:** 33A Union St. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-2470 **Fax:** (207) 626-2529  
**Information:** Day program for Augusta Adult Education. Provides high school diploma, HiSet (GED), and college prep classes. Hours: M-Th - 8:30-4:30 12/18

**Organization Name:** Kennebec Valley Community College (KVCC) **Contact ID:** 174  
**Address:** 92 Western Ave. **County:** SOM  
**City:** Fairfield **State:** ME **Zip Code:** 04937-  
**Phone:** (207) 453-5000 **Fax:**  
**Information:** ALSO: 1-800-528-5882  
Advising & Information Center - 453-5118  
www.kvcc.me.edu 12/18

**Organization Name:** Lawrence Adult Ed. **Contact ID:** 32  
**Address:** SAD #49 **County:** SOM  
4 School Street  
**City:** Fairfield **State:** ME **Zip Code:** 04937-  
**Phone:** (207) 453-4200 **Fax:**  
**Information:** EXTENSION: 7  
www.lawrenceadulted.org  
Full program of HiSET (GED), High School completion, literacy, enrichment services and college transition. 9/15

**Organization Name:** Literacy Volunteers of Maine **Contact ID:** 247  
**Address:** 181 Brackett St **County:** OTH  
**City:** Portland **State:** ME **Zip Code:** 04101-  
**Phone:** (207) 775-0105 **Fax:**  
**Information:** EXT 165 in Portland 1-800-322-5455 - Adult Learning Opportunities Hotline  
www.lvmaine.org  
Provides one on one reading help for adults wanting to improve reading skills. Assistance available for individuals of a variety of reading levels at no cost.  
Literacy Volunteers of Greater Augusta, 12 Spruce St. #2, Augusta, ME 04330  
PHONE: 626-3440 www.lva-augusta.org  
Literacy Volunteers of Waterville, PO Box 1645, 105 Kennedy Memorial Dr., Waterville, ME 04901 - 873-7786 www.lvwaterville.org  
Literacy Volunteers of Franklin & Somerset Counties, 108 Fairbanks Rd., Farmington, ME 04937 - 778-3460 9/15

**Organization Name:** MaineGeneral Medical Center **Contact ID:** 248  
**Address:** Alford Center for Health **County:** KEN  
35 Medical Center Parkway  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (855) 464-4463 **Fax:**  
**Information:** Breastfeeding basics, Lamaze, prepared childbirth weekend workshop, sibling class for ages 2 to 9, Prenatal Yoga, and baby care class. 12/18

**Organization Name:** Maranacook/Hall-Dale Adult Ed. **Contact ID:** 36  
**Address:** 2250 Millard Harrison Dr. **County:** OTH  
**City:** Readfield **State:** ME **Zip Code:** 04355-  
**Phone:** (207) 685-4923 **Fax:**  
**Information:** Ext. 1009  
<http://adulted.maranacook.org> 9/15

**Organization Name:** Marti Stevens Learning Center **Contact ID:** 163  
**Address:** 195 West Front St. **County:** SOM  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-7175 **Fax:**  
**Information:** Alternative school in SAD #54 for grades 9-12, for 14-20 year olds, with a desire to complete high school. Hours are 8-2:30, M-F. 12/18

**Organization Name:** MEOC - Maine Educational Opportunity Center **Contact ID:** 242  
**Address:** University of Maine, 5713 Chadbourne Hall, Rm 314 **County:** OTH  
**City:** Orono **State:** ME **Zip Code:** 04469-  
**Phone:** (800) 281-3703 **Fax:**  
**Information:** <http://meoc.maine.edu>  
Holds workshops (2 hour) to help individuals complete college applications. By attending these workshops, college application fees will be waived for those who qualify. Classes advertised in newspaper. Provides assistance with preparing for post secondary education. 9/15

**Organization Name:** Messalonskee High School Adult Ed. **Contact ID:** 40  
**Address:** 131 Messalonskee Dr. **County:** KEN  
**City:** Oakland **State:** ME **Zip Code:** 04963-  
**Phone:** (207) 465-9134 **Fax:**  
**Information:** [www.waterville.maineadulted.org](http://www.waterville.maineadulted.org) 9/15

**Organization Name:** Mid Maine Regional Adult Community Education **Contact ID:** 43  
**Address:** 1 Brooklyn Avenue **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 873-5754 **Fax:**  
**Information:** [www.midmaine.maineadulted.org](http://www.midmaine.maineadulted.org)  
Email is: [adulted@aos92.org](mailto:adulted@aos92.org)  
Offer a comprehensive program from new reader to some post-secondary courses. Basic reading, writing and math; HiSET (formerly GED) preparation and high school diploma completion; tech prep in math and science; vocational, from prevocational to actual training; personal enrichment. 9/15

**Organization Name:** MSAD 53 Adult & Community Education **Contact ID:** 38  
**Address:** Warsaw Middle School **County:** SOM  
167 School Street  
**City:** Pittsfield **State:** ME **Zip Code:** 04967-  
**Phone:** (207) 487-5145 **Fax:**  
**Information:** [www.msad53.org](http://www.msad53.org) 9/15

**Organization Name:** Mt. View Adult & Community Ed. **Contact ID:** 37  
**Address:** 577 Mt. View Rd. **County:** OTH  
**City:** Thorndike **State:** ME **Zip Code:** 04986-  
**Phone:** (207) 568-3426 **Fax:**  
**Information:** www.msad3.org  
High School diploma classes, ABE (Adult Basic Education), vocational classes and counseling.  
HiSET (formerly GED) testing and preparation and community general evening classes. 9/15

**Organization Name:** New Ventures Maine **Contact ID:** 250  
**Address:** 331 Water St., 5th FL of Handley Hall **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 621-3440 **Fax:** (207) 621-3429  
**Information:** Also: 1-800-442-2092 For Waterville outreach: 207-621-3434  
www.newventuresmaine.org  
Open to adults of all backgrounds experiencing life/work transitions. Self-confidence building,  
communication skills, career and life planning workshops, financial literacy training and career  
exploration. Confidential and free. Please check website for class options available. 12/18

**Organization Name:** NextGen College Investing Plan **Contact ID:** 997  
**Address:** c/o Finance Authority of Maine **County:** OTH  
5 Community Drive  
PO Box 949  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (800) 228-3734 **Fax:** (207) 623-0095  
**Information:** www.famemaine.com  
By opening a NextGen account you enroll for the \$500 Harold Alfond College Challenge Grant  
open to anyone born in Maine on or after 1/1/2013 and a Maine resident; or a \$200 Initial Matching  
Grant if you have a Maine account on or after 1/1/2013 and the account owner or beneficiary is a  
Maine resident. There are other grants available to help put your child on the path to college.  
Contact Finance Authority of Maine for questions or assistance at the above 800 number. 8/15

**Organization Name:** Outreach Programs of Maine **Contact ID:** 165  
**Address:** State Library **County:** KEN  
64 State House Station  
**City:** Augusta **State:** ME **Zip Code:** 04333-0064  
**Phone:** (207) 287-5650 **Fax:**  
**Information:** ALSO: 1-800-762-7106  
"Video Program" video packets available to public libraries throughout Maine; "Large Print  
Program" for visually impaired; and "Talking Book Program" for those with visual or physical  
limitations. "Books by Mail" program (for anyone who lives in a town with no library or has a  
library in their town open 10 hours or less per week) PHONE: 287-5652

**Organization Name:** RSU 54 Adult & Community Education **Contact ID:** 41  
**Address:** 61 Academy Circle **County:** SOM  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-7553 **Fax:**  
**Information:** www.msad54.maineadulted.org  
Serves Skowhegan, Cornville, Mercer, Canaan, Norridgewock, Smithfield, Madison, Athens,  
Brighton and Starks. People from towns outside of the district have to pay \$20 more. High School  
completion, enrichment classes, college transition and work ready, workshop place training and  
training classes and Adult Basic Education. 9/15

<b>Organization Name:</b>	<b>RSU 74 Adult Ed</b>	<b>Contact ID:</b>	26
<b>Address:</b>	SAD #74 PO Box 87	<b>County:</b>	SOM
<b>City:</b>	North Anson	<b>State:</b>	ME
<b>Phone:</b>	(207) 566-7302	<b>Zip Code:</b>	04958-
<b>Information:</b>	Offers HiSET (formerly GED) classes and high school completion. 10/15		

  

<b>Organization Name:</b>	<b>Teen Parent School Program</b>	<b>Contact ID:</b>	243
<b>Address:</b>	The Maine Children's Home for little wanders 93 Silver St.	<b>County:</b>	KEN
<b>City:</b>	Waterville	<b>State:</b>	ME
<b>Phone:</b>	(207) 873-4253	<b>Zip Code:</b>	04901-
<b>Information:</b>	Alternative school for pregnant and parenting teens. In house infant nursery and early headstart program. Provides counseling and support services to pregnant and parenting teens and their partners. On campus case manager. Services include family care, alternative high school, summer support groups; in-home counseling offered to girls, their families and fathers around issues of keeping or releasing their child for adoption. Scholarships for summer camps; and a Christmas gift program. Parenting and prenatal classes open to the community. Education programs offered to the community on teen pregnancy, the adoption option, teen father's rights and responsibilities. 9/15		

  

<b>Organization Name:</b>	<b>The Patsy Takemoto Mink Education Foundation</b>	<b>Contact ID:</b>	883
<b>Address:</b>		<b>County:</b>	OTH
<b>City:</b>		<b>State:</b>	
<b>Phone:</b>		<b>Zip Code:</b>	
<b>Information:</b>	www.patsyminkfoundation.org The Patsy Takemoto Mink Education Foundation for Low Income Women and Children gave out 5 awards in 2015 and will be putting out information for 2016 in April for Education Support Awards. Low-income mothers who are pursuing education or training are eligible to apply. For application information, see website above. Must meet income guidelines. 10/15		

  

<b>Organization Name:</b>	<b>University of Maine at Augusta</b>	<b>Contact ID:</b>	897
<b>Address:</b>	46 University Dr.	<b>County:</b>	KEN
<b>City:</b>	Augusta	<b>State:</b>	ME
<b>Phone:</b>	(207) 621-3000	<b>Zip Code:</b>	04330-9410
<b>Information:</b>	Also: 1-877-862-1234 Regional state university providing baccalaureate and select associate degrees to meet the educational, economic and cultural needs of Central Maine. www.uma.edu 12/18		

  

<b>Organization Name:</b>	<b>University of Maine Cooperative Extension-Kennebec Office</b>	<b>Contact ID:</b>	162
<b>Address:</b>	125 State St., 3rd Floor	<b>County:</b>	KEN
<b>City:</b>	Augusta	<b>State:</b>	ME
<b>Phone:</b>	(207) 622-7546	<b>Zip Code:</b>	04330-
<b>Information:</b>	ALSO: 1-800-287-1481 www.umext.maine.edu Great resource for publications about almost everything. 12/18		

**Organization Name:** University of Maine Cooperative Extension-Somerset Office **Contact ID:** 167  
**Address:** Somerset County Cooperative Extension **County:** SOM  
7 County Drive  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-9622 **Fax:**  
**Information:** ALSO: 1-800-287-1495  
Provides information on the following: nutrition education, resources, agricultures, dairy, natural  
resource management, senior companion program, and family financial management.  
www.extension.umaine.edu 12/18

**Organization Name:** Waterville Alternative School **Contact ID:** 249  
**Address:** 93 Silver St. **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 873-5755 **Fax:**  
**Information:** The Alternative School is for students whose needs cannot be met by a traditional education.  
Education involves the whole person rather than just a student's academic development. We place  
major emphasis on a caring atmosphere, self-esteem, and responsibility. 9/15

# Employment/Training

**Organization Name:** ASPIRE **Contact ID:** 251  
**Address:** 35 Anthony Ave. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 624-5200 **Fax:** (207) 624-8074  
**Information:** For Support Services.  
 Also at: 98 North Ave., Suite 10, Skowhegan, ME 04976 - 474-4800  
 For individuals who qualify for TANF program. Offer field placements for employment experience. Support services for individuals in education training or employment programs may include: books & supplies, child care, transportation, auto repair, dental care, car insurance, eye care, tuition, occupational expenses and clothing.

If you are not qualified for TANF and want to see about eligibility please call 207-624-8090. 12/18

**Organization Name:** Augusta CareerCenter **Contact ID:** 171  
**Address:** 45 Commerce Dr. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04333-  
**Phone:** (207) 624-5120 **Fax:** (207) 287-6236  
**Information:** Statewide help line: 800-760-1573 for Augusta area; 800-760-1572 for Skowhegan area  
 ALSO AT: Northern Kennebec Valley Career Center 23 Stanley Rd., PO Box 15, Hinckley, ME  
 Phone: 207-474-4950  
[www.mainecareercenter.com](http://www.mainecareercenter.com)  
 Assists participants in choosing and preparing for career through career decision making workshops, academic upgrading/tutoring/GED preparation, classroom skill training, on-the-job training, work experience, job getting and job search assistance, supportive services, and vocational rehab services. Counseling and assessment, career exploration and connection with appropriate community agencies for training, placement, etc. 12/18

**Organization Name:** Bonney Staffing **Contact ID:** 941  
**Address:** 12 Shuman Ave **County:** OTH  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 621-1100 **Fax:**  
**Information:** Also: 800-433-0693  
[www.bonneystaffing.com](http://www.bonneystaffing.com)  
 Locations in Bangor, So. Portland, Biddeford, Windham, Topsham, Lewiston, Augusta & Portsmouth, NH. 12/18

**Organization Name:** Department of Labor **Contact ID:** 253  
**Address:** Bureau of Unemployment **County:** KEN  
 45 Commerce Dr.  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 623-7981 **Fax:**  
**Information:** Above number is for Employment Services. To file unemployment claim: 800-593-7660. The best way to file for benefits is on line at [www.maine.gov](http://www.maine.gov) 12/18

**Organization Name:** Goodwill Industries of Northern New England Regional Office **Contact ID:** 448  
**Address:** 243 Leighton Rd. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-0170 **Fax:** (207) 622-3517  
**Information:** Provide employment (job placement, job coaching), residential, educational and support services to individuals experiencing barriers to social and economic independence. 12/18

**Organization Name:** Kelly Temporary Services **Contact ID:** 1019  
**Address:** 49 Community Drive, Suite 2 **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 623-1118 **Fax:**  
**Information:** ALSO: 1-800-640-1118  
Aids in providing temporary and permanent employment. 12/18

**Organization Name:** Kennebec Valley Community Action Program - Employment Services **Contact ID:** 968  
**Address:** 97 Water Street **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 859-2545 **Fax:** (207) 612-5024  
**Information:** One-on-One support to unemployed, under-employed and displaced workers, including provision of information, education, and referrals, depending on individual needs and interests.

We can help with: resumes/cover letters, online applications, job interview skills, setting up an email account, creating an Employment Plan or overcoming barriers to employment. 1/19

**Organization Name:** KVCAP **Contact ID:** 996  
**Address:** 101 Water St **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 680-2603 **Fax:**  
**Information:** KVCAP's Employment Support Specialist has appointments every Tuesday at the Waterville Public Library. You will get assistance with writing your resume, job search activities, referrals and interviewing. Call the library number above to make an appointment. 12/18

**Organization Name:** Motivational Services **Contact ID:** 255  
**Address:** PO Box 229 **County:** KEN  
14 Glenridge Drive  
**City:** Augusta **State:** ME **Zip Code:** 04332-  
**Phone:** (207) 626-3465 **Fax:**  
**Information:** Program run by MoCo Services include: evaluation and rehabilitation; matching of clients and employers; provide on-the-job training, job coaching, on-site supervision; follow-up during first year of employment; subcontract to provide an individual support plan. <http://www.mocomaine.com>

**Organization Name:** Motivational Services **Contact ID:** 1020  
**Address:** 71 Hospital St **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-3465 **Fax:**  
**Information:** <http://www.mocomaine.com>  
Program run by MoCo. Services include: evaluation and rehabilitation; matching of clients and employers; provide on-the-job training, job coaching, on-site supervision; follow-up during first year of employment; subcontract to provide an individual support plan. 12/18

**Organization Name:** New Ventures Maine **Contact ID:** 693  
**Address:** 331 Water St., 5th FL Handley Hall **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 621-3434 **Fax:** (207) 621-3429  
**Information:** 1-800-442-2092  
Open to adults of all backgrounds experiencing life/work transitions. Self-confidence building, communication skills, career and life planning workshops, financial literacy training and career exploration. Confidential and free. Please check website for class options available 12/18



**Organization Name: Senior Community Employment Program (SCSEP)**

**Contact ID: 901**

**Address:**

**County: OTH**

**City:** Bangor

**State:** ME

**Zip Code:** 04401-

**Phone:** (800) 439-3307

**Fax:** (207) 945-6839

**Information:** Toll free: 855-994-8300

[www.nationable.org](http://www.nationable.org)

Paid job-training program that provides a bridge to employment for mature workers. Partner community service agencies provide supportive, real work settings that help mature workers transition into employment. The program covers the cost of training by paying a stipend to the trainee. 12/18

**Organization Name: TRIO Scholars Program**

**Contact ID: 252**

**Address:** University of Maine at Augusta

**County: KEN**

**City:** Augusta

**State:** ME

**Zip Code:** 04330-

**Phone:** (207) 621-3157

**Fax:**

**Information:** [www.uma.maine.edu](http://www.uma.maine.edu)

To be eligible for the TRIO Scholars Program, students must be enrolled in a UMA degree program, have academic need, and meet one of the following additional criteria:

- \* be of the first generation in their family to attend college or
- \* have a limited income or
- \* have a disability

While student services are available to all UMA students, an enrolled TRIO student may receive amplified student services, fee waivers or reductions, and more proactive support from the TRIO staff. In this way the TRIO Scholars Program provides added assistance to participants in achieving their educational goals. 12/18

# Financial Services

**Organization Name:** Maine Car Seat Distribution Program

**Contact ID:** 977

**Address:** Dept of Public  
Safety  
45 Commerce Dr, Suite 1, 104 State  
House Station

**County:** KEN

**City:** Augusta **State:** ME **Zip Code:** 04333-

**Phone:** (207) 626-3800 **Fax:**

**Information:** The Bureau of Highway Safety has partner locations around the State of Maine where income eligible families can make an appointment with a certified car seat technician to obtain a car seat.

To be eligible you must be able to provide:

A current State of Maine Driver's License or current State of Maine Identification  
Be participating in one of the following:

Women, Infants, and Children (WIC)

Mainecare (Medicaid)

Temporary Assistance for Needy Families (TANF)

Supplemental Nutrition Assistance Program (SNAP)

WIC folder with current dated vouchers or a current dated letter of eligibility from the other above mentioned programs you are currently participating in.

This service is available by appointment only. Make sure to plan ahead, there may be a slight wait time to meet with a technician. Your child will need to be present during the appointment. For expecting families the appointment can not be scheduled more than one month before the due date. Following is the link to the Car Seat Distribution Program: <http://www.maine.gov/dps/bhs/child-passenger-safety/cps-general/cps-distribution-locations.html>. The Bureau of Highway Safety has partner locations around the State of Maine where people can make an appointment with a certified car seat technician for car seat installation assistance, education, and guidance.

Services that Technicians may provide include, but are not limited to, inspecting your car seat to see if you have it installed correctly, providing education when to transition to another car seat type, re-inspecting your car seat when you have moved it to another vehicle, or car seat placement in a vehicle where all the seats need to be occupied. Following is the link to the Car Seat Inspection site: <http://www.maine.gov/dps/bhs/child-passenger-safety/cps-general/cps-inspection-locations.html>

10/17

## Financial Services & Assistance

<b>Organization Name: 211 Maine</b>			<b>Contact ID: 974</b>
<b>Address:</b>			<b>County: OTH</b>
<b>City:</b>	<b>State: ME</b>	<b>Zip Code:</b>	
<b>Phone:</b>	<b>Fax:</b>		
<b>Information:</b>	Just dial 2-1-1 http://www.211maine.org/ or text your zip code to 898-211 2-1-1 Maine is a comprehensive statewide directory of over 8,000 health and human services available in Maine. This contact will give you organizations such as The Salvation Army, Red Cross, local churches or community organizations as well as all state of Maine programs. 12/18		
<b>Organization Name: ALPHA One</b>			<b>Contact ID: 807</b>
<b>Address:</b> 127 Main St.			<b>County: OTH</b>
<b>City:</b>	S. Portland	<b>State: ME</b>	<b>Zip Code: 04106-</b>
<b>Phone:</b>	(800) 640-7200	<b>Fax:</b>	
<b>Information:</b>	11 Bangor Mall Blvd Unit A, Bangor 941-6553 Low interest financing to buy assistive technology (for individuals, businesses or non-profit organizations). Adaptive equipment includes: wheelchairs and scooters; adapted vehicles; home modifications; hearing aids; TTYs; adapted toys & recreational equipment; specialized computers; levered door handles, ramps, power doors, and elevators that make a business, a work site, or a public facility barrier-free. 12/18		
<b>Organization Name: Alternative Aid</b>			<b>Contact ID: 858</b>
<b>Address:</b> DHHS 2 Anthony Ave, Station 11			<b>County: OTH</b>
<b>City:</b>	Augusta	<b>State: ME</b>	<b>Zip Code: 04333-</b>
<b>Phone:</b>	(800) 452-4602	<b>Fax:</b>	
<b>Information:</b>	Also at: 98 North Ave, Skowhegan, ME 04976 - 474-4800 This is a program for low-income families. Aids families with children who are not on TANF resolve problems that prevent them from getting a job and is currently a once in a lifetime benefit. It can be used for such things as car repairs, childcare, uniforms, housing related emergencies and is in the form of a voucher. 12/18		
<b>Organization Name: American Red Cross</b>			<b>Contact ID: 269</b>
<b>Address:</b> 2401 Congress Street			<b>County: KEN</b>
<b>City:</b>	Portland	<b>State: ME</b>	<b>Zip Code: 04102-</b>
<b>Phone:</b>	(207) 874-1192	<b>Fax:</b>	(207) 874-1976
<b>Information:</b>	Central & Mid-Coast 16 Community Way, Topsham, ME 04086 (207)874-1192 AND 475 Pleasant St, Lewiston, ME 04240 (207)874-1192 Northern & Eastern Maine 145 Exchange St, Ste 1 Bangor, ME 04401 (207) 874-1192 AND Aroostook County Branch 7 Hatch Dr, Ste 250 Caribou, ME (207)874-1192  Disaster relief services. Food, clothing, shelter, and other essentials provided in case of disaster. Courses offered, i.e. first aid, CPR, water safety. A volunteer caseworker is available 24 hours a day, every day of the year. 12/18		

**Organization Name: America's Rx Savings**

**Contact ID: 1121**

**Address:**

**County: OTH**

**City:**

**State:**

**Zip Code:**

**Phone:**

(718) 679-1242

**Fax:**

**Information:**

www.AmericasRxSavings.org

This is a permanent drug card, it doesn't expire. Can use on all FDA approved medications.

Discounts up to 85% with average savings of 15% on brand name and 55% on generic drugs. This card is accepted at over 80 pharmacies including: Walgreens, Walmart, CVS, Target, Rite Aid and many more. Just call to get your card.

The card can't be used in combination with your insurance, you must use whichever one gives you the best pricing.

1/19

**Organization Name: AMP (Arrearage Management Program)**

**Contact ID: 1109**

**Address:**

**County: OTH**

**City:**

**State: ME**

**Zip Code:**

**Phone:**

(800) 452-4699

**Fax:**

**Information:**

You have to be \$500 or more in arrears and be 90 days past due. You must be LIHEAP eligible.

You can apply when applying for LIHEAP, or you can contact your utility company directly.

HOW IT WORKS: You pay just your current monthly electric bill, each month and on time. For each month that you pay your current bill, your electric utility company will wipe out 1/12 of what you owe them on your back bill.

For Example, let's say that you owe \$1200 to the company on back electricity bills. Follow these steps:

- You sign up for the AMP

- Then you pay your regular monthly bill to the utility company

- Each time you make that monthly payment, your utility company will forgive or wipe out \$100 that you owe them on your back bill

So by making your monthly payments on time, your \$1200 debt is wiped out in one year. You pay nothing more than your current bill!!

NOTE: No more than \$300 of debt can be wiped out each month. So, if you owe more than \$3600, you can stay on the program for more than 12 months until your entire debt is gone. 12/18

**Organization Name: Animal Welfare Office**

**Contact ID: 881**

**Address:**

**County: OTH**

**City:**

**State: ME**

**Zip Code:**

**Phone:**

(800) 367-1317

**Fax:**

**Information:**

www.spaymaine.org

Persons receiving government benefits (TANF, MaineCare, SNAP (formerly Food Stamps), Social Security, etc.) are eligible for spaying or neutering service of their animals at a cost of \$10.00 for a cat and \$20.00 for a dog. Currently dogs being accepted are pit bull and pit bull mixes. Call for more details. 12/18

**Organization Name:** ASPIRE **Contact ID:** 976  
**Address:** 35 Anthony Ave **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04333-  
**Phone:** (207) 624-8090 **Fax:** (207) 624-8124  
**Information:** Also: 1-800-452-1962  
Also at: 98 North Ave., Skowhegan, ME 04976 - 474-4800  
For individuals who qualify for TANF program. Offer field placements for employment experience.  
Support services for individuals in education training or employment programs may include: books  
& supplies, child care, transportation, auto repair, dental care, car insurance, eye care, tuition,  
occupational expenses and clothing. 12/18

**Organization Name:** Assistance Plus - Wrap Around Fund **Contact ID:** 1035  
**Address:** 1604 Benton Ave **County:** KEN  
**City:** Benton **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 453-4708 **Fax:**  
**Information:** Wrap Around Fund serves Kennebec, Somerset, Oxford and Androscoggin Counties. This fund is to  
help people with emergency situations in heat, electric and housing. 12/18

**Organization Name:** Benefits Information **Contact ID:** 946  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** **Fax:**  
**Information:** This web site (below) allows an individual to enter information, (no identifying information) and  
create a grocery list of available programs to assist individuals financially. The website was  
originally created by the National Council on Aging, but is not exclusive to the senior citizens.  
  
[https://www.benefitscheckup.org/index.cfm?partner\\_id=0](https://www.benefitscheckup.org/index.cfm?partner_id=0) 12/18

**Organization Name:** Big Lots **Contact ID:** 1110  
**Address:** 152 Western Ave **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 622-6950 **Fax:**  
**Information:** Rewards program for every three purchases you make (can't be same day) you receive a \$5 coupon  
emailed to you. 12/18

**Organization Name:** Bureau of Family Independence **Contact ID:** 265  
**Address:** Dept. of Health & Human Services **County:** SOM  
98 North Ave.  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-4800 **Fax:**  
**Information:** Or: 474-4848 & 1-800-452-4602  
ALSO AT: 35 Anthony Ave., 11 State House Station, Augusta, ME 04330 - 1-800-452-1926 &  
624-8090  
TANF, Food Stamps & Medicaid  
TANF - cash assistance; Food Stamps - for purchase of food, garden seeds and Meals on Wheels;  
Medicaid - payment of some medical services. Each program has separate financial criteria.  
Emergency Assistance Program:  
Assistance with equipment needed for handicap, utilities, repair, replacement of septic tank, well,  
furnace, wood stove, and security deposits for apartments. A person can apply for services and  
update their information on-line via "My Maine Connection" and that web site is  
[www.maine.gov/mymaineconnection](http://www.maine.gov/mymaineconnection). The number to call in to them is 855-797-4357 12/18

**Organization Name:** Catholic Charities of Maine - RELIEF & HOPE PROGRAM **Contact ID:** 1111  
**Address:** PO Box 10660 **County:** KEN  
**City:** Portland **State:** ME **Zip Code:** 04104-  
**Phone:** (207) 781-8550 **Fax:**  
**Information:** info@ccmaine.org  
Assists people with deposits, heat, electricity and other items. Person must call and be transferred to program where they give limited information and someone calls them back. 12/18

**Organization Name:** Children's Health Insurance Program - CHIP **Contact ID:** 983  
**Address:** **County:** KEN  
**City:** **State:** **Zip Code:**  
**Phone:** (855) 797-4357 **Fax:**  
**Information:** www.healthcare.gov/medicaid-chip/  
If your children need health coverage, they may be eligible for the Children's Health Insurance Program (CHIP). If they qualify, you won't have to buy a Marketplace plan to cover them. Medicaid and CHIP provide no-cost or low-cost health coverage for eligible children in Maine. Even if your children have been turned down in the past or you don't know if they qualify, you may be able to get health coverage for them now.

Medicaid and CHIP provide health coverage for children so that they can get routine check-ups, immunizations and dental care to keep them healthy. They can also get doctor visits, prescription medications and hospital care when they're sick, and much more.

You can apply for and enroll in Medicaid or CHIP any time of year. There's no limited enrollment period for either Medicaid or CHIP. If you qualify, your coverage can start immediately.

CHIP provides low-cost health coverage to children in families that earn too much money to qualify for Medicaid. In some states, CHIP covers parents and pregnant women. Each state offers CHIP coverage, and works closely with its state Medicaid program. 8/15

**Organization Name:** Citizens Energy (JOE FOR OIL) **Contact ID:** 1112  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (877) 563-4645 **Fax:**  
**Information:** www.citizensenergy.com  
Seasonal funds are available depending on availability. Must call to apply.

As of 12/27/18 they were not taking applications, but recording said to check back at a later date. 12/18

**Organization Name:** Consumers for Affordable Health Care **Contact ID:** 831  
**Address:** PO Box 2490 **County:** OTH  
**City:** Augusta **State:** ME **Zip Code:** 04338-2490  
**Phone:** (800) 965-7476 **Fax:**  
**Information:** www.maine cahc.org  
This is a non-profit organization committed to helping all Maine people obtain affordable, quality health care.

Refers people to: Free Clinics in Maine - most provide services only to people with no health insurance, or people who are also within certain income limits; Sliding Scale Clinics - these clinics give discounts based on household income; Help with Prescriptions; Hospital Sliding Scale Care; Hospital Free Care. Services also include helping families find quality health care in Maine; helping individuals and families advocate for more affordable health care; helping individuals to know and exercise their rights; providing training and education to consumers and policy makers; producing research and policy analysis. 12/18

**Organization Name:** Corpus Christi Parish **Contact ID:** 771  
**Address:** 70 Pleasant ST **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 872-2281 **Fax:**  
**Information:** Small discretionary account for emergencies. Also, a medical fund account for children. 10/15

**Organization Name:** CVS Pharmacies **Contact ID:** 1113  
**Address:** 1 Kennedy Memorial Drive **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 873-7161 **Fax:**  
**Information:** www.cvs.com  
 Extra Care Rewards program - the rewards are called "extra bucks". You get an ExtraCare card for free from the store and you earn 2% back with every purchase in-store and online at CVS/Pharmacy. Earn \$5 for every 10 prescriptions purchased. Every 3 months your "extra bucks" will pirint out on your store register receipt, or you can go online to print it off. Spend the bucks next time you shop! 12/18

**Organization Name:** DHHS - Emergency Assistance Program **Contact ID:** 987  
**Address:** 35 Anthony Ave **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 624-8090 **Fax:**  
**Information:** Program is for famiies with children under age of 21. For emergency situations due to: Natural disaster due to fire, flood or storm; repair or replacement of septic system, wells, chimney, plumbing, furnaces and heating stoves; evictions (not due to misuse of property); utility shut off; special equipment due to handicap which is not covered by MaineCare or Vocational Rehabilitation. Will require proof of income. Decisions are made within 10 days of receipt of an application. 12/18

**Organization Name:** Dorothy Ames Trust **Contact ID:** 266  
**Address:** Key Bank **County:** KEN  
**City:** **State:** NY **Zip Code:**  
**Phone:** (866) 238-8650 **Fax:**  
**Information:** Provides assistance to hearing impaired children. Need most recent audiologist report, estimate for cost of equipment or services, parent's most recent tax return or copy of check, detailed letter from parent stating reason for request, and whether parent could help with cost in any way. 12/18

**Organization Name: Energy & Housing Services - KVCAP****Contact ID: 271****Address:** 97 Water St.**County:** KEN**City:** Waterville**State:** ME**Zip Code:** 04901-**Phone:** (207) 859-1500**Fax:****Information:** ALSO AT: 22 Armory Rd., Augusta, ME 04330 - 622-4761  
26 Mary St., Skowhegan, ME 04976 - 474-8487 or 1-800-542-8227

LIHEAP - Provides a fuel assistance benefit to income eligible households. Applications are taken from end August through mid-July.

ECIP - Emergency Crisis Intervention Program - provides funds for households experiencing heating related emergencies, dependent upon funding availability from November to April.

LIAP - Low income Assistance Program - Assists eligible low-income customers pay their electric bills. Central Maine Power's LIAP benefit is calculated based on the relationship between the customer's total household income and the customer's annual kilowatt usage. Madison Electric's LIAP benefit is based upon the customer's percent of household income compared to the Federal Poverty Guidelines.

CHIP - Central Heating Improvement Program - Provides heating system replacement and repairs and/or provide oil tank replacement to Low-Income Home Energy Assistance Program (LIHEAP) eligible households. This program provides jobs to heating vendors and purchases material from building supply companies which help to stimulate the local economy.

HEAP WEATHERIZATION- Provides weatherization services to Low-Income Home Energy Assistance Program (LIHEAP) eligible households to reduce home heating costs and to conserve energy. In addition to lower heating costs for clients and conserving energy, this program stimulates the economy by providing jobs to local weatherization contractors and purchasing of materials from area vendors.

Central Maine Power Line Extension Assistance Program - Provides CMP customers eligibility certification for the CMP Line Extension Assistance Program to assist with the cost for installation of poles and lines to new residences.

Home Repair Program - offers resources to provide home repair services to homeowners so that they may maintain a safe, decent living environment. 1/19

**Organization Name: EyeCare America****Contact ID: 985****Address:****County:** KEN**City:** San Francisco**State:** CA**Zip Code:** 94142-**Phone:** (877) 887-6327**Fax:****Information:** [www.secure.eyecareamerica.org/online/match/](http://www.secure.eyecareamerica.org/online/match/)

A public service program of the Foundation of the American Academy of Ophthalmology, provides free eye exams for qualifying seniors. Must be 65 or older and has not seen an eye doctor in 3 or more years. Eligible individuals receive a comprehensive medical eye exam and up to one year of care for any disease diagnosed during the initial exam at no out-of-pocket cost. To determine if you or a senior family member qualifies call the number above or visit the website. 8/15



**Organization Name:** Family Wize Prescription Discount Card **Contact ID:** 1114  
**Address:** **County:** KEN  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 222-2818 **Fax:**  
**Information:** www.familywize.org

Discount drug cards for families and individuals with no insurance, have declined coverage, work part-time, are laid off and not on COBRA, have high deductibles or waiting periods, need a medication not covered by their plan, have a co-pay higher than FamilyWize price, seniors aren't enrolled in Medicare Part D. Obtain by printing your card from familywize.org, or download the app to your smartphone or call them.

United Way of Mid-Maine at 105 Kennedy Memorial Drive in Waterville aslo has these cards available in their office. 873-0686 10/17

**Organization Name:** Farm Fresh Rewards Nutrition Incentive Program **Contact ID:** 1083  
**Address:** **County:** OTH  
**City:** **State:** ME **Zip Code:**  
**Phone:** (207) 338-6575 **Fax:**  
**Information:** Check farmfreshrewards.org for a current list of participating stores.

When buying SNAP eligible, local food with SNAP/EBT, the customer receives vouchers at the point of sale at the register, as soon as the transaction is completed. Get a \$5 fruit and veggie voucher for every \$5 you spend on local food. The customer can't use the vouchers in the same transaction that they were earned. Also, keep an eye on the expiration date on the voucher. FOR EXAMPLE: If a customer spent \$28.50 on SNAP-eligible,local food with SNAP/EBT, they would receive \$25 in vouchers to be spent on local fruits and vegetables. 12/18

**Organization Name:** First Choice Pregnancy **Contact ID:** 1115  
**Address:** 295 Kennedy Memorial Drive **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 872-5070 **Fax:**  
**Information:** www.firstchoicepregnancycenter.org  
They will give one time material assistance, such as diapers, and then they talk to you about the "Earn While You Learn" program. With this program they earn points by taking classes and they can use these points in their store to get items they need. They also do pregnancy tests and limited ultrasound. 12/18

**Organization Name:** Free Prescription Discount Cards **Contact ID:** 948  
**Address:** Town Offices **County:** SOM  
**City:** **State:** **Zip Code:**  
**Phone:** (877) 321-2652 **Fax:**  
**Information:** This is thru CVS Care Mark. It covers: Somerset, Cumberland, Lincoln, Hancock, Kennebec, Knox, Penobscot, Sagadahoc, Waldo, Washington and York counties. There is no enrollment form, no membership fee, one card, immediate use. There are no limits, you and your family may use your prescription discount card any time your prescription is not covered by insurance. There are no restrictions and no limits on how many times you may use your card. Visit your town office. 12/18

**Organization Name:** Fuel the Care **Contact ID:** 912  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (603) 653-9899 **Fax:**  
**Information:** Irving Oil's community program, Fuel the Care, covers travel costs for families traveling between home and hospital when their children need medical care. There are 3 criteria and you must meet one of them: 1) Financial need, 2) travel one hour or more and 3) specialty care services.

If your child is a patient at one of the following healthcare systems, and you would like more information about our Fuel the Care program, please contact the following: Eastern Maine Healthcare Systems, contact your case worker at the EMHS hospital where your child is receiving services. 1/19

**Organization Name:** General Assistance **Contact ID:** 276  
**Address:** Health & Welfare Office **County:** KEN  
16 Cony St.  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-2325 **Fax:**  
**Information:** ALSO: 626-2326  
ALSO AT: 6 Church St., Gardiner, ME 04345 - 582-1000;  
1 Common St., Waterville, ME 04901 - 872-7131 ext. 275  
Safety net program. 24 hour eligibility status. Assists with basic individual needs such as: housing, utilities, food, clothing and medication. If after business hours call 2-1-1. 1/19

**Organization Name:** Goodwill Industries of Northern New England Regional **Contact ID:** 277  
**Office**  
**Address:** 243 Leighton Rd. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-0170 **Fax:** (207) 622-3517  
**Information:** Also at 295 Kennedy Memorial Dr., Waterville Phone: 680-2192  
Provides employment, residential, educational and support services to individuals experiencing barriers to social and economic independence. 1/19

**Organization Name:** Grandparents Raising Grandchildren **Contact ID:** 886  
**Address:** **County:** OTH  
**City:** **State:** ME **Zip Code:**  
**Phone:** (866) 554-5360 **Fax:**  
**Information:** The AARP Foundation Benefits Outreach Program connects families to important resources through its new on-line free tool called Benefit QuickLINK. This tool helps people to find out if their family may qualify for 15 of the most valuable public benefit programs for older adults and for children.  
Grandparents raising grandchildren can use this tool to determine if they are eligible for a variety of public benefits for children. Simply:  
1. Go to [www.aarp.org/quicklink](http://www.aarp.org/quicklink)  
2. Answer a short list of questions  
3. Download fact sheets and applications for programs 09/15

**Organization Name:** HELP FIX ME **Contact ID:** 852  
**Address:** **County:** OTH  
**City:** **State:** ME **Zip Code:**  
**Phone:** (800) 367-1317 **Fax:**  
**Information:** Spay/neuter program for low income households. Cats \$10.00/Dogs \$20.00. Need proof of one of the following: TANF, SSI, SSD, MaineCare or SNAP (Food Stamps). The goal of the program is to reduce shelter intakes and euthanasia. This is why the program is restricted to cats and mostly pit bulls, pit bull mixes, --these are the animals filling our shelters. 1/19

**Organization Name:** Inner Faith Resource Fund **Contact ID:** 1116  
**Address:** **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:**  
**Phone:** (207) 872-7564 **Fax:**  
**Information:** This is a conglomeration of area churches to provide assistance for emergency situations to area people with things like electricity, rent, oil, etc. There is not a specific person to contact, you should see a local Pastor. If you need more guidance you can contact the Pleasant Street United Methodist Church at the number listed. 1/19

**Organization Name:** Lions Club **Contact ID:** 765  
**Address:** Contact Person **County:** KEN  
**City:** Clinton **State:** ME **Zip Code:** 04927-  
**Phone:** (207) 426-8845 **Fax:**  
**Information:** Website: www.maine1ions.org Contact  
person Lions Club - Nancy Wright of Clinton. Applicants can apply to Lions Club for financial assistance for eyeglasses, hearing aids and cell phones for domestic violence victims. 1/19

**Organization Name:** Maine Breast Cancer Coalition **Contact ID:** 863  
**Address:** 499 Broadway **County:** OTH  
PMB 362  
**City:** Bangor **State:** ME **Zip Code:** 04401-3650  
**Phone:** (800) 928-2644 **Fax:**  
**Information:** www.mainebreastcancer.org  
The fund provides underserved residents of Maine with financial assistance for breast health/breast cancer related items or services. Services covered in-part: mammograms, bras and prostheses, biopsy costs, wigs, prescriptions, and transportation costs. 1/19

**Organization Name: Maine Car Seat Distribution Program****Contact ID: 1155****Address:** Dept of Public Safety  
45 Commerce Dr., Suite 1  
104 State House Station**County: KEN****City:** Augusta**State:** ME**Zip Code:** 04333-**Phone:** (207) 626-3840**Fax:****Information:** To determine eligibility you must be able to provide one of the following:

WIC nutrition program folder with current dated vouchers

Letter from Maine Care indicating program participation

Letter from the TANF or SNAP agency indicating current program participation OR a current dated letter of correspondence from either of the agencies to the family, discussing participation

Once income eligibility is determined, parents/caregivers must also provide, non-expired, visual proof of Maine residency:

State of Maine Driver's License

State of Maine Identification

Maine Tribal Identification

Letter of Refugee Resettlement by Catholic Charities accompanied by the Refugee's photo and I-94 number

Fostering license/certification

High School Photo Identification card a. Pregnant teens that are too young for obtaining a driver's license will need a family member to bring a vehicle to the car seat distribution appointment.

This service is available by appointment only. Make sure to plan ahead, there may be a slight wait time to meet with a technician. Your child will need to be present during the appointment. For expecting families the appointment can not be scheduled more than one month before the due date. Following is the link to the Car Seat Distribution Program: <https://www.maine.gov/dps/bhs/child-passenger-safety/index.shtml>

The Bureau of Highway Safety also has partner locations around the State of Maine where people can make an appointment with a certified car seat technician for car seat installation assistance, education, and guidance.

Services that Technicians may provide include, but are not limited to, inspecting your car seat to see if you have it installed correctly, providing education when to transition to another car seat type, re-inspecting your car seat when you have moved it to another vehicle, or car seat placement in a vehicle where all the seats need to be occupied. Following is the link to the Car Seat Inspection site: <https://www.maine.gov/dps/bhs/child-passenger-safety/index.shtml> 1/19

**Organization Name:** Maine InfantSEE **Contact ID:** 979  
**Address:** **County:** KEN  
**City:** St Louis **State:** MO **Zip Code:** 63141-  
**Phone:** (888) 396-3937 **Fax:**  
**Information:** www.infantsee.org Call the toll free number or go to their web site for a list of participating optometrists in your area. Direct line: (314) 983-4160  
 Even if no eye or vision problems are apparent, the American Optometric Association recommends scheduling your baby's first eye assessment at 6 months.

InfantSEE®, a public health program, managed by Optometry Cares® - the AOA Foundation, is designed to ensure that eye and vision care becomes an essential part of infant wellness care to improve a child's quality of life. Under this program, participating optometrists provide a comprehensive infant eye assessment between 6 and 12 months of age as a no-cost public service. Things that the Optometrist will test for include:

- excessive or unequal amounts of nearsightedness, farsightedness, or astigmatism
- eye movement ability
- eye health problems

1/19

**Organization Name:** Maine Rx Card **Contact ID:** 1117  
**Address:** **County:** KEN  
**City:** **State:** **Zip Code:**  
**Phone:** **Fax:**  
**Information:** www.mainerxcard.com  
 As a resident of Maine, you and your family have access to a statewide Prescription Assistance Program (PAP). Create and print your FREE discount prescription drug card. This card will provide you with Rx medication savings of up to 75% at more than 68,000 pharmacies across the country including CVS/pharmacy, Hannaford, Osco, Target, Walgreens and many more. You can create as many cards as you need. We encourage you to give cards to friends and family members. This card is pre-activated and can be used immediately. 1/19

**Organization Name:** MaineCare **Contact ID:** 813  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** **Fax:**  
**Information:** Call 2-1-1 1/19

**Organization Name:** MaineGeneral Community Care W.I.C. Nutrition Program **Contact ID:** 282  
**Address:** 11 State House Station **County:** KEN  
 Key Bank Plaza, 4th Floor  
**City:** Augusta **State:** ME **Zip Code:** 04333-  
**Phone:** (207) 287-3991 **Fax:**  
**Information:** ALSO: 1-800-437-9300 - State agency  
 ALSO AT: Community Care, 6 E Chestnut St - Ste 330, Augusta, ME 04330 - 626-6350;  
 Community Care, 10 Water St - Ste 214, Waterville, ME 04901 - 861-3580;  
 Community Care, 165 North Ave., Skowhegan, ME 04976 - 861-3593  
 Outreach clinic sites - Pittsfield, Madison, Winthrop and Gardiner.  
 Program runs off income guidelines unless you are receiving SNAP, TANF or MaineCare then you automatically qualify. It is a nutrition program that provides healthy food benefits for pregnant and nursing women 6 months to a year and children to age 5. 1/19

**Organization Name:** Merck Pharmaceuticals **Contact ID:** 952  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 727-5400 **Fax:**  
**Information:** Call between 8 am - 8 pm ET -  
[www.merckhelps.com/programs](http://www.merckhelps.com/programs)  
 Merck has several programs with two of the most well known being: Merck Patient Assistance Program which helps indigent and uninsured patients; and Merck Vaccine Patient Assistance Program.  
 Merck Patient Assistance Phone: (800)727-5400  
 Merck Vaccine Patient Assistance Phone: (800) 293-3881  
 Patients can call or visit website to obtain brochure and an enrollment form which will need to be filled out by patient and the physician. 1/19

**Organization Name:** Miracle-Ear Foundation **Contact ID:** 550  
**Address:** 5000 Cheshire Parkway, N **County:** OTH  
**City:** Plymouth **State:** MN **Zip Code:** 55446-  
**Phone:** (800) 234-5422 **Fax:**  
**Information:** [www.miracle-earfoundation.org](http://www.miracle-earfoundation.org)  
 The Miracle-Ear Foundation™ serves and supports children and adults who have a hearing loss. Our Gift of Sound program provides at no-cost\* hearing aids and hearing support services to families or individuals who have incomes that are significantly limited, who are unable to afford the high costs of quality hearing instruments, and who have exhausted all possible resources for their hearing health. Hearing challenges are unique, every application for service and support is considered on an individual basis. The recommended hearing aid style will depend on a person's specific hearing condition and circumstances. The Waterville location that works with Miracle-Ear is (207) 616-3164. Please call them for assistance. 1/19

**Organization Name:** Money Management International **Contact ID:** 270  
**Address:** 477 Congress St., 5th FL **County:** OTH  
**City:** Portland **State:** ME **Zip Code:** 04101-  
**Phone:** (888) 845-5669 **Fax:**  
**Information:** [www.moneyManagement.org](http://www.moneyManagement.org)  
 Financial counseling services. Services include: budget counseling, education programs, credit report reviews, debt repayment plan. Takes calls 24 hrs a day to make an appointment, but only 8 am to 4 pm to see someone. They can also counsel you over the phone. 1/19

**Organization Name:** MSHA (Maine State Housing Authority) **Contact ID:** 280  
**Address:** 353 Water St. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-4600 **Fax:**  
**Information:** ALSO: 1-800-452-4668  
[www.mainehousing.org](http://www.mainehousing.org)  
 Provides general information and referral regarding housing programs (including low income housing), inquiries regarding landlord tenant relations. 1/19

**Organization Name:** New Eyes for the Needy **Contact ID:** 982  
**Address:** 549 Millburn Ave **County:** KEN  
**City:** Short Hills **State:** NJ **Zip Code:** 07078-  
**Phone:** (973) 376-4903 **Fax:**  
**Information:** www.new-eyes.org  
 Founded in 1932, New Eyes for the Needy is a non-profit, non-sectarian volunteer organization that purchases new eyeglasses for poor children and adults in the US. The organization also recycles donated glasses for distribution to indigent people in developing nations worldwide. They have provided free eyeglass to more than 8 million people in the US and around the world. 1/19

**Organization Name:** Office for Family Independence **Contact ID:** 1002  
**Address:** 442 Civic Center Dr 11 State House **County:** OTH  
 Station  
**City:** Augusta **State:** ME **Zip Code:** 04333-0011  
**Phone:** (800) 442-6003 **Fax:** (207) 287-3455  
**Information:** Direct: 207-624-4168  
 My Maine Connection allows people to apply on line. Go to [www.maine.gov/mymaineconnection](http://www.maine.gov/mymaineconnection). This covers SNAP (food supplement program), Medical Assistance, TANF, Child Care 1/19

**Organization Name:** Office of Aging & Disability Services **Contact ID:** 274  
**Address:** 41 Anthony Ave **County:** KEN  
 11 State House Station  
**City:** Augusta **State:** ME **Zip Code:** 04333-  
**Phone:** (207) 624-8060 **Fax:**  
**Information:** 800-452-1926  
 Supports Maine's older and disabled adults by providing Adult Protective, Brain Injury, Other Related Conditions, Intellectual and Developmental Disability, Long Term Care, and Aging and Community services to the people of Maine. 1/19

**Organization Name:** Partnership for Prescription Assistance **Contact ID:** 908  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (888) 477-2669 **Fax:**  
**Information:** <http://www.pparx.org/>  
 Call or visit the website to find out if your are eligible for free or reduced prescription drugs. 1/19

**Organization Name:** Pfizer RxPathways **Contact ID:** 1118  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (866) 706-2400 **Fax:**  
**Information:** [www.pfizerRxpath.com](http://www.pfizerRxpath.com)  
 This is a comprehensive assistance program that provides eligible patients with a range of support services, including insurance counseling, co-pay assistance, and access to medicines for free or at a savings.

Pfizer works with uninsured people, but if patients have prescription coverage, but still cannot afford their Pfizer primary care medicines, they may be able to get them for free. 1/19

**Organization Name:** Pleasant Point Pass **Contact ID:** 268  
**Address:** PO Box 351 **County:** OTH  
**City:** Perry **State:** ME **Zip Code:** 04667-  
**Phone:** (207) 853-0711 **Fax:**  
**Information:** Offers assistance with health care services for members of the Passamaquoddy tribe, Alaskan natives and federally recognized tribal members. 10/15

**Organization Name:** RCAM - Rural Community Action Ministry **Contact ID:** 1119  
**Address:** 81 Church Hill Rd **County:** KEN  
**City:** Leeds **State:** ME **Zip Code:** 04263-  
**Phone:** (207) 524-5095 **Fax:** (207) 524-2202  
**Information:** They serve 13 rural towns spanning Kennebec, Androscoggin and Oxford counties. The towns in Kennebec that are in their service area are Litchfield, Monmouth and Wayne. Their services are for low-income individuals, many at risk of homelessness. They provide fuel assistance, CMP disconnection assistance, shelter, food, minor home repairs, and transportation for the elderly for doctors' appointments. They also assist with home gardens. 1/19

**Organization Name:** SafeLink Wireless **Contact ID:** 953  
**Address:** 9700 N.W. 112th Avenue **County:** OTH  
**City:** Miami **State:** FL **Zip Code:** 33178-  
**Phone:** (800) 977-3768 **Fax:**  
**Information:** www.safelinkwireless.com  
SafeLink Wireless Lifeline Services you can receive a Free SafeLink Wireless phone and Free cellular plan that gives you 68 minutes every month. To qualify must participate in one of the following; Emergency Assistance Program, Home Energy Assistance Program, MaineCare, Food Stamps, SSI, TANF. No one else in household can have a SafeLink phone and must have a valid United States Postal Address, P.O. Boxes cannot be accepted. To apply visit online or call 800 number. 1/19

**Organization Name:** Salvation Army **Contact ID:** 96  
**Address:** 179 Main St., Suite 313 **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 872-2172 **Fax:**  
**Information:** ALSO AT: 36 Eastern Ave, Augusta, ME 04330 - 207-623-3752  
www.use.salvationarmy.org/nne  
Waterville open Tuesday 9 - 2:30  
Augusta open Tues - Friday 9 - 2:30. There are no clothing stores open now. Helps with emergency needs such as: financial assistance, rental assistance (no deposit), oil/gas/heat, electricity (denial slip and disconnect notice), housing (provide list and phone service to call landlords). Will pay for lights, oil and rent once per year, eligibility guidelines. Use of telephone, newspaper for finding rent and job. Household items available for fire victims after being called from Red Cross.  
Contact your town office for Salvation Army representative in your town. (Augusta, Waterville, Sidney, Chelsea, Hallowell and Winslow) 12/18



**Organization Name:** Shriners International Headquarters **Contact ID:** 907  
**Address:** 2900 Rocky Point Dr **County:** OTH  
**City:** Tampa **State:** FL **Zip Code:** 33607-  
**Phone:** (800) 237-5055 **Fax:**  
**Information:** Or, to dial direct: 813-281-0300  
[www.shrinershospitalsforchildren.org](http://www.shrinershospitalsforchildren.org)  
 Parents or case managers can refer a child to the Shriners Hospital and will be connected to a nurse. The parent can then make an appointment to meet with the doctor. The doctor would determine who the parent would see that day. They could see orthodontics, surgery, dentistry, physical therapist, occupational therapist, and dietician so that all the people that they need to see can be seen in one day. There are no fees for this service and no co pays or deductible even if the parents have insurance.

The Springfield Hospital covers bone, joint and muscle issues. Chest wall deformation is also something that can be taken care of at Shriners Hospital. Scoliosis can be treated. They would do a body scan to measure the scoliosis and the chest wall. Scoliosis and other rare conditions are treated by telemedicine in some areas so that the family will not have to travel until surgery.

Orthotics are also done by the Shriners. They make prosthesis' and braces on site.

They can transport if necessary. There are two shriner centers. One center in Lewiston and one center in Bangor. Waterville south is dealt with at the Lewiston center and Waterville north is dealt with at the Bangor center. The families can be driven or the Shriners can rent a car for the family. They focus on the wellbeing of the family. They do transitions into the adult medical field and work to make it go smoothly. Care for the children ends at the age of 21.

Nearest locations to Maine for: Orthopedic conditions would be Springfield, MA Phone: 413-787-2000 or 800-322-5905. Burn victims would go to Boston, MA Phone: 617-722-3000 or 800-255-1916 1/19

**Organization Name:** Sight for Students - VSP Program **Contact ID:** 981  
**Address:** **County:** KEN  
**City:** **State:** **Zip Code:**  
**Phone:** (888) 290-4964 **Fax:** (916) 463-9040  
**Information:** [www.sightforstudents.org](http://www.sightforstudents.org)  
 Sight for Students is a (Vision Service Plan) VSP charity that provides free vision exams and glasses to low-income, uninsured children. The program operates nationally through a network of community partners who identify children in need and VSP network doctors who provide the eyecare services.

More than 50,000 children each year receive a free comprehensive exam and corrective lenses if needed through Sight for Students. These are children who would otherwise not receive the eyecare and eyewear they need to do their best work in school and perform their best at play. 1/19

**Organization Name:** Skowhegan Lions Club **Contact ID:** 1120  
**Address:** PO Box 1025 **County:** SOM  
**City:** Skowhegan **State:** ME **Zip Code:**  
**Phone:** (207) 474-5242 **Fax:**  
**Information:** Contact is Bob. Applicants can apply to Lions Club for financial assistance for eyeglasses, hearing aids and cell phones for domestic violence victims. 1/19

**Organization Name:** Spectrum Generations **Contact ID:** 757  
**Address:** 38 Gold St. **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (800) 639-1553 **Fax:** (207) 622-7857  
**Information:** www.spectrumgenerations.org  
 ALSO: We have three community centers for Kennebec and Somerset County.  
 Spectrum Generations Muskie Community Center, 38 Gold St., Waterville, ME 04901 Phone: 873-4745 Hrs: Mon thru Fri 7:30 am - 4 pm  
 Spectrum Generations Community Center, 30 Leavitt St., Skowhegan, ME 04976 Phone: 474-8552 Hrs: Mon, Weds, Fri 9 am - 1 pm  
 Spectrum Generations William S. Cohen Community Center, 22 Town Farm Rd, Hallowell, ME 04347 Phone 626-7777 Mon thru Fri 8:00 am - 4 pm  
 Provides an array of options for vital and independent living through a toll-free Information and Help Line staffed by experienced people, and a network of Community Centers spread through Central Maine. Center activities for active adults include computer classes at cyber cafes, dancing, trips, games, fitness classes, music, and craft lessons. Ongoing educational activities encompass health screenings, guest speaker presentations, and support group meetings. Services available include customized help at home with taxes, insurance, transportation, adult day care, caregiver respite, Meals on Wheels, and on-site dining.  
 The Agency's corporate office is located in Augusta. For more information call 1-800-639-1553, or visit us at website above. 1/19

**Organization Name:** Telephone Assistance **Contact ID:** 875  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** **Fax:**  
**Information:** US Cellular 1-800-447-1339  
 www.lifelinesupport.org  
 Low income persons with cell phones through US Cellular may be eligible for a discount if their income is at or below 135% of federal poverty guidelines, or receive Heap, SNAP(food stamps), SSI, Medicaid, TANF, Section 8 Housing, National school lunch program or reside on tribal lands. Contact should be made to the main office for US Cellular to get the details on how to receive the discount or apply on line. Verizon has no discounts.1/19

**Organization Name:** The Haines Charity **Contact ID:** 971  
**Address:** Waterville City Hall **County:** KEN  
 1 Common St  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 680-4200 **Fax:**  
**Information:** The City's Health and Welfare Director and staff will assist applicants applying for help. The Charity Committee meets monthly and applications must be submitted by the first Friday of the month. To be eligible you must be a resident for 90 days prior to receiving assistance and can not have received General Assistance from the City in the past 90 days. Assistance is limited to a quarterly basis. The Committee will attempt to provide for: food, clothing, rent or rental deposits, fuel, utilities, medical assistance (including eye glasses or hearing aids) and basic household necessities. 1/19

**Organization Name:** The Patsy Takemoto Mink Education Foundation **Contact ID:** 882  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** **Fax:**

**Information:** www.patsyminkfoundation.org  
The Patsy Takemoto Mink Education Foundation for Low Income Women and Children accepted applications for Education Support Awards in 2018 and gave out 5 up to \$5,000 to be used for direct school or living expenses while enrolled. Low-income mothers who are pursuing education or training are eligible to apply. Must be female, at least 17 with minor children and pursuing a vocational certificate, Associate's degree, Bachelor's degree, or master's/doctoral degree. Low income is less than \$20,000 for family of 2; less than \$24,000 for family of 3 and less than \$28,000 for family of 4. For application and further information go to website given above. 1/19

**Organization Name:** Universalist Unitarian Church **Contact ID:** 777  
**Address:** 69 Silver St **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 474-7370 **Fax:**  
**Information:** Contact person: Maili Bailey  
Administer the evening sandwich program. Sunday thru Friday evenings, between 4 and 5 p.m. 10/17

**Organization Name:** USDA Rural Development **Contact ID:** 920  
**Address:** **County:** OTH  
**City:** Bangor **State:** ME **Zip Code:**  
**Phone:** (800) 352-8963 **Fax:**  
**Information:** This is all for the 504 Repair and Rehabilitation Loan Program  
www.RD.USDA.gov/me  
State Office: Bangor 207-990-9110  
Bangor Area 207-990-3676 Ext 4 For Hancock, Knox, Penobscot, Piscataquis, Somerset and Waldo counties  
And, 207-883-0159 Ext 4 For Androscoggin, Franklin, Kennebec, and Oxford counties. Provides low interest rehabilitation and repair loans for elderly and low income for updating or purchasing a new central heating system; pellet stove; replacing or adding insulation; replacing doors and/or windows; updating an electrical system; installing a well and/or septic system; repairing a foundation; making your home handicap accessible; other repairs. They also help with closing costs when purchasing and appraisal fees. 9/15

**Organization Name:** Vision USA **Contact ID:** 984  
**Address:** **County:** KEN  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 766-4466 **Fax:**  
**Information:** www.aoafoundation.org/vision-usa/  
VISION USA was established in 1991 to provide basic eye examinations to Americans in need, and is currently available in 39 states and the District of Columbia. AOA member optometrists donate their services at no cost. The AOA Foundation, provides free eye exams to uninsured, low-income workers and their families.

If you need an eye exam and do not have insurance and cannot afford one, work with your social worker, case worker, charitable organization or agency to submit an application on your behalf for VISION USA services.

DECEMBER 2018 NOT AVAILABLE PLANNING TO RELAUNCH IN JANUARY 2019

## Food Assistance & Food Banks

<b>Organization Name:</b> Farm Fresh Rewards Nutrition Incentive Program			<b>Contact ID:</b> 1082
<b>Address:</b>	Maine Farmland Trust		<b>County:</b> OTH
<b>City:</b>	Belfast	<b>State:</b> ME	<b>Zip Code:</b> 04915-
<b>Phone:</b>	(207) 338-6575	<b>Fax:</b>	

**Information:** Check farmfreshrewards.org for a current list of participating stores.  
 MaineHarvestBucks.org  
 When buying SNAP eligible, local food with SNAP/EBT, the customer receives vouchers at the point of sale at the register, as soon as the transaction is completed. Get a \$5 fruit and veggie voucher for every \$5 you spend on local food. The customer can't use the vouchers in the same transaction that they were earned. Also, keep an eye on the expiration date on the voucher. FOR EXAMPLE: If a customer spent \$28.50 on SNAP-eligible, local food with SNAP/EBT, they would receive \$25 in vouchers to be spent on local fruits and vegetables. 8/20

Maineharvestbucks.org. At the Farmer's Market - for every \$1 you spend on your EBT card, you earn \$1 in bonus Maine Harvest Bucks to be spent on fresh fruits and veggies at the market. These can be redeemed the same day, or at your next visit.

<b>Organization Name:</b> Farmers Markets-Kennebec County			<b>Contact ID:</b> 1176
<b>Address:</b>			<b>County:</b> KEN
<b>City:</b>		<b>State:</b>	<b>Zip Code:</b>
<b>Phone:</b>		<b>Fax:</b>	

**Information:** Augusta - Summer - Tuesdays 2-6pm, 1 Water Street, Augusta  
 Augusta - Winter - Tuesdays 2-5pm, 70 State Street, Augusta  
  
 Belgrade Lakes - Memorial Day - Sept., Sundays 8-1pm, 137 Main St., Belgrade  
 BelgradeLakesMarket@gmail.com  
  
 Unity - May-Nov, Sat 9-1pm, 32 School St., Unity  
  
 Vassalboro Food Station - Thursdays, 11-12pm, 179 Bog Rd, Vassalboro  
 www.vassalboro.net/food\_station.html

Downtown Waterville Farmers' Market - April - Dec, Thursdays, 2-6pm, Common Street  
 Jan-March, Thursdays, 2-6pm, Colby Building downtown  
 www.watervillefarmersmarket.org

<b>Organization Name:</b> Farmers Markets-Somerset County			<b>Contact ID:</b> 1177
<b>Address:</b>			<b>County:</b> SOM
<b>City:</b>		<b>State:</b>	<b>Zip Code:</b>
<b>Phone:</b>		<b>Fax:</b>	

**Information:** Fairfield Farmer's Market - Wednesdays, 2-6pm  
 May-Oct, Saturdays, 9:30am - 1:30 pm, Nazarene parking lot  
 www.fairfieldme.com  
  
 Skowhegan Farmer's Market - May-Oct, every Saturday, 9-1pm @ Grist Mill  
 Nov-April, 1st and 3rd Saturdays, 10-1pm @ Boynton's Greenhouse  
 www.skowheganfarmersmarket.com

**Organization Name:** FSET - Maine Food Supplement Employment and Training Program

**Contact ID:** 1193

**Address:** 11 State House Station

**County:** KEN

**City:** Augusta

**State:** ME

**Zip Code:** 04330-

**Phone:** (855) 797-4357

**Fax:**

**Information:** FSET helps Food Supplement recipients get job training and education so they can find and keep good paying jobs. FSET is available at no cost and helps with training, tuition, transportation, and other supports. Participants are eligible if they receive SNAP and are not receiving TANF cash assistance. They must be willing and able to work upon completion of FSET. Services include job search training and assistance, vocation training (including Adult Education, certificate and degree programs), help with transportation or childcare costs to get to training, tools, equipment and books for training, as well as job retention services. If already enrolled in a Food Supplement, contact a service provider near you. If not enrolled in Food Supplement, you may apply at: [www1.Maine.gov/benefits](http://www1.Maine.gov/benefits).

8/20

**Organization Name: Kennebec County**

**Contact ID: 1080**

**Address:**

**County: KEN**

**City:**

**State:**

**Zip Code:**

**Phone:**

**Fax:**

**Information:**

www.maine.gov/dacf/ard/tefap/Kennebec.shtml - director of food pantry and assistance programs in Kennebec County. Wwww.maine.gov/dacf/ard/tefap/Somerset.shtml for Somerset County and www.maine.gov/dacf/ard/tefap/Walso.shtml for Waldo County

**ALBION - Loaves & Fishes**

123 Benton Rd., Albion, ME Tel. 437-2299/437-2732

Hours of operation: 1st & 3rd Thursday 9-11 am

**AUGUSTA - Augusta Food Bank**

161 Mt. Vernon Ave., Augusta, ME 04330 Tel. 213-2233

Hours of operation: Monday thru Thursday 12:30 - 2:30 pm, 2nd Wednesday, 5:00-7:00 pm

**BELGRADE - Belgrade-Rome Special Needs Food Pantry**

6 Manchester Road, Belgrade, ME 04917 Tel. 495-2202 or Town Office 495-2258

Hours of operation: Tuesdays 9 - 11 am

**CHELSEA - River Rock Food Pantry**

65 River Road, Chelsea, ME 04330 Tel. 622-7031

Hours of operation: Monday 3-4:30 pm, Wednesday 10:30 am to noon

**CHINA - China Community Food Pantry**

1320 Lakeview Drive at Parmenter Terrace, China, ME 04926 Tel. 968-2421

Hours of operation: Friday and Saturday 12 noon - 1 pm

**CLINTON - Community Food Bank**

Beside the Methodist Church

2nd & 4th Tuesdays 4:30 - 5:30 pm

**GARDINER - Chrysalis Place/Gardiner Food Bank**

576 Brunswick Rd, Gardiner, ME 04345 Tel. 582-5507

Hours of operation: Tuesday 6 - 8 pm, Thursday 1 - 3 pm

**GARDINER - Faith Food Pantry**

280 Brunswick Ave., Gardiner, ME 04345 Tel. 582-5507

Hours of operation: 1st, 2nd & 3rd Fridays noon to 2:30 and 4th Saturday 9 to 11 am; if there is a 5th Friday then they are open noon to 2:30 pm

**HALLOWELL - Hallowell Food Bank, Inc.**

Perley's Lane (Basement of Hallowell Fire Dept) Hallowell, ME 04347 Tel. 333-0947

Hours of operation: Friday 1 - 2:30 pm

**LITCHFIELD - Litchfield Community Food Bank**

1881 Hallowell Rd, Litchfield, ME Tel. 582-4098

Hours of operation: Thursday 12 - 2 pm

**MONMOUTH - Monmouth Food Pantry**

776 Main Street, Monmouth, ME 04259 Tel. 933-2502

Hours of operation: Tuesday 11 am to noon & 5:30 - 6:30 pm

**MOUNT VERNON - First Baptist Church Food Bank**

321 Pond Road, Mount Vernon, ME Tel. 293-2273 or 293-2141

Hours of operation: Saturday 10 am - 12 noon

NORTH MONMOUTH Food Pantry  
151 North Main Street, North Monmouth, ME 04265 Tel. 933-2400  
Hours of operation: Monday 5:30 - 6:00 pm and Thursday 4:30 - 5 pm

OAKLAND - Oakland Food Bank  
20 West School Street (United Methodist Church), Oakland, ME 04963 Tel. 465-5259  
Hours of operation: Thursdays 4:00 - 6:00 pm

RANDOLPH - Janice's Food Pantry  
72 Windsor St., Randolph, ME Tel. 582-5283  
Hours of operation: Sundays and Wednesdays noon to 1 pm

SIDNEY - Sidney Food Cupboard  
3020 West River Road, Sidney, ME 04330 Tel. 805-6362  
Hours of operation: 2nd & 4th Wednesdays 9:00 am to noon and 4:30 to 6 pm

**SCHOOL FOOD PANTRIES IN WATERVILLE FOR STUDENT AND THEIR FAMILIES ONLY**

George J. Mitchell	58 Drummond Ave	Tel. 873-0695	Weds & Fri 3 pm - 4 pm
Albert S. Hall	27 Pleasant St	Tel. 872-8071	Weds 10-11 am; Fri 2-3 pm
Waterville Jr High	100 West River Rd	Tel. 873-2144	Thurs 2:15 - 3 pm

UNITY - Unity Regional Food Pantry, School Street, Unity, ME 04988 Tel. 948-6232  
Hours of operation: 3rd Saturday, 7-8 pm  
Loaves & Fishes Food Pantry, School Street, Unity, ME 04988 Tel. 437-2732  
Hours of operation: 1st and 3rd Thursday, 9-11 am

VASSALBORO - Vassalboro Food Station  
Rt. 32 (next to fire station), N. Vassalboro, ME 04962 Tel. 873-7375  
Hours of operation: Thursdays 11:00 am to 12 noon

WATERVILLE - Greater Waterville Area Food Bank  
Pleasant Street United Methodist Church  
61 Pleasant St., Waterville, ME 04901 Tel. 616-0363  
Hours of operation: Monday through Thursday screening is 8:30-10:30 am with distribution 9 am - 11 am (except holidays); also Monday evenings 5:30 - 7 pm

Meals on Wheels, Muskie Center, 38 Gold St., Waterville Tel. 873-4745 deliveries Tues, Thurs  
Spectrum Generations, Muskie Center, 38 Gold St., Waterville Tel. 873-4745, M-F 11:30-1pm, Friday, 8-10am  
Sandwich Program, First Baptist Church, 1 Park St., Waterville (no tel #), Saturday, 3-4pm  
Evening Sandwich Program, UU Church, 69 Silver St., Waterville (no tel#), Sunday-Friday, 4-5pm  
Sacred Heart Soup Kitchen, Sacred Heart Church, 70 Pleasant St., Waterville Tel. 872-2572, M-F 11:30-12:30  
St. Francis Soup Kitchen, 70 Pleasant St., Waterville Tel. 872-2572, Sat 11-12pm

Mid-Maine Homeless Shelter  
19 Colby Street, Waterville, ME 04903 Tel. 872-8082  
Hours of operation: Fridays 1:00 - 3:00 pm and on emergency basis

WINDSOR - Windsor Food Bank  
523 Ridge Rd - Town Hall, Windsor, ME 04363 Tel. 445-2998/577-1851  
Hours of operation: 1st & 3rd Thursdays of each month 6:00 pm - 8:00 pm

WINSLOW - St. Johns Food Pantry  
26 Monument St (back entrance), Winslow, ME Tel. 872-2281/680-6421  
Hours of operation: 3rd Wednesday 10:30 am - 12:30 pm

WINTHROP - Winthrop Food Pantry  
25A High Street, Winthrop, ME 04364 Tel. 377-3332

***Food Assistance & Food Banks***

Hours of operation: Thursday 1 - 2:30 pm  
2nd & 4th Thursdays 5 - 6:30 pm      Updated: 5/21



**Organization Name: Somerset County**

**Contact ID: 1081**

**Address:**

**County: SOM**

**City:**

**State:**

**Zip Code:**

**Phone:**

**Fax:**

**Information:** ANSON - Center Point Church, 16 Church St., Anson, ME 04911 Tel. 696-8188, Tuesdays 10 - 12 pm

BINGHAM AREA - Food Pantry, St. Peters Rectory Basement, Owens St., Bingham, ME 04912  
3rd Tuesday, 8 am -12 pm

CANAAN - Canaan Community Food Bank  
272 Main St (Rt 2 - across from Post Office), Canaan Tel. 474-5408  
Hours of operation: 1st & 3rd Mondays 1-3 pm (Snow days or holidays open on Tuesdays)

CORNVILLE - Cornville Athens Food Cupboard  
493 West Ridge Road, Cornville Tel. 654-3071/776-3257  
Hours of operation: 2nd Saturday of month 9 - 11 am

FAIRFIELD - Fairfield Interfaith Food Pantry  
23 Lawrence Ave., Fairfield, ME 04937 Tel. 509-9972  
Hours of operation: 1st & 3rd Thursdays 9 am to noon  
Fairfield Food Bank, First Baptist Church, 12 Newhall St., Fairfield, ME 04937 Tel. 453-0170  
call for details

HARTLAND - Tri-Town Food Cupboard  
9A Hubbard Ave., Hartland, ME 04943 Tel. 938-3283 Food Cupboard or Patricia 938-3283  
Hours of operation: Wednesdays 9:30 - 11:30 am

JACKMAN - Jackman Food Cupboard  
369 Main Street, Jackman, ME 04945 Tel. 668-5962/668-2111  
Hours of operation: 3rd Wednesday of month 1:00 - 2:00 pm or on demand

MADISON - People Who Care Food Cupboard  
108 Old Point Ave, (basement of former Old Point School) Madison, ME 04950 Tel. 858-5342/696-3971  
Hours of operation: Wednesdays 9 am - 12 noon

NORRIDGEWOCK - Norridgewock Community Food Cupboard  
227 Waterville Road, Norridgewock, ME 04957 Tel. 634-4116  
Hours of operation: 1st & 3rd Tuesdays 9-11 am; 2nd & 4th Tuesdays 9 - 10 am

PITTSFIELD - Community Christmas Project  
128 Conners St., Downtown Parking Lot (behind Main St) Pittsfield, ME Tel. 487-5497  
Hours of operation: Tuesday and Friday 9 am to 12 noon

SKOWHEGAN - Skowhegan Community Food Cupboard  
16 Cariani St (in back of Butler's Dry Cleaning), Skowhegan, ME 04976  
Tel. Cupboard 474-9249 or David 215-9825  
Hours of operation: Monday, Friday 10:00 - 11:00 am, Wednesday 4:30 - 6:00 pm

Trinity Evangelical Food Pantry, Trinity Evangelical Church, 12 McLellan St., Skowhegan, ME 04976 Tel. 474-8833. Hours of operation: Monday, Wednesday, Friday 10:00 am - 4:00 pm.  
Trinity Evangelical Soup Kitchen - Hours of Operation: Mon-Fri 11:45 - 12 pm, Saturday 11:45 - 12:15 pm, Sunday, 12 - 1:00 pm. Also: Mon-Fri 4:45 - 5:15 pm, Saturday 7 - 8 pm, Sunday 4:45 - 5:15 pm.

St. Anthony's Soup Kitchen, St. Anthony's Church, 287 Water St., Skowhegan, ME 04976 (no tel#),

hours of operation: Monday, Tuesday and Thursday, 4:30 - 5:00 pm

**SMITHFIELD Food Pantry**

926 Village Rd, Smithfield, ME 04978 Tel. 362-4772

Hours of operation: Monday through Friday 8 - 11:45 am & 12:30 - 4:00 pm (must call ahead)

**SOLON Food Closet**

School and Pleasant Streets, Solon, ME 04979 Tel. 643-2855

Hours of operation: 2nd & 4th Thursday & Friday 9 am - 11 am and 12:30 - 2:30 pm

**STARKS Food Cupboard**

Chicken Street, Starks, ME 04911 Tel. 399-3137

Hours of operation: 1st & 3rd Wednesdays 10 am - 12 noon

Updated: 7/19

# Health Care Providers

**Organization Name:** A- FOR UP-TO-DATE LIST OF MEDICAL PROVIDERS  
SEE YELLOW PAGES IN PHONE BOOK

**Contact ID:** 429

**Address:**

**County:** OTH

**City:**

**State:**

**Zip Code:**

**Phone:**

**Fax:**

**Information:**

**Organization Name:** AA-COMMON MEDICAL TERMS

**Contact ID:** 432

**Address:**

**County:** OTH

**City:**

**State:**

**Zip Code:**

**Phone:**

**Fax:**

**Information:** Alcohol & Drug Abuse - Addiction Psychiatry  
Arthritis - Rheumatology  
Bladder Prostate/Urinary - Urology  
Blood - Hematology  
Blood Vessels - Vascular Surgery  
Bones & Joints - Orthopedic Surgery  
Cancer - Oncology  
Chest - Thoracic Surgery  
Childbirth - Obstetrics & Gynecology  
Children - Pediatrics  
Digestive System - Gastroenterology  
Ears & Throat - Otolaryngology  
Elder - Geriatrics  
Eye & Vision Care - Ophthalmology  
Feet - Podiatry  
Female Reproduction - Obstetrics & Gynecology  
Glands - Endocrinology & Metabolism  
Heart - Cardiology  
Infants - Neonatology  
Kidneys - Nephrology  
Liver - Hepatology  
Lungs/Respiratory - Pulmonary  
Mental Health - Psychiatry  
Nervous System Disorders - Neurology  
Skin - Dermatology  
X-ray - Radiology

**Organization Name:** Acadia Hospital

**Contact ID:** 305

**Address:** 268 Stillwater Ave

**County:** OTH

**City:** Bangor

**State:** ME

**Zip Code:** 04405-

**Phone:** (207) 973-6100

**Fax:**

**Information:** [www.acadiahospital.org](http://www.acadiahospital.org)

Acadia Hospital provides a wide array of treatment options for children, adolescents and adults living with a mental illness. We also offer substance abuse treatment services for adolescents and adults. All of our mental health and addiction treatment services revolve around our mission—to empower people to improve their lives. 1/19

**Organization Name:** Augusta Family Planning **Contact ID:** 966  
**Address:** 43 Gabriel Dr. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-3426 **Fax:** (207) 621-8393  
**Information:** <http://www.maineconomyplanning.org/directories/24-81/augusta-family-planning>  
Hours: Monday 10 to 6 , Wednesday 9 to 5, Friday 8 to 4  
Call for a same-day appointment. Comfortable environment with warm, caring counselors and clinicians; confidential information. They provide affordable, quality reproductive health care services. They see patients of any age, gender, and income level.  
Services Include: Pregnancy testing and options counseling, gynecological and pelvic exams, Pap smears and colposcopy, Breast exams, Birth control methods and supplies, including Emergency contraception, HIV and STD Testing, Testing and treatment of urinary, vaginal and sexually transmitted infections, Pre-natal consultation, Referrals for adoptions, pre-natal care, or abortion care.  
1/19

**Organization Name:** Bingham Area Health Center **Contact ID:** 442  
**Address:** PO Box 746, 237 Main St. **County:** SOM  
**City:** Bingham **State:** ME **Zip Code:** 04920-  
**Phone:** (207) 672-4187 **Fax:**  
**Information:** Family practice, rural health center. Fee is based on income if you have no insurance. Monday thru Friday 7:30 am to 4:30 pm  
1/19

**Organization Name:** Central Maine OB GYN **Contact ID:** 117  
**Address:** 12 High St., Suite 200 **County:** OTH  
**City:** Lewiston **State:** ME **Zip Code:** 04240-  
**Phone:** (207) 795-5770 **Fax:**  
**Information:** 1/19

**Organization Name:** Downeast Health Services-Family Planning **Contact ID:** 258  
**Address:** 52 Christian Ridge Road **County:** OTH  
**City:** Ellsworth **State:** ME **Zip Code:** 04605-  
**Phone:** (207) 667-5304 **Fax:**  
**Information:** Also at: 1-800-492-5550 for WIC and Maine Families  
Clinic Sites: Ellsworth, Machias and Calais. For Family Planning call direct: 812-7030. For Dental Services call direct: 667-0293  
1/19

**Organization Name:** Edmund N. Ervin Pediatric Center **Contact ID:** 1034  
**Address:** 6 E Chestnut St, 3rd FL **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 623-6500 **Fax:**  
**Information:** Preventive health education, health screenings, nutritional assessment, parent counseling. The Pediatric Behavioral Medicine Clinic (PBMC) is an interdisciplinary evaluation team consisting of a psychologist, developmental pediatrician, social worker, behavior specialist and public health nurse. Evaluations are available for children 3-13 years of age who may have a variety of behavioral issues e.g. hyperactivity, anxiety disorders, depression, aggression...  
The PBMC includes the:  
A. Pediatric Psychology Services: These services are for children who need psychological evaluation, behavioral management consultation, counseling and family based intervention.  
B. Clinical Social Work Services: These services include psycho-social assessments, counseling, and behavioral management consultation for children and their families.  
C. Developmental Medicine and Neuro-Behavioral Follow-up Services: Consultation and follow-up with the developmental pediatrician for behavioral, neurological and developmental problems  
D. Psychopharmacological Medicine Clinic: Weekly clinics to review and follow-up children on psychopharmacological medication.  
E. School Linked Services: Prevention/intervention/treatment services for school-aged children and families.  
F. Autism Spectrum Program: Home and center based assessment and treatment program. The teaching technique is a discrete trial training program. 1/19

**Organization Name:** Family Medicine Institute **Contact ID:** 438  
**Address:** 15 East Chestnut St. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-1561 **Fax:**  
**Information:** Also: 800-514-2269  
Family practice residency. 1/19

**Organization Name:** Franklin Memorial Hospital **Contact ID:** 293  
**Address:** 111 Franklin Health Commons **County:** OTH  
**City:** Farmington **State:** ME **Zip Code:** 04938-  
**Phone:** (207) 778-6031 **Fax:**  
**Information:** Also: 800-398-6031 1/19

**Organization Name:** Good Samaritan Agency **Contact ID:** 453  
**Address:** 100 Ridgewood Drive **County:** OTH  
**City:** Bangor **State:** ME **Zip Code:** 04401-  
**Phone:** (207) 942-7211 **Fax:**  
**Information:** goodsamaritanbangor.org  
Good Samaritan Agency provides alternative education for high school age young women that are pregnant or parenting. We also provide adoption services within the state of Maine and have a childcare program for the students first, then former teen parents and finally, for the community at large. 1/19

**Organization Name:** Hometown Health Center **Contact ID:** 1122  
**Address:** 118 Moosehead Trail, Suite 5 **County:** SOM  
**City:** Newport **State:** ME **Zip Code:** 04953-  
**Phone:** (207) 368-4213 **Fax:**  
**Information:** Formerly Seabasticook Family Doctor's - changed DBA

Also, Pittsfield location: 140 Chandler St PHONE: (207)487-9244

Hours: 7 AM to 5:30 PM Has a sliding fee scale, accepts MaineCare and private insurance.  
2/17

**Organization Name:** Hospice Volunteers of Waterville Area **Contact ID:** 439  
**Address:** 304 Main Street **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 873-3615 **Fax:**  
**Information:** Several services available, but those relating to health care would be: Direct Care Services where they give in-home non-medical support and respite. Most other programs relate to grieving support for children, women, men, survivors of suicide, widow and widower's. Lay bereavement volunteers meet with adults and young adults who have experienced a loss. Grieve support groups and resources. Camp Ray of Hope - annual weekend retreat for grieving families, and Hope's Place which is peer support groups for grieving children 3 to 18 yrs of age. 1/19

**Organization Name:** Jackman Community Health Center **Contact ID:** 443  
**Address:** 376 Main Street **County:** SOM  
**City:** Jackman **State:** ME **Zip Code:** 04945-  
**Phone:** (207) 668-2691 **Fax:**  
**Information:** Our center is open Monday through Friday, from 8 a.m. to 5 p.m.

We provide family medicine services to patients of all ages. In addition, our medical staff is on call 24 hours per day, seven days per week for emergencies and providers still offer home visits as needed. 1/19

**Organization Name:** Kennebec Pharmacy and Home Care **Contact ID:** 612  
**Address:** **County:** KEN  
43 Leighton Rd.  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-2726 **Fax:**  
**Information:** Rocport location: 594-0888  
Provides respiratory services: home oxygen, nebulizers, cpaps,; provides equipment: commodes, walkers, beds, wheel chairs, scooters, etc; provides ostomy supplies and all times of bandages. The pharmacy does specialized compounds. 1/19

**Organization Name:** Madison Area Health Center **Contact ID:** 826  
**Address:** 8 South Main Street **County:** SOM  
**City:** Madison **State:** ME **Zip Code:** 04950-  
**Phone:** (207) 696-3992 **Fax:**  
**Information:** Family practice. Fee is based on income if you do not have insurance. Mon & Weds 7:30 - 4:30; Tues & Thurs 7:30 - 6 and Fri 7:30 - 4 1/19

**Organization Name:** Maine Breast and Cervical Health Program (MBCHP) **Contact ID:** 800  
**Address:** Maine Dept. of Health and Human Services  
11 State House Station **County:** OTH  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (800) 350-5180 **Fax:**  
**Information:** ALSO: 207-287-8068  
TTY - 800-438-5514  
You May Get Free Services If:  
1. You are a Maine woman, age 40\* or older, and  
2. You meet income guidelines at or below 250% of the Federal Poverty Level  
\* Limited openings for women age 35-39 who have seen a doctor and need additional tests for a possible breast or cervical cancer OR if they have not had a Pap in 5 or more years. 1/19

**Organization Name:** Maine Dartmouth Family Practice **Contact ID:** 434  
**Address:** 149 North St **County:** SOM  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 861-5000 **Fax:**  
**Information:** OR: 888-822-4011 at the Thayer Campus 1/19

**Organization Name:** Maine Family Planning **Contact ID:** 1036  
**Address:** Augusta Family Planning  
43 Gabriel Dr **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-3426 **Fax:** (207) 621-8393  
**Information:** Maine Family Planning's mission is to ensure that all Maine people have access to high-quality, affordable reproductive health care, comprehensive sexual health education, and the right to control their reproductive lives.  
ALSO AT: Waterville Family Planning 18 Silver St., Waterville, ME (207)509-3267 Fax: (207)660-4204  
Skowhegan Family Planning 188 Madison Ave., Skowhegan, ME (207)612-5000 Fax: (207)612-5011 1/19

**Organization Name:** MaineCare Provider Relations **Contact ID:** 433  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 452-4694 **Fax:**  
**Information:**

**Organization Name:** MaineGeneral Community Care **Contact ID:** 444  
**Address:** MaineGeneral Home Care and Hospice  
10 Water St., Suite 307 **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 861-6293 **Fax:**  
**Information:** Also: 800-670-6959 04 877-561-7299  
Home care services that help people of all ages and medical conditions. Assist those healing from surgery, recovering from an accident or illness or requiring help to maintain their independence and remain where they want to be, at home. Rehabilitation Services provided to homebound and other patients who require treatment in the home for conditions that limit their functioning in the community. 1/19

<b>Organization Name:</b>	<b>MaineGeneral Medical Center</b>	<b>Contact ID:</b>	295
<b>Address:</b>	Alfond Center for Health 35 Medical Center Parkway	<b>County:</b>	KEN
<b>City:</b>	Augusta	<b>State:</b>	ME
<b>Phone:</b>	(207) 626-1000	<b>Zip Code:</b>	04330-
<b>Information:</b>	Also: MaineGeneral Campus at 149 North St in Waterville, ME 04901 SAME PHONE 1/19		
<b>Organization Name:</b>	<b>MaineGeneral Medical Center, Thayer Center for Health</b>	<b>Contact ID:</b>	297
<b>Address:</b>	149 North St.	<b>County:</b>	KEN
<b>City:</b>	Waterville	<b>State:</b>	ME
<b>Phone:</b>	(207) 626-1000	<b>Zip Code:</b>	04901-
<b>Information:</b>	Also: 1-800-734-8222 Provides a wide range of high-quality outpatient hospital services and programs. 1/19		
<b>Organization Name:</b>	<b>Mayo Regional Hospital</b>	<b>Contact ID:</b>	296
<b>Address:</b>	897 West Main Street	<b>County:</b>	OTH
<b>City:</b>	Dover-Foxcroft	<b>State:</b>	ME
<b>Phone:</b>	(207) 564-8401	<b>Zip Code:</b>	04426-
<b>Information:</b>	1/19		
<b>Organization Name:</b>	<b>Northern Light Eastern Maine Medical Center</b>	<b>Contact ID:</b>	292
<b>Address:</b>	489 State St.	<b>County:</b>	OTH
<b>City:</b>	Bangor	<b>State:</b>	ME
<b>Phone:</b>	(207) 973-7000	<b>Zip Code:</b>	04401-
<b>Information:</b>	Also: 877-366-3662 1/19		
<b>Organization Name:</b>	<b>Northern Lights Inland Hospital</b>	<b>Contact ID:</b>	304
<b>Address:</b>	200 Kennedy Memorial Drive	<b>County:</b>	KEN
<b>City:</b>	Waterville	<b>State:</b>	ME
<b>Phone:</b>	(207) 861-3000	<b>Zip Code:</b>	04901-
<b>Information:</b>	Also 1-800-491-8600 1/19		
<b>Organization Name:</b>	<b>Northern Lights Seabasticook Valley Hospital</b>	<b>Contact ID:</b>	302
<b>Address:</b>	447 North Main St.	<b>County:</b>	SOM
<b>City:</b>	Pittsfield	<b>State:</b>	ME
<b>Phone:</b>	(207) 487-4000	<b>Zip Code:</b>	04967-
<b>Information:</b>	TTY 487-4590 www.seabasticookvalleyhealth.org 1/19		
<b>Organization Name:</b>	<b>Pen Bay Womens Health Center</b>	<b>Contact ID:</b>	121
<b>Address:</b>	3 Glen Cove Drive	<b>County:</b>	OTH
<b>City:</b>	Rockport	<b>State:</b>	ME
<b>Phone:</b>	(207) 921-8900	<b>Zip Code:</b>	04856-
<b>Information:</b>	FAX: (207) 596-8930 ALSO AT: 1-800-287-9531 1/19		



**Organization Name:** Philips Life Line **Contact ID:** 611  
**Address:** 111 Lawrence St. **County:** OTH  
**City:** Framingham **State:** MA **Zip Code:** 01702-  
**Phone:** (800) 451-0525 **Fax:**  
**Information:** Provide response service for individuals who live alone. The customer wears a pendant or wrist wear to push on for help. Everything is waterproof so it can be worn 24 hrs a day. They have wireless and landline versions available. Also a fall down service so if they can't push the button the sensors will detect it and notify them. The Life Line has 24 hour monitoring. This is a private pay, or sometimes Medicaid will cover. 1/19

**Organization Name:** Public Health Nursing **Contact ID:** 431  
**Address:** Key Plaza, 7th Floor **County:** KEN  
State House Station #11  
**City:** Augusta **State:** ME **Zip Code:** 04333-0011  
**Phone:** (207) 287-2656 **Fax:**  
**Information:** Central Referrals - 1-877-763-0438  
ALSO: 1-800-698-3624 TTY 287-8015  
98 North Ave., Skowhegan, ME 04976 - 474-4808 or 1-800-452-4602  
Work with prevention and control of communicable diseases. Promotion through advocacy, education and home visits. Have Well-Child Clinics. Statewide eligibility for free services. 1/19

**Organization Name:** Redington-Fairview General Hospital **Contact ID:** 298  
**Address:** 46 Fairview Avenue **County:** SOM  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-5121 **Fax:**  
**Information:** Address: PO Box 468, Skowhegan 1/19

**Organization Name:** Rockland Family Planning **Contact ID:** 260  
**Address:** Bok Medical Arts **County:** OTH  
Building  
22 White St, Suite 101  
**City:** Rockland **State:** ME **Zip Code:** 04841-  
**Phone:** (207) 594-3114 **Fax:**  
**Information:** www.maineconomyplanning.org 1/19

**Organization Name:** Skowhegan Family Planning **Contact ID:** 965  
**Address:** 188 Madison Ave. **County:** Som  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 612-5000 **Fax:**  
**Information:** Hours: Tuesday 10:30 to 6:00 and Thursday 9:00 to 4:30  
Serving Somerset County - Professional Reproductive Healthcare Services  
Call for a same-day appointment. Comfortable environment with warm, caring counselors and clinicians; confidential information; confidential services; easy to find, private location; low fees/sliding fee scale; MaineCare & insurance are welcome.  
Services Include: Gynecological and pelvic exams, Pap smears, Breast exams, Birth control methods and supplies, Emergency contraception, HIV Testing - Confidential (by appointment only), Pregnancy tests, Pregnancy options counseling, Pre-natal consultation, Colposcopy, Testing and treatment of urinary, vaginal and sexually transmitted infections, Referrals for adoptions, Services for men, Services for mid-life women 1/19

<b>Organization Name: St. Joseph Hospital</b>				<b>Contact ID: 299</b>
<b>Address:</b>	360 Broadway			<b>County: OTH</b>
<b>City:</b>	Bangor	<b>State: ME</b>	<b>Zip Code: 04401-</b>	
<b>Phone:</b>	(207) 262-1000	<b>Fax:</b>		
<b>Information:</b>	www.stjoeshealing.org	1/19		

  

<b>Organization Name: St. Mary's Hospital</b>				<b>Contact ID: 300</b>
<b>Address:</b>	93 Campus Ave.			<b>County: OTH</b>
<b>City:</b>	Lewiston	<b>State: ME</b>	<b>Zip Code: 04240-</b>	
<b>Phone:</b>	(207) 777-8100	<b>Fax:</b>		
<b>Information:</b>	www.stmarysmaine.com	1/19		

  

<b>Organization Name: The Maine Children's Home for Little Wanderers</b>				<b>Contact ID: 449</b>
<b>Address:</b>	93 Silver St.			<b>County: KEN</b>
<b>City:</b>	Waterville	<b>State: ME</b>	<b>Zip Code: 04901-</b>	
<b>Phone:</b>	(207) 873-4253	<b>Fax:</b>	(207) 872-7548	
<b>Information:</b>	www.mainechildrenshome.org Services include a Teen Parent School Program for pregnant and parenting teens; The Children's Place, a comprehensive early childcare and education facility; an outpatient mental health counseling center; community education programs; an Adoption Program with Birthparent Services, Home Studies, and Placement (infant and international); a Christmas Program; and a Summer Camp Scholarship Program. 1/19			

  

<b>Organization Name: Waldo County General Hospital</b>				<b>Contact ID: 303</b>
<b>Address:</b>	118 Northport Ave.			<b>County: OTH</b>
<b>City:</b>	Belfast	<b>State: ME</b>	<b>Zip Code: 04915-</b>	
<b>Phone:</b>	(207) 338-2500	<b>Fax:</b>		
<b>Information:</b>	www.wcgh.org	1/19		

  

<b>Organization Name: Waterville Family Planning</b>				<b>Contact ID: 964</b>
<b>Address:</b>	18 Silver St.			<b>County: KEN</b>
<b>City:</b>	Waterville	<b>State: ME</b>	<b>Zip Code: 04901-</b>	
<b>Phone:</b>	(207) 509-3267	<b>Fax:</b>	(207) 660-4204	
<b>Information:</b>	http://www.mainefamilyplanning.org/directories/24-82/waterville-family-planning Hours: Monday 10:30 to 6 , Wednesday 8 to 3:30, Friday 8 to 3:30 Call for a same-day appointment. Comfortable environment with warm, caring counselors and clinicians; confidential information. They provide affordable, quality reproductive health care services. They see patients of any age, gender, and income level. Services Include: Pregnancy testing and options counseling, gynecological and pelvic exams, Pap smears and colposcopy, Breast exams, Birth control methods and supplies, including Emergency contraception, HIV and STD Testing, Testing and treatment of urinary, vaginal and sexually transmitted infections, Pre-natal consultation, Referrals for adoptions, pre-natal care, or abortion care. 1/19			

# Health Services

**Organization Name:** Consumers for Affordable Health Care **Contact ID:** 994  
**Address:** PO Box 2490 **County:** OTH  
**City:** Augusta **State:** ME **Zip Code:** 04338-2490  
**Phone:** (800) 965-7476 **Fax:**  
**Information:** www.maineakahc.org  
 This is a non-profit organization committed to helping all Maine people obtain affordable, quality health care.  
 Services include: Free Clinics in Maine - most provide services only to people with no health insurance, or people who are also within certain income limits; Sliding Scale Clinics - these clinics give discounts based on household income; Help with Prescriptions; Hospital Sliding Scale Care; Hospital Free Care. Services also include helping families find quality health care in Maine; helping individuals and families advocate for more affordable health care; helping individuals to know and exercise their rights; providing training and education to consumers and policy makers; producing research and policy analysis. 1/19

**Organization Name:** Familywise Prescription Services **Contact ID:** 1179  
**Address:** 99 High Street, Suite 2800 **County:** OTH  
**City:** Boston **State:** MA **Zip Code:** 02129-  
**Phone:** (800) 222-2818 **Fax:**  
**Information:** info@familywise.org. A nationwide pharmacy discount card is available whether or not one has health insurance coverage. The prescription discount card is accepted at pharmacies nationwide, including major chains and independents. FamilyWise has partnered with these pharmacies to provide the lowest possible price on prescription drugs. The Drug Price Lookup Tool shows what the FamilyWise price is for prescriptions by entering the drug name and patient zip code.

**Organization Name:** Good Rx **Contact ID:** 972  
**Address:** 255 Santa Monica **County:** OTH  
 Blvd 5th  
 Floor  
**City:** Santa Monica **State:** CA **Zip Code:** 90401-  
**Phone:** (888) 799-2553 **Fax:**  
**Information:** http://www.goodrx.com/  
 Every week we collect millions of prices and discounts from pharmacies, drug manufacturers and other sources. Use GoodRx's drug price search to compare prices (just like you do for travel or electronics on other sites) for your prescription at pharmacies near you. We don't sell the medications, we tell you where you can get the best deal on them. Simply put in the med name and zip code and it will bring up the cost of the med at various local pharmacies, generics included. It also includes mail-order prices, including RxOutreach. 1/19

**Organization Name:** Homeward Bound - DHHS **Contact ID:** 986  
**Address:** 32 Blossom Lane SHS #11 **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (800) 499-0229 **Fax:**  
**Information:** A Program to Help Nursing Home Residents Transition to the Community. To be eligible, individuals must be 18 or older, have resided in a nursing home or hospital for 90 days by time of discharge, received MaineCare for at least one day in this setting and need nursing home level of care. 8/15

**Organization Name:** **Maine Rx Plus** **Contact ID:** 973  
**Address:** Dept of Human Services **County:** OTH  
**City:** Augusta **State:** ME **Zip Code:** 04333-  
**Phone:** (866) 796-2463 **Fax:**  
**Information:** www.maine.gov/dhhs/mainerx  
Maine Rx Plus is a new benefit sponsored by the Maine Department of Human Services to help reduce the high cost of prescription drugs for qualifying Mainers. Once you're enrolled, you can show your card at participating pharmacies in Maine for healthy savings on a wide range of approved prescription drugs.  
Saves 15% on brand name drugs.  
Saves up to 60% on generic drugs. 1/19

**Organization Name:** **MedHelp Maine** **Contact ID:** 1124  
**Address:** **County:** KEN  
**City:** **State:** **Zip Code:**  
**Phone:** (207) 793-4462 **Fax:**  
**Information:** medhelpmaine@zwi.net  
They are able to provide guidance to medical practice personnel in obtaining free or low cost patient medications. 1/19

**Organization Name:** **Northern Lights Inland Hospital - Tree of Hope** **Contact ID:** 1123  
**Address:** 180 Kennedy Memorial Dr **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 861-6091 **Fax:**  
**Information:** inlandhospital.org Healthy Outlook on Postpartum Experiences  
1/7 Women and 1/10 men suffer Postpartum Depression. Meetings held every Tuesday from 10 am to noon and the last Saturday of every month from 9 - 11 AM. These are in the Medical Arts Building Conference Room. Please contact Bridgette Gemelli for more information at above number. 1/19

**Organization Name:** Shriners Hospital

**Contact ID:** 906

**Address:**

**County:** OTH

**City:**

**State:**

**Zip Code:**

**Phone:**

(800) 237-5055

**Fax:**

**Information:**

Parents or case managers can refer a child to the Shriners Hospital and will be connected to a nurse. The parent can then make an appointment to meet with the doctor. The doctor would determine who the parent would see that day. They could see orthodontics, surgery, dentistry, physical therapist, occupational therapist, and dietician so that all the people that they need to see can be seen in one day. There are no fees for this service and no co pays or deductible even if the parents have insurance.

The Springfield Hospital covers bone, joint and muscle issues. Chest wall deformation is also something that can be taken care of at Shriners Hospital. Scoliosis can be treated. They would do a body scan to measure the scoliosis and the chest wall. Scoliosis and other rare conditions are treated by telemedicine in some areas so that the family will not have to travel until surgery.

Orthotics are also done by the Shriners. They make prosthesis' and braces on site.

They can transport if necessary. There are two shriner centers. One center in Lewiston and one center in Bangor. Waterville south is dealt with at the Lewiston center and Waterville north is dealt with at the Bangor center. The families can be driven or the Shriners can rent a car for the family. They focus on the wellbeing of the family. They do transitions into the adult medical field and work to make it go smoothly. Care for the children ends at the age of 21.

Nearest locations to Maine:

Orthopedic Conditions would be Springfield, MA Phone: 413-787-2000 or 800-322-5905

Burn Victims would be Boston, MA Phone: 617-722-3000 or 800-255-1916

1/19

# Home Health

**Organization Name:** Assistance Plus **Contact ID:** 483

**Address:** 11 East Ave **County:** KEN

**City:** Benton **State:** ME **Zip Code:** 04901-

**Phone:** (207) 453-4708 **Fax:**

**Information:** State licensed home health agency who provides skilled nursing visits, Certified Nurses Aide and Personal Care Attendants as well as homemaker services. Also provides PDN 4-6 nursing services, case management services to children 0-20 with mental retardation and mental health issues, children's behavioral service program, in-home support program for adults, children and families, and day habilitation services. 1/19

**Organization Name:** Bridges In Home Care **Contact ID:** 796

**Address:** One Weston Court **County:** KEN  
PO Box 2309

**City:** Augusta **State:** ME **Zip Code:** 04338-2309

**Phone:** (207) 623-0761 **Fax:** (207) 623-0815

**Information:** ALSO: 1-800-876-9212; TTY 1-800-464-8703  
Statewide personal care and housekeeping service that specializes in: transportation, home health services, homemaking, personal and overnight care, laundry, general cleaning and errands, shopping, and personal emergency response systems. 1/19

**Organization Name:** Care & Comfort **Contact ID:** 795

**Address:** 180 Main St. **County:** KEN

**City:** Waterville **State:** ME **Zip Code:** 04901-

**Phone:** (207) 872-5300 **Fax:** (207) 873-6612

**Information:** ALSO: 1-800-366-5302  
A Medicaid certified home health agency with community support and mental health services for adults and children. Accepts private pay, private insurance, and Medicaid referrals. Services are currently being provided in Franklin, Kennebec, and Somerset Counties. 1/19

**Organization Name:** Helping Hands **Contact ID:** 479

**Address:** 32 College Ave, Suite 104 **County:** KEN

**City:** Waterville **State:** ME **Zip Code:** 04901-

**Phone:** (207) 873-0011 **Fax:**

**Information:** ALSO, Statewide: 1-800-777-8976  
Personal Care Attendants provides services such as: meal preparation, assist with routine body functions, i.e. dressing, grooming, health maintenance tasks, bathing and personal hygiene, various household tasks and transportation is offered once a week. 1/19

**Organization Name:** Home Care for Maine **Contact ID:** 482

**Address:** PO Box 358 **County:** KEN

**City:** Gardiner **State:** ME **Zip Code:** 04345-

**Phone:** (207) 582-8001 **Fax:**

**Information:** 1-800-639-3084  
www.homecareforme.org  
Physical location is: 347 Maine Ave., Farmingdale, ME 04344  
Medicare Certified State Licensed Home Health Agency provides nursing, home health aide services/CNA  
Also provides housekeeping, meal preparations, personal care, errands, transportation, and companionship. 1/19

**Organization Name:** MaineGeneral Home Care and Hospice

**Contact ID:** 474

**Address:**

**County:** KEN

**City:**

**State:**

**Zip Code:**

**Phone:**

(800) 466-3227

**Fax:**

**Information:**

Serves greater Kennebec and Somerset Counties. Medicare certified and State Licensed for HomeCare and Hospice.

Our Range of Services:

Medical/surgical and hospice RNs and LPNs for adults and children, including 24-hour on call; CNAs for personal care needs, such as bathing, meals and light housework; homemakers for errands, housework and meal preparation; social workers for counseling for such issues as finances, coping, bereavement, etc.; PT, OT, and ST in homes, schools, and nursing homes, including electrical stimulation, ultrasound, traction, and TENS; IV therapies with central lines, venipunctures, infusion pumps, TPN and chemotherapy; pre- and post-natal care including fetal monitoring; mental health nursing.

Hathaway Creative Center

10 Water Street, Suite 307

Waterville, Maine 04901

Phone: (207) 861-6200, toll free (800) 466-3227

Home Care & Hospice - Augusta and Gardiner

Phone: (207) 626-1700

877-561-7299

HomeCare & Hospice - Skowhegan

Phone: (207) 861-6200

In addition to HomeCare, other services include: hospice care; retired senior volunteer visits and telephone contact; medical care at your local health center; substance abuse treatment; and mental health nursing.

10/15

# Housing & Emergency Shelters

**Organization Name:** Affordable Housing of New England **Contact ID:** 962  
**Address:** 3 Stone Ledge Drive **County:** OTH  
**City:** Lewiston **State:** ME **Zip Code:** 04240-  
**Phone:** (207) 783-5098 **Fax:** (207) 782-2754  
**Information:** Property management services for low income and Section 8 housing. Also rentals for market rate available. 1/19

**Organization Name:** Arch Beta Apartments **Contact ID:** 1037  
**Address:** 21 Gray Birch Dr., Suite 1 **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 622-4908 **Fax:**  
**Information:** Section 8 housing for age 62 and over in Kennebec County; 10% of housing is for those under 62 and disabled. 1/19

**Organization Name:** Augusta Housing Authority **Contact ID:** 392  
**Address:** 33 Union St., #3 **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-2357 **Fax:**  
**Information:** [augustahousing.org/programs/housing-choice](http://augustahousing.org/programs/housing-choice). Call or email: [contact@augustahousing.org](mailto:contact@augustahousing.org). Provides Section 8 housing assistance for families, elderly and disabled people. Covers most of Kennebec county, please call for further information. 6/20

**Organization Name:** Betsy Ann Ross House of Hope **Contact ID:** 1187  
**Address:** PO Box 5661 **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 358-8491 **Fax:**  
**Information:** [www.barhh.org](http://www.barhh.org). Call or email: [aweeks@barhh.org](mailto:aweeks@barhh.org). Female veterans, female veterans with children. Advocate for VA benefits, legal aid, health and family services, financial and employment skills, teaching life skills classes. 6/20

**Organization Name:** Bread of Life Ministries **Contact ID:** 393  
**Address:** 155 Hospital Street **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-3479 **Fax:**  
**Information:** [www.mainebreadoflife.org](http://www.mainebreadoflife.org). Call or email: [housing@mainebreadoflife.org](mailto:housing@mainebreadoflife.org). Homeless Shelter - they have one for families and singles and another one for Veterans. The shelter has a resource center available. A place to search for housing, jobs, school assistance, GED development, application to college, mentoring and support from staff and volunteers. There is a combination of 82 units of housing for individuals and families in transitional short term housing and permanent housing situations. 6/20



**Organization Name:** Bridging the Gap **Contact ID:** 1162  
**Address:** 209 Eastern Ave **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 248-1782 **Fax:**  
**Information:** www.btgaugusta.org. Call or email: bridgingthegapaugusta@gmail.com General Office Hours: Mondays through Thursdays from 9 am - 3:00 pm. \*Please note: We may be in meetings or otherwise occupied. We do our best to return phone calls within 24 hours. Addie's Attic Clothing Bank & Basic Essentials Hygiene Pantry: Tuesdays and Thursdays from 10 am - 2 pm. Clothing Donations: Please call the Addie's Attic Manager at 207-458-7088. Resource Connection: Please call for an appointment: 207-530-0184  
Augusta Community Warming Center: TBA (December thru March) 6/20

**Organization Name:** Capital Area New Mainers Project (CANMP) **Contact ID:** 1190  
**Address:** 70 State Street, PO Box 5712 **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04332-  
**Phone:** (207) 370-5246 **Fax:**  
**Information:** www.newmainersproject.org. Email: newmainersproject@gmail.com. A cross-cultural organization that welcomes immigrants and works to build a thriving, integrated community in central Maine. Better Housing Program CANMP offers grants and micro-loans to help families pay for security deposits and other costs associated with moving to more appropriate housing. We also negotiate with local landlords and serve as co-signers on rental agreements for properties that we sublease to immigrant families. 6/20

**Organization Name:** Community Concepts **Contact ID:** 932  
**Address:** 240 Bates St **County:** SOM  
**City:** Lewiston **State:** ME **Zip Code:** 04240-  
**Phone:** (800) 866-5588 **Fax:**  
**Information:** www.community-concepts.org Housing Services, Emergency Services, Home Education, Home Ownership Repair & Energy Service 1/19

**Organization Name:** Family Violence Project **Contact ID:** 397  
**Address:** PO Box 304 **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 623-8637 **Fax:**  
**Information:** HOTLINE: 1-877-890-7788 - local - 623-3569 - 24 hour hotline www.familyviolenceproject.org. Call 877 # 24/7 or email: helpline@familyviolenceproject.org.  
Also at: PO Box 3104, Skowhegan, ME 04976, (207) 474-8860 - PO Box 51, Waterville, ME 04901 (207) 877-0835; Menswork Office PO Box 304, Augusta, ME 04330, (207) 620-8494  
Provides services to victims of domestic violence. Offered 24 hours a day for Kennebec and Somerset County residents. Call for appointment. 6/20

**Organization Name:** Fresh Starts @ NRF Distributors **Contact ID:** 1192  
**Address:** 485 Old Belgrade Rd **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** **Fax:**  
**Information:** www.freshstarts.me

**Organization Name: General Assistance****Contact ID:** 1184**Address:** Local**County:** OTH**City:****State:****Zip Code:****Phone:** (855) 797-4357**Fax:**

**Information:** www.maine.gov/dhhs/ofi/services/general-assistance. General assistance is a program administered through municipalities which purchases basic necessities for individuals who are without means to pay for such services. Applications for general assistance can be made at any local municipal office.

6/20

**Organization Name: Kennebec Behavioral Health****Contact ID:** 1185**Address:** 67 Eustis Parkway**County:** KEN**City:** Waterville**State:** ME**Zip Code:** 04901-**Phone:** (888) 322-2126**Fax:**

**Information:** www.kbhmaine.org/housing-outreach-services. Serves adults and youth with mental health and substance use disorders. Rental services: transitional housing; supported housing in Waterville, Skowhegan and Augusta; also offers assistance in completing applications for BRAP; Shelter Care Plus.

6/20

**Organization Name: KVCAP Energy & Housing Services**

**Contact ID: 400**

**Address:** 97 Water St.

**County:** KEN

**City:** Waterville

**State:** ME

**Zip Code:** 04901-

**Phone:** (207) 859-1637

**Fax:**

**Information:** Also: 800-542-8227  
www.kvcap.org

Housing -

Financial Capabilities Coaching - Promotes financial wellness as one-on-one coaching for financial literacy and capability, including budget preparation/management with focus on savings and building credit.

Pre-Purchase Education - Facilitates Homebuyer Education courses in live classes and an online format to assist potential homebuyers with understanding budgeting, financing, ownership and energy efficiency to ensure a successful experience as a first-time homebuyer.

Post-Purchase Counseling - Provides one-on-one consultation and analysis to assist homeowners with budgeting, home maintenance, refinancing, hazard insurance, etc. to help them succeed as homeowners.

Energy -

ALSO AT: 22 Armory Rd., Augusta, ME 04330 - 622-4761  
26 Mary St., Skowhegan, ME 04976 - 474-8487 or 1-800-542-8227

LIHEAP - Provides a fuel assistance benefit to income eligible households. Applications are taken from end August through mid-July.

ECIP - Emergency Crisis Intervention Program - provides funds for households experiencing heating related emergencies, dependent upon funding availability from November to April.

LIAP - Low income Assistance Program - Assists eligible low-income customers pay their electric bills. Central Maine Power's LIAP benefit is calculated based on the relationship between the customer's total household income and the customer's annual kilowatt usage. Madison Electric's LIAP benefit is based upon the customer's percent of household income compared to the Federal Poverty Guidelines.

CHIP - Central Heating Improvement Program - Provides heating system replacement and repairs and/or provide oil tank replacement to Low-Income Home Energy Assistance Program (LIHEAP) eligible households. This program provides jobs to heating vendors and purchases material from building supply companies which help to stimulate the local economy.

HEAP WEATHERIZATION- Provides weatherization services to Low-Income Home Energy Assistance Program (LIHEAP) eligible households to reduce home heating costs and to conserve energy. In addition to lower heating costs for clients and conserving energy, this program stimulates the economy by providing jobs to local weatherization contractors and purchasing of materials from area vendors.

Central Maine Power Line Extension Assistance Program - Provides CMP customers eligibility certification for the CMP Line Extension Assistance Program to assist with the cost for installation of poles and lines to new residences.

Home Repair Program - offers resources to provide home repair services to homeowners so that they may maintain a safe, decent living environment.

1/19

**Organization Name:** Maine Continuum of Care (MCOC) **Contact ID:** 1189  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** **Fax:**  
**Information:** www.mainehomelessplanning.org/maine-coc. Scott Tibbetts, CoC Planning & Grants Coordinator - stibbetts@mainehousing.org. A group of service providers who work together in a collaborative planning process to develop programs that address homelessness and helps Maine people avoid or exit quickly from homelessness. The group also addresses the underlying causes of homelessness and provides funding to local agencies. 6/20

**Organization Name:** Maine State Housing Authority **Contact ID:** 995  
**Address:** 353 Water St **County:** OTH  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-4600 **Fax:**  
**Information:** www.mainehousingsearch.org  
This web site allows you to look for available rental housing with contact information. 6/20

**Organization Name:** Maine State Housing Authority **Contact ID:** 402  
**Address:** 353 Water St. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-4519  
**Phone:** (207) 624-5789 **Fax:**  
**Information:** ALSO: 1-866-357-4853 or (207) 626-4600. www.mainehousing.org. Assistance for people with disabilities, seniors and veterans, home energy assistance, Lead hazard reduction, property tax and rent refund, smoke free housing. Offers various programs and services that make decent, safe housing more affordable and accessible to Maine people. Housing voucher program, rental listings, assistance purchasing and Section 8 housing for the entire state.  
The Emergency Rental Assistance Program can assist with Covid related expenses:  
mainehousing.org/covidrent. 6/21

**Organization Name:** Maine Statewide Homeless Council (SHC) **Contact ID:** 1188  
**Address:** 353 Water Street **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** **Fax:**  
**Information:** www.maineshc.org. Giff Jamison: giff@tedfordhousing.org. Serves as an advisory committee to Maine State Housing Authority, the Governor, the legislature, the Maine Department of Health and Human Services and the Maine Department of Corrections on homelessness matters. The SHC is charged with providing leadership to the homeless and providing support to the Regional Homeless Councils; educating people on homelessness issues; serving as coordinator of information; assessing statewide needs; identifying potential resources; providing assistance to people who are homeless by identifying resources and providing access to them; and reviewing, monitoring and implementing plans to end homelessness. Kennebec and Somerset counties are in Region II. Meetings are held the second Friday of every month from 10:00 a.m. to 12:00 p.m. at MaineHousing, 353 Water Street in Augusta. 6/20

**Organization Name:** Mid-Maine Homeless Shelter **Contact ID:** 403  
**Address:** 19 Colby St **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 872-8082 **Fax:**  
**Information:** www.shelterme.org. Provides overnight emergency shelter and aid to families and individuals who have a wide variety of needs besides shelter. Hours 4:00 p.m. to 8:00 a.m., 7 days a week and office hours are 8:00 a.m. to 4 p.m Mon thru Friday. Please call for availability.  
February 2017 new YES (Youth Empowerment Supports) program started. This will provide affordable housing for homeless youth, 18-24 years of age. 10/19

**Organization Name:** Mid-Maine Homeless Shelter **Contact ID:** 1169  
**Address:** 19 Colby Street **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 872-8082 **Fax:**  
**Information:** 7 days a week. Shelter and day warming center for residents only.

**Organization Name:** Motivational Services (MOCO) **Contact ID:** 395  
**Address:** PO Box 229 **County:** KEN  
71 Hospital St  
**City:** Augusta **State:** ME **Zip Code:** 04332-0229  
**Phone:** (207) 626-3465 **Fax:**  
**Information:** www.mocomaine.com  
Main office - 8-5, M-F, will connect to appropriate residential resource.  
Family home, transitional residence. Goals: provide respite-type housing on short term basis to prevent hospitalization. Requirements: call to discuss specific care. 1/19

**Organization Name:** New Beginnings **Contact ID:** 1186  
**Address:** 151 Sewall Street **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 621-0004 **Fax:**  
**Information:** newbeginmaine.org/programs/outreach-services

**Organization Name:** New Beginnings Emergency Shelter **Contact ID:** 404  
**Address:** 491 Main St. **County:** OTH  
**City:** Lewiston **State:** ME **Zip Code:** 04240-  
**Phone:** (207) 795-4070 **Fax:**  
**Information:** www.newbeginmaine.org  
The shelter is New Beginnings' short-term facility for youth who are homeless, at risk of being homeless or experiencing family conflict. Located in a three-story house close to downtown, the shelter provides emergency care for up to twelve youth (male and female) ages 12 through 19. The maximum length of stay is three weeks. Referrals are accepted 24 hours a day, seven days a week.

Transitional Living Program/Supervised Apartment Program  
Females 207-795-4074 ~ Males 207-795-6048  
Community Living Program - 207-795-6048

The Transitional Living Department provides housing and supportive services to help older adolescents (ages 16-21) develop the attitudes and skills necessary for independent living. Services are designed for youth who are homeless or are at risk of homelessness. The transitional Living Department consists of two programs, the Supervised Apartment Program and the Community Living Program.

The Supervised Apartment Program is located in Lewiston and has 24-hour on-site staff supervision. This program accepts referrals for youth ages 16-20.

The Community Living Program provides housing and case management services in Lewiston, Augusta and the Farmington area. This program accepts referrals for young adults, ages 18-20, and emancipated minors.

Youth may remain in either of these transitional housing programs for a maximum of 18 months. Follow up counseling is available for up to one year after a youth is discharged from the residential programs.

Referrals may be made Monday through Friday 9:00am to 5:00pm. 1/19

**Organization Name:** New Hope Shelter **Contact ID:** 1170  
**Address:** 111 S. Main Street **County:** SOM  
**City:** Solon **State:** ME **Zip Code:** 04979-  
**Phone:** (207) 643-6015 **Fax:**  
**Information:** www.newhopeshelter.com. Call or email: newhopeshelter@ymail.com 7 days a week. Women and children. Case management. Christian life coaching. 6/20

**Organization Name:** Penquis Journey House **Contact ID:** 955  
**Address:** 59 Free Street **County:** OTH  
**City:** Dexter **State:** ME **Zip Code:** 04930-  
**Phone:** (207) 924-0151 **Fax:**  
**Information:** 800-215-4942  
x3579 Penquis  
Journey House is a maternity group home in Dexter that serves pregnant/parenting young women 16-21 years of age who are either homeless, at risk of homelessness or living in unsafe conditions. 10/15

**Organization Name:** Rural Development Administration **Contact ID:** 396  
**Address:** US Dept. of Agriculture **County:** OTH  
1423 Broadway, Suite 3  
**City:** Bangor **State:** ME **Zip Code:** 04401-  
**Phone:** (207) 990-3676 **Fax:**  
**Information:** Kennebec County: 306 US Rt 1, Suite B1, Scarboro, ME 04074 Phone: 883-0159 Ext. 4  
Service provides loans to purchase housing, loans and grants to repair housing. Must meet certain guidelines. Fees depend on need. Hours are M-F, 7-4:30. 9/15

**Organization Name:** Safe House **Contact ID:** 1078  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 559-2927 **Fax:**  
**Information:** Opens December 13, 2018 Referrals accepted thru 24 hr helpline. Individual must be present during the helpline call, and desire to enter the Safe House. While the request is being processed, the Helpline Advocate will support survivors in developing a safety plan. If it is determined that the Safe House is not the appropriate place for the individual, other shelter options and support services will be offered. Eligibility: single, self-identified females 18 years or older and fleeing from sex trafficking or sex exploitation or presents as in imminent danger due to same. 12/18

**Organization Name:** Shaw House Shelter **Contact ID:** 1126  
**Address:** Corner of First and Union Street **County:** OTH  
**City:** Bangor **State:** ME **Zip Code:**  
**Phone:** (207) 941-2874 **Fax:**  
**Information:** Toll Free: 866-561-7429  
Takes youth 20 and under in. They have 16 beds, a day program so they can have shelter 24/7, they have internet for job search and they get 3 meals and 3 snacks a day. They also have case management. 1/19

**Organization Name:** Somerset House Healthy Recovery Program **Contact ID:** 1127  
**Address:** **County:** SOM  
**City:** **State:** ME **Zip Code:**  
**Phone:** (877) 890-7788 **Fax:**  
**Information:** This is a temporary emergency shelter for victims of domestic abuse that also have substance abuse treatment attached to it. There is no set time on what is considered temporary. 1/19

**Organization Name:** Togus Veterans Affairs **Contact ID:** 1128  
**Address:** **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:**  
**Phone:** (207) 623-8411 **Fax:**  
**Information:** Ext 2950. www.maine.va.gov. Call Arwen Agree, Homeless Coordinator or email her at: arwen.agree@va.gov 6/20

**Organization Name:** Trinity Evangelical Free Church and Homeless Shelter **Contact ID:** 1027  
**Address:** 12 McClellan St, Suite 2 **County:** SOM  
**City:** Skowhegan **State:** ME **Zip Code:**  
**Phone:** (207) 474-8833 **Fax:**  
**Information:** If you get fax #, keep trying. This is a shelter for men. New Hope Shelter in Solon (643-6015) is a separate shelter for women and children. Both shelters are open 7 days a week. 6/20

**Organization Name:** Warming Center, Emmanuel Lutheran Episcopal Church **Contact ID:** 1171  
**Address:** 209 Eastern Avenue **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 248-1782 **Fax:**  
**Information:** 7 days a week. 9:00 am - 4:00 pm.

**Organization Name:** Waterville Housing Authority **Contact ID:** 406  
**Address:** 88 Silver Street **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 873-2155 **Fax:**  
**Information:** www.watervillehousing.org. Call or email: info@watervillehousing.org. Management at 88 Silver St.  
Maintenance: 2 Wilson St., Waterville, ME 04901 - 873-2070. Provides Section 8 housing (income eligible) assistance for families, elderly, disabled and low income residents in Oakland, Sidney, Waterville and Winslow. Also provides assistance with completing an application and finding housing. 6/20

# Immigrant/Refugee

<b>Organization Name:</b> Catholic Charities of Maine Refugee & Immigrant Services				<b>Contact ID:</b> 1129
<b>Address:</b>	80 Sherman St			<b>County:</b> OTH
<b>City:</b>	Portland	<b>State:</b> ME	<b>Zip Code:</b> 04101-	
<b>Phone:</b>	(207) 871-7437	<b>Fax:</b>		
<b>Information:</b>	Also located at 27 Pine St (in City Hall) Lewiston, Maine. Primary resettlement agency for those coming into Maine. Help with housing, food, clothing, employment services, health promotions and elder services. Depending on funding there may be other things as well.			1/19
<b>Organization Name:</b> Immigrant Legal Advocacy Project - ILAP				<b>Contact ID:</b> 1130
<b>Address:</b>				<b>County:</b> OTH
<b>City:</b>		<b>State:</b>	<b>Zip Code:</b>	
<b>Phone:</b>	(800) 497-8505	<b>Fax:</b>		
<b>Information:</b>	Open 9 am - 5 pm, Mon - Fri For immigration status and related issues.			1/19
<b>Organization Name:</b> Pine Tree Legal Assistance				<b>Contact ID:</b> 1131
<b>Address:</b>				<b>County:</b> OTH
<b>City:</b>		<b>State:</b>	<b>Zip Code:</b>	
<b>Phone:</b>	(207) 774-8211	<b>Fax:</b>		
<b>Information:</b>	www.ptla.org For assistance with benefits and housing for legal immigrants.			1/19
<b>Organization Name:</b> Refugee Collaborative				<b>Contact ID:</b> 1132
<b>Address:</b>	119 Lancaster St			<b>County:</b> OTH
<b>City:</b>	Portland	<b>State:</b> ME	<b>Zip Code:</b> 04101-	
<b>Phone:</b>	(207) 775-7915	<b>Fax:</b>		
<b>Information:</b>	Assists them with housing, medical, and other necessary items.			11/15



## Immunization Clinics

**Organization Name:** Bingham Area Health Center

**Contact ID:** 1039

**Address:** 237 Main St  
PO Box 746

**County:** SOM

**City:** Bingham

**State:** ME

**Zip Code:** 04920-

**Phone:** (207) 672-4187

**Fax:**

**Information:** Family practice, rural health center. Fee is based on income if you have no insurance. Monday thru Friday 7:30 am to 4:30 pm 1/19

**Organization Name:** Lovejoy Health Center

**Contact ID:** 1040

**Address:** 7 School St., Suite 1

**County:** KEN

**City:** Albion

**State:** ME

**Zip Code:** 04910-

**Phone:** (207) 437-9388

**Fax:** (207) 437-2557

**Information:** Days and hours: Mon, Weds & Fri 8 am - 4:30 pm; Thurs 9 am - 4:30 pm Established patients have walk in hours Mon thru Friday 7 am to 7:45 am 1/19

**Organization Name:** Madison Area Health Center

**Contact ID:** 1041

**Address:** 8 South Main St  
PO Box 120

**County:** SOM

**City:** Madison

**State:** ME

**Zip Code:** 04950-

**Phone:** (207) 696-3992

**Fax:** (207) 696-3974

**Information:** Days and hours: Mon, Tues & Thurs 7:30 am to 4:30 pm; Weds 8 am to 4:30 pm; Fri 7:30 am - 4 pm Walk in times for established patients are 7:45 am to 8:45 am Mon thru Fri and they are open Weds and Thurs to 6 pm 1/19

**Organization Name:** Maine DHHS Public Health Nursing

**Contact ID:** 1133

**Address:** 286 Water St

**County:** KEN

**City:** Augusta

**State:** ME

**Zip Code:** 04333-

**Phone:** (207) 287-2656

**Fax:**

**Information:**

1/19

# Insurance

**Organization Name:** Inland Hospital - Free Care Program **Contact ID:** 1052  
**Address:** 200 Kennedy Memorial Drive **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 861-3304 **Fax:**  
**Information:** ALSO, (207) 861-3064  
Eligibility is based on family size and income. To apply you have to have an existing bill with them. 10/15

**Organization Name:** Kennebec Valley Access to Care **Contact ID:** 959  
**Address:** MaineGeneral Medical Center **County:** KEN  
Basement at Thayer Center for Health (TCH)  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (877) 255-4680 **Fax:** (207) 872-4619  
**Information:** Also call 872-4680 Option 3 Mon - Fri 8 am to 4:30 pm  
Serves greater Kennebec County region. You can not have any insurance or be eligible for insurance. Please contact them for income guidelines.  
The program, a partnership between participating Kennebec Valley Regional Health Alliance, physicians, hospitals and other healthcare providers, helps community members who don't qualify for public or private healthcare coverage programs get comprehensive, medically necessary healthcare. Also, provides some help accessing medications for the uninsured.

Kennebec Valley Access to Care is made possible by the commitment of participating providers in the Kennebec Regional Health Alliance. 1/19

**Organization Name:** Maine State Bureau of Insurance **Contact ID:** 884  
**Address:** 34 State House Station **County:** OTH  
**City:** Augusta ME 04333 **State:** ME **Zip Code:** 04333-  
**Phone:** (207) 624-8475 **Fax:**  
**Information:** Also: (800) 300-5000  
<http://www.maine.gov/insurance>  
A resource for people who may be confused on have questions about insurance coverage, or complaints, or having problems with getting claims processed. 1/19

**Organization Name:** MaineCare **Contact ID:** 413  
**Address:** Office of Integrated Access & Support **County:** KEN  
(OIAS)  
Department of Health & Human Services  
35 Anthony Ave.  
11 State House Station  
**City:** Augusta **State:** ME **Zip Code:** 04333-  
**Phone:** (207) 624-8090 **Fax:**  
**Information:** ALSO: 1-800-452-1926  
98 North Ave., Suite 10, Skowhegan, ME 04976 - 474-4800 or 1-800-452-4602  
[www.maine.gov/mymaineconnection](http://www.maine.gov/mymaineconnection)  
Free or low cost medical insurance for low income families with children and pregnant women. Applications can be mailed out and accepted by mail. 10/15

**Organization Name:** Medicare, SSI & Social Security

**Contact ID:** 446

**Address:** Social Security Office  
14 Colby St

**County:** KEN

**City:** Waterville

**State:** ME

**Zip Code:** 04901-

**Phone:** (866) 931-9169

**Fax:**

**Information:** ALSO AT: 330 Civic Center Drive, Augusta, ME 866-882-5422  
www.socialsecurity.gov 1/19

# Legal Assistance

**Organization Name:** Attorney General's Office **Contact ID:** 416  
**Address:** 6 State House Station **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-8800 **Fax:**  
**Information:** 1/19

**Organization Name:** Community Mediation Services - Volunteers of America **Contact ID:** 838  
**Address:** 14 Maine St Ste 301 **County:** OTH  
**City:** Brunswick **State:** ME **Zip Code:** 04011-  
**Phone:** (800) 381-0609 **Fax:** (207) 373-1160  
**Information:** Alternate number 207-373-1140 www.voanne.org  
 A process for helping people resolve disputes and disagreements. Trained mediators working with people in conflict to listen and help develop fair and workable agreements. It is voluntary, confidential, informal, quick and affordable (free or provided at low cost). 1/19

**Organization Name:** Disabilities Rights Maine **Contact ID:** 990  
**Address:** 24 Stone St Suite 204 **County:** OTH  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (800) 452-1948 **Fax:**  
**Information:** www.drcme.org  
 The Disabilities Rights Center helps Maine citizens with disabilities who need help with a problem related to their disability. They provide information on rights, services, complaint procedures, and strategies. 1/19

**Organization Name:** HelpMELaw **Contact ID:** 903  
**Address:** Web site **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** **Fax:**  
**Information:** www.helpmelaw.org  
 Use HelpMELaw to find:  
 People who may be able to help you with a specific legal problem  
 Information about laws that affect you  
 To browse our library of legal materials  
 Helpful Organizations: These groups provide free or low-cost legal services in Maine.  
 Maine Courts: Learn about the Maine courts and the free legal information they provide. 1/19

**Organization Name:** Kennebec County Sheriff's Office **Contact ID:** 934  
**Address:** 125 State St. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 623-3614 **Fax:**  
**Information:** 1/19

**Organization Name:** Kids Legal Project **Contact ID:** 1134  
**Address:** PO Box 547 **County:** KEN  
**City:** Portland **State:** ME **Zip Code:** 04112-  
**Phone:** (207) 774-8246 **Fax:** (207) 828-2300  
**Information:** Toll Free: 866-624-7787; Relay 711  
www.kidslegal.org  
Kids Legal is a project within Pine Tree Legal Assistance. We specialize in legal services addressing the needs of low-income children and youth in Maine. Our services are free. Some of the items they work with are bullying, suspension, expulsion, runaways, emancipation, your rights when accused of criminal activity, and many others. 1/19

**Organization Name:** Lawyer Referral & Information Service (LRIS) **Contact ID:** 808  
**Address:** Maine State Bar Association **County:** KEN  
124 State Street  
**City:** Augusta **State:** ME **Zip Code:** 04332-  
**Phone:** (800) 860-1460 **Fax:**  
**Information:** www.mainebar.org  
A phone service only. Staff will help you define your areas of concern and find an attorney who practices in the area or areas of law your issue involves and the court of jurisdiction. There is a \$25 administration fee for a referral to an attorney who may charge you standard fees after the first half hour. Staff also provide resources, from government agencies, publications, and web-sites to non-profit organizations and advocacy groups. See website for list of education pamphlets available from LRIS. 1/19

**Organization Name:** Legal Services for the Elderly **Contact ID:** 420  
**Address:** 5 Wabon St. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04338-  
**Phone:** (207) 621-0087 **Fax:**  
**Information:** Also: 1-800-750-5353  
Provides legal advice and assistance to Maine residents 60 years and older who need and are unable to obtain the services of an attorney. Client is encouraged to pay court fees, but there is no legal fee. Appointments in Waterville, Skowhegan, Augusta, Gardiner, Belfast and Rockland; appointments may also be done at home, in nursing homes, or in hospitals. 1/19

**Organization Name:** Maine District Court **Contact ID:** 424  
**Address:** 18 Colby St. **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04903-0397  
**Phone:** (207) 873-2103 **Fax:**  
**Information:** Somerset County: 47 Court St., Skowhegan, ME 04976 - 474-9518 1/19

**Organization Name:** Maine Equal Justice Partners **Contact ID:** 967  
**Address:** 126 Sewell St. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-6822  
**Phone:** (207) 626-7058 **Fax:** (207) 621-8148  
**Information:** Toll Free number 1-866-626-7059 www.mejp.org  
Non-profit legal aid provider, whose mission is to find solutions to poverty and improve the lives of people with low income in Maine. Mon-Fri 8 AM - 5 PM 1/19

**Organization Name:** **Maine Human Rights Commission** **Contact ID:** 147  
**Address:** 51 State House Station **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04333-0051  
**Phone:** (207) 624-6290 **Fax:**  
**Information:** www.maine.gov/mhrc  
Physical location: 19 Union St., Augusta  
The Maine Human Rights Commission is the State agency charged with the responsibility of enforcing Maine's anti-discrimination laws. The Commission investigates complaints of unlawful discrimination in employment, housing, education, access to public accommodations, extension of credit, and offensive names. The Commission attempts to resolve complaints of discrimination to the mutual satisfaction of those who are involved. The Maine Human Rights Act authorizes the Commission to pursue remedies for unlawful discrimination in Court when necessary to enforce the Act. 1/19

**Organization Name:** **Maine State Bar Association & Referral Service** **Contact ID:** 1043  
**Address:** 124 State St **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 622-7523 **Fax:** (207) 623-0083  
**Information:** www.mainebar.org  
This service costs \$25 for referral to a lawyer who has agreed to consult with you for a half hour only, at no extra cost. For any time over a half-hour, the lawyer may charge his or her regular fee. If the first lawyer doesn't work out, they will re-refer you at no additional charges. You may also get referrals by going on line too. 1/19

**Organization Name:** **Maine Volunteer Lawyers Project** **Contact ID:** 427  
**Address:** PO Box 547 **County:** OTH  
88 Federal St.  
**City:** Portland **State:** ME **Zip Code:** 04112-  
**Phone:** (207) 774-4348 **Fax:**  
**Information:** ALSO: 1-800-442-4293  
Referral to lawyers for legal representation in certain civil matters. Helps low income persons statewide. Clients must meet federal financial eligibility guidelines and meet citizenship requirements. Do not provide help in criminal matter including OUI and traffic violations. Also help service members, Veterans and their families. 1/19

**Organization Name:** **Nale Law Offices** **Contact ID:** 1044  
**Address:** ElderLaw Advisors **County:** KEN  
58 Elm St  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 660-9191 **Fax:** (207) 873-1122  
**Information:** www.nalelaw.com  
Local attorneys, John and Mark Nale, have a publication entitled ElderLaw Advisor to give timely and insightful information to active agers in Maine. Their office is an elder law firm working with estate planning, powers of attorney, advance medical directives, titling of assets and designations of beneficiaries, guardianships, conservatorships and public entitlements such as Medicaid/MaineCare, Medicare, Social Security, SSI, VA disability planning, care management and fiduciary services. They also provide lectures for various groups in central and mid-coast Maine. 1/19

<b>Organization Name: Pine Tree Legal Assistance</b>			<b>Contact ID: 428</b>
<b>Address:</b>	39 Green St. Box 2429		<b>County: KEN</b>
<b>City:</b>	Augusta	<b>State: ME</b>	<b>Zip Code: 04338-</b>
<b>Phone:</b>	(207) 622-4731	<b>Fax:</b>	
<b>Information:</b>	<p>Services Kennebec, Somerset, Knox and Lincoln counties. Provides free legal assistance to low income people on certain types of civil cases, such as landlord/tenant, welfare benefits cases, and some FMHA cases. No longer providing assistance with divorce and family matters. Pine Tree cannot help with criminal problems or with traffic violations. Offices throughout the state.</p> <p>Maine's Legal Services providers put important information on their websites. Find out how to get help from those organizations and how to help yourself with some legal problems. Internet connections can be found at all Maine schools and libraries, a number of local schools provide community access to the internet.</p> <p>Some of the topics you will find: rights of tenants in Maine, TANF, if you lose your job, taking charge of your health care, protection from abuse, courthouse assistance projects, parents as scholars, nursing homes, child support, court mediation, Medicaid, small claims court, ADA services and benefits, and foreclosures.</p> <p>Pine Tree Legal Assistance - <a href="http://www.ptla.org">www.ptla.org</a>  Legal Services for the Elderly - <a href="http://www.mainelse.org">www.mainelse.org</a>  Maine Equal Justice Partners - <a href="http://www.mejp.org">www.mejp.org</a>  Volunteer Lawyers Project - <a href="http://www.vlp.org">www.vlp.org</a>  Maine Courts - <a href="http://www.courts.state.me.us">www.courts.state.me.us</a>  Kids Legal - <a href="http://www.kidslegal.org/">www.kidslegal.org/</a> 1-866-624-7787 1/19</p>		
<b>Organization Name: Somerset County Probate Court</b>			<b>Contact ID: 423</b>
<b>Address:</b>	41 Court St.		<b>County: SOM</b>
<b>City:</b>	Skowhegan	<b>State: ME</b>	<b>Zip Code: 04976-</b>
<b>Phone:</b>	(207) 474-3322	<b>Fax:</b>	
<b>Information:</b>	1/19		
<b>Organization Name: Somerset County Sheriff's Office</b>			<b>Contact ID: 933</b>
<b>Address:</b>	131 E. Madison Road		<b>County: SOM</b>
<b>City:</b>	Madison	<b>State: ME</b>	<b>Zip Code: 04950-</b>
<b>Phone:</b>	(207) 474-9591	<b>Fax:</b>	
<b>Information:</b>	1/19		
<b>Organization Name: York County Community Action - Access to Justice Advocacy Program</b>			<b>Contact ID: 988</b>
<b>Address:</b>			<b>County: OTH</b>
<b>City:</b>		<b>State: ME</b>	<b>Zip Code:</b>
<b>Phone:</b>	(207) 459-2918	<b>Fax:</b>	
<b>Information:</b>	<p>Contact person is Marie Hogue  <a href="http://www.yccac.org/index.php/who-we-are/access-to-justice">www.yccac.org/index.php/who-we-are/access-to-justice</a>  Access to Justice offers assistance to individuals who are representing themselves in family law matters, with the goal of assuring they have the information, assistance and advocacy they need to have a productive experience in the judicial system. Assist you with filling our court paperwork and explain court proceedings.1/19</p>		

# Mental Health

**Organization Name:** Autism Society of Maine

**Contact ID:** 935

**Address:** 72B Main St.

**County:** KEN

**City:** Winthrop

**State:** ME

**Zip Code:** 04364-

**Phone:** (800) 273-5200

**Fax:**

**Information:** www.asmonline.org

Information Line, lending library, educational materials and workshops for parents, educators, and providers. Also offer two free summer camps for autistic children; one in Biddeford is for grades 1 - 5 and one in Farmington is grades 7 - 12. 1/19

**Organization Name:** Break of Day, Inc

**Contact ID:** 1135

**Address:** 343 Birch Point Rd

**County:** KEN

**City:** Wiscasset

**State:** ME

**Zip Code:** 04578-

**Phone:** (207) 882-6594

**Fax:**

**Information:** breakofdaymhg.com

Daily living support - skills development - adult community integration 1/19

**Organization Name:** Capitol Clubhouse

**Contact ID:** 1136

**Address:** 37 Stone St

**County:** KEN

**City:** Augusta

**State:** ME

**Zip Code:** 04330-

**Phone:** (207) 629-9080

**Fax:**

**Information:**

Clubhouse services are available for adults living with mental illness who seek to develop skills and resources around employment and education. A second major component of the the Clubhouse is Transitional Employment, which offers each member the chance to go to work on a paid, part-time placement and to stay on that job for approximately six to nine months. Each Clubhouse has several local employers partnering with them who have committed to participating in the vocational development of the Clubhouse members.

There is no charge to become a member, although MaineCare coverage is a requirement of membership. 1/19



**Organization Name:** Catholic Charities Maine Mental Health Services **Contact ID:** 780  
**Address:** 66 Western Ave., P.O. Box 378 **County:** SOM  
**City:** Fairfield **State:** ME **Zip Code:** 04937-0378  
**Phone:** (207) 453-4365 **Fax:**

**Information:** Also, (800) 660-5231 Option 1  
Catholic Charities Maine Mental Health Services gives consumers the help they need to help themselves. With support, persons with severe and persistent mental illness can minimize their need for hospitalization and maximize their ability to function successfully and independently in the community.

Community Integration Services - evaluation, development of a treatment plan, advocacy, skills development, accessing community resources and financial mentoring. MaineCare reimbursable. 18 and older.

Children's Case Management; provide services to children who have mental health or developmental disorders to improve their ability to function in their homes and communities.

Adults and Children:  
Behavioral Health Home: A team based approach to supporting physical and mental health needs. It helps a person diagnosed with a mental illness who also suffers with a chronic medical condition. MaineCare reimbursable.

Functional Family Therapy: Evidenced based program serving families with at risks youths ages 11 - 18. 1/19

**Organization Name:** Consumer Council of Maine **Contact ID:** 1137  
**Address:** 219 Capitol St. Suite 7 **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 430-8300 **Fax:** (207) 430-8301  
**Information:** www.maineccsm.org  
The CCSM is responsible for providing an independent and effective consumer voice into mental health public policy, services, and funding decisions. Email: info@maineccsm.org 1/19

**Organization Name:** Cornerstone Behavioral Healthcare **Contact ID:** 922  
**Address:** 32 College Ave **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 680-2065 **Fax:** (207) 680-2068  
**Information:** Individual, group and couples therapy. Adult case management. 1/19

**Organization Name:** Crisis and Counseling Center **Contact ID:** 471  
**Address:** 10 Caldwell Rd **County:** SOM  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-3448 **Fax:** (207) 626-7579  
**Information:** Also 1-888-568-1112 (toll free Crisis line) or 207-621-2552 (local crisis line)  
www.crisisandcounseling.org  
Outpatient services focuses on substance abuse and mental health, family group and crisis counseling. Insurance reimbursable. Accepts Medicaid and has a sliding fee scale. 1/19

**Organization Name:** Disability Rights Maine **Contact ID:** 458  
**Address:** 160 Capitol St **County:** KEN  
Suite 4  
**City:** Augusta **State:** ME **Zip Code:** 04338-2007  
**Phone:** (207) 626-2774 **Fax:** (207) 621-1419  
**Information:** OR: 1-800-452-1948 V/TTY  
DRM's mission is to enhance and promote the equality, self-determination, independence, productivity, integration, and inclusion of people with disabilities through education, strategic advocacy, and legal intervention. Some of the services DRM provides include: information and referral; individual advocacy; legal representation; legislative advocacy; education and training, and; assistance with self-advocacy. 1/19

**Organization Name:** Goodwill Industries of Northern New England Regional Office **Contact ID:** 501  
**Address:** 243 Leighton Rd. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-0170 **Fax:** (207) 622-3517  
**Information:** Provide employment (job placement, job coaching), residential, educational and support services to individuals experiencing barriers to social and economic independence. 1/19

**Organization Name:** High Hopes Clubhouse **Contact ID:** 459  
**Address:** Div. of Kennebec Behavioral Health **County:** KEN  
26 College Ave.  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 877-0038 **Fax:**  
**Information:** www.highhopesclubhouse.org  
Clubhouse services are available for adults living with mental illness who seek to develop skills and resources around employment and education. A second major component of the Clubhouse is Transitional Employment, which offers each member the chance to go to work on a paid, part-time placement and to stay on that job for approximately six to nine months. Each Clubhouse has several local employers partnering with them who have committed to participating in the vocational development of Clubhouse members.  
  
There is no charge to become a member, although MaineCare coverage is a requirement of membership. 1/19

**Organization Name:** Kennebec Behavioral Health **Contact ID:** 457  
**Address:** 67 Eustis Parkway **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 873-2136 **Fax:**  
**Information:** ALSO AT: 66 Stone St.; Augusta, ME 04330 - Phone: 626-3455 and 5 Commerce Dr, Skowhegan, ME 04976 - Phone: 474-8368 and 736 Old Lewiston Rd, Winthrop, ME Phone: 377-8122 and 116 Narrow Gauge Sq., Suite 101, Farmington, ME Phone: 860-3026  
Community Support Program Toll Free - 1-888-322-2136  
Provides emergency, outpatient, medication clinic, in-home supports, school based programs, community support and independent or supported housing services to the community. Services are provided by professional licensed/certified multi-disciplinary staff. 1/19

**Organization Name:** Kennebec/Somerset Crisis Response Services **Contact ID:** 1046  
**Address:** 346 Water St **County:** SOM  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-5461 **Fax:**  
**Information:** Child & Adult Crisis - 1-888-568-1112 or 207-621-2552  
 ALSO AT: 10 Caldwell Road, Augusta, ME 04330 (207) 626-3448  
 24 hour crisis intervention services to any resident of Somerset & Kennebec counties by phone or face to face. Medicaid and Medicare accepted.

Residential Crisis Unit - Two and three RCU (Residential Crisis Unit) beds available in Somerset and Kennebec counties (located in Skowhegan, Waterville and Augusta) for individuals who are 18 years of age and older, who are in a mental health crisis that need 24 hour supervision but do not require hospitalization. 474-5461 1-888-568-1112 after 10 p.m.) Assessment are done 24 hours every day, before RCU bed made available. 1/19

**Organization Name:** LINC Wellness Center **Contact ID:** 1066  
**Address:** 38 Memorial Drive **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 622-5736 **Fax:**  
**Information:** Wellness Center that focuses on personal wholeness. For people with a mental health and/or substance abuse diagnosis. The community is there for people to become empowered, make contributions, be creative and learn to be a healthy friend and neighbor. Mon - Fri 9 AM to 7 PM and Saturdays 12 PM to 5 PM 9/18

**Organization Name:** MaineGeneral Assertive Community Treatment **Contact ID:** 1029  
**Address:** 9 Green St **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 621-3751 **Fax:**  
**Information:** Also, Waterville location at: 24 Chase Ave Phone: (207)861-6276  
 Assertive Community Treatment helps people live on their own. For adults with persistent, more serious mental illness, getting by on their own can be a constant challenge. MaineGeneral ACT provides services that support recovery and community living. ACT helps people stay where they want to be. Our goal is to help people manage their mental illness well so they can stay out of the hospital.

The ACT team includes a psychiatrist, psychiatric mental health nurse practitioner, nurses, a vocational (work) specialist, a substance abuse counselor, a clinical social worker and case managers. This team offers intensive support based on each person's needs. the team also helps clients transfer to other levels of care when can better manage their recover on their own.

Alternatively, as stated on the DHHS site;

ACT is an intensive 24/hr. day, 7 days a week service provided by a team with a clinician, social worker and other staff in the home, community and office. The purpose is to prevent admission to, or to help in discharge from psychiatric hospital, residential facility or crisis stabilization unit. 10/15

**Organization Name:** **MaineGeneral Inpatient Mental Health & Substance Abuse Care** **Contact ID:** 1032

**Address:** Alford Center for Health **County:** KEN  
35 Medical Center Parkway

**City:** Augusta **State:** ME **Zip Code:** 04330-

**Phone:** (207) 248-0066 **Fax:**

**Information:** Located on 3 South of Alford Center for Health. We provide acute, short term inpatient treatment for individuals who have a mental illness and/ or have a substance abuse addiction requiring medical treatment for detox. Patients must be medically cleared and directly referred for admission by their medical provider or through a local emergency room. 10/15

**Organization Name:** **MaineGeneral Medical Center - Adult Intensive Outpatient Program** **Contact ID:** 1028

**Address:** 7 Spruce St **County:** KEN

**City:** Augusta **State:** ME **Zip Code:** 04330-

**Phone:** (207) 621-7216 **Fax:**

**Information:** Intensive outpatient care for adults with mental health and/or co-occurring disorders. Patients attend group therapy and education sessions from 9 am - 12:30 pm Tues thru Friday for an estimated 4-6 weeks. These programs are ideal for people just discharged from inpatient programs or in some cases as an alternative to inpatient treatment. Specialized treatment using dialectical behavior therapy. 1/19

**Organization Name:** **Mental Health Crisis Line** **Contact ID:** 468

**Address:** **County:** OTH

**City:** **State:** **Zip Code:**

**Phone:** (888) 568-1112 **Fax:**

**Information:** FOR KENNEBEC & SOMERSET COUNTIES DIRECT: 621-2552  
www.heretohelp.com.  
24-hour suicide prevention line and hotline for people seeking information or help concerning mental illness.

**Organization Name:** **Motivational Services** **Contact ID:** 462

**Address:** PO Box 229 **County:** KEN  
71 Hospital St

**City:** Augusta **State:** ME **Zip Code:** 04330-

**Phone:** (207) 626-3465 **Fax:**

**Information:** www.mocomaine.com  
Provides services to adults with severe and persistent mental illness through residential services, community support, case management and education. Also has a training and education center where they do certification for MHRT-1, CRMA as well as American Heart Assoc. first aid and CPR.  
Www.trainingforme.org 1/19

**Organization Name:** National Alliance on Mental Illness(NAMI-ME) **Contact ID:** 823  
**Address:** 1 Bangor St. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 622-5767 **Fax:** (207) 621-0430  
**Information:** Also: 800-464-5767, ext. 1 www.namimaine.org  
 A grassroots self-help, support, education and advocacy organization of families, friends and people suffering from severe mental illnesses. Program offers free education and support for families who have a relative living with mental illness. Support groups: www.namimaine.org/supportgroups.  
 Family to Family: free, evidence-based, 8-week educational course for those family members and friends of people living with mental illness. Teen Text Support Line (207) 515-8398. Supporting youth ages 14-20, staffed by individuals under 23 years of age - www.namimaine.org/teentextline.  
 Family Respite Program: assists families by providing a break in caring for a child with significant development delays and behavioral or emotional disorders  
 www.namimaine.org/respitefamily. 5/21

**Organization Name:** Northeast Occupational Exchange **Contact ID:** 832  
**Address:** 442 Moosehead Trail **County:** OTH  
**City:** Newport **State:** ME **Zip Code:** 04953-  
**Phone:** (207) 368-2072 **Fax:**  
**Information:** Also: 1-800-857-0500  
 www.noemaine.org  
 Provides mental health services to children, adolescents, and adults. Provides clinical services for individuals, groups or couples. Med management by Telemedicine. Adult day program Monday - Friday from 9:00 - 12:00. Provides parenting program for parents of infants, children 4-12 and Adolescents 12 and up.  
 Accepts Medicaid, Medicare, insurance, also sliding fee scale. 1/19

**Organization Name:** Northern Lights Inland Hospital -Tree of Hope **Contact ID:** 1063  
**Address:** 180 Kennedy Memorial Drive **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 861-6091 **Fax:**  
**Information:** 1/7 Women and 1/10 men suffer Pospartum Depression. Meetings held every Tuesday from 10 am to noon and the last Saturday of every month from 9 - 11 AM. These are in the Medical Arts Building Conference Room. Please contact Bridgette Gemelli for more information at above number. 1/19

**Organization Name:** Paramount Behavioral Services, Inc **Contact ID:** 1025  
**Address:** 224 Main St **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 660-9124 **Fax:** (207) 660-9126  
**Information:** www.paramountbehavioral.com  
 Serving Kennebec, Somerset & Franklin counties. PBS works with adults to encourage personal growth and development in order to become independent individuals within their communities. Offering: Community Integration Services (housing assistance, budgeting, employment/vocational services, emotional and physical wellness, social relationships and spirituality); Skills Development Services (using public transportation, budgeting, 12-step programs, participating in educational, vocational and social services); Daily Living Support Services. 1/19

**Organization Name:** PEER CENTERS & SOCIAL CLUBS **Contact ID:** 1139  
**Address:** **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** **Fax:**  
**Information:** Linc Social Club - 265 State St., Augusta (207)622-5736 Independent living facilities  
Dual Recovery - 32 Winthrop St., Augusta (no phone) Meet Mondays at noon at Crisis and  
Counseling in Augusta  
The Holistic Recovery Project - mail goes to 2 Swan St, Ste 2, Augusta (207)512-8379 Weds, Fri  
and Sundays at noon at Crisis and Counseling 32 Winthrop St, Augusta. Open discussion support  
group for those suffering from any addiction, compulsion, obsession or disorder. 7/16

**Organization Name:** Pillars Community Outreach, Inc. **Contact ID:** 1182  
**Address:** 121 Main St **County:** KEN  
**City:** Fairfield **State:** ME **Zip Code:** 04950-  
**Phone:** (207) 453-4500 **Fax:** (207) 453-4502  
**Information:** The mission of Pillars Community Outreach, Inc. is to assist individuals with a wide range of  
abilities and disabilities to develop the skills necessary for independent functioning and active  
participation in their communities. Individualized skill development will be attained through  
employment of caring, knowledgeable staff, and the utilization of evidence based practices to  
develop individualized plans and goals. Services include Case Management, Behavioural Health  
Home Services, individual and group counseling, Daily Living Support services, and Skills  
Development services. Pillars provides trainings and continuing education classes for staff,  
individuals and outside agencies. MaineCare is accepted for all services.

**Organization Name:** Riverview Psychiatric Center **Contact ID:** 454  
**Address:** 250 Arsenal Street **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04332-  
**Phone:** (207) 624-4600 **Fax:**  
**Information:** www.riverviewpsychiatriccenter.com  
A psychiatric facility committed to restoring and enhancing the mental health and autonomous  
functioning of individuals whose treatment needs require involuntary hospitalization. 1/19

**Organization Name:** Skills Inc. **Contact ID:** 456  
**Address:** 10 Quarry Rd **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 872-6484 **Fax:**  
**Information:** ALSO AT: L.C. Dill's Adult Developmental Training Center, 181 Water St, Skowhegan  
  
Day and work programs for mild and moderately challenged. Independent feeding and toileting, self-  
mobile, control behavior. Reimbursable by SSI, Medicare, M-F, 7:00 a.m.-3:00 p.m.. 11/15

**Organization Name:** Spurwink School **Contact ID:** 470  
**Address:** Administrative **County:** OTH  
Offices  
901 Washington Ave., Suite 100  
**City:** Portland **State:** ME **Zip Code:**  
**Phone:** (207) 871-1200 **Fax:**  
**Information:** also: 1-888-889-3903 M-F 8am-4:30pm Spurwink Easy Access Line  
The Spurwink School is a non-profit agency which provides a wide range of services to school-aged  
and adult mentally and emotionally handicapped persons such as residential treatment, day  
treatment, community-based residences, intermediate care facilities and waiver homes. Spurwink  
has six day treatment locations. 1/19

**Organization Name:** Suicide Prevention Line & Veterans Crisis Line **Contact ID:** 469  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 273-8255 **Fax:**  
**Information:** 1/19

**Organization Name:** Sweetser **Contact ID:** 833  
**Address:** 50 Moody St. **County:** OTH  
**City:** Saco **State:** ME **Zip Code:** 04072-  
**Phone:** (207) 294-4400 **Fax:** (207) 294-4465  
**Information:** ALSO: 800-434-3000 - Promiseline. Will connect to all locations  
[www.sweetser.org](http://www.sweetser.org)  
Locations are Sanford, Saco, Brunswick, Rockland, Lewiston, Bangor - Developmental Disabilities  
Provides Outpatient Therapy, Medication Management, Psychological Testing Services, and  
Substance Abuse Services. Substance Abuse and DEEP available at Brunswick.  
24-hour phone support - Intentional Warm Line 1-866-771-9276. Toll-free 24 hours a day, seven  
days a week mental health peer-to-peer phone support line for adults, aged 18 or older  
[www.sweetser.org/programs/services-for-adults/peer-services/intentional-warm-line](http://www.sweetser.org/programs/services-for-adults/peer-services/intentional-warm-line). 5/21

**Organization Name:** The Inclusion Warm Line **Contact ID:** 1140  
**Address:** Muskie School of Public Service, USM **County:** OTH  
PO Box 9300, 34 Bedford St  
**City:** Portland **State:** ME **Zip Code:** 04104-  
**Phone:** (844) 209-5964 **Fax:** (207) 780-5817  
**Information:** [inclusion.warmline@maine.edu](mailto:inclusion.warmline@maine.edu)  
Warm lines provide preventative and non-emergency person-to-person support and resources. The  
line is staffed by professionals with expertise in inclusive practices, disabilities, children's health,  
social and emotional development, behavior, and early childhood mental health.  
All phone messages and emails will receive a response within one business day. The Inclusion  
Warm Line Coordinator will be the initial contact and will gather information to identify your needs,  
at which point you may be connected to one of the Inclusion Warm Line staff consultants with  
expertise in your area of need. 1/19

**Organization Name:** VOCATIONAL CLUBHOUSES **Contact ID:** 1141  
**Address:** **County:** KEN  
**City:** **State:** ME **Zip Code:**  
**Phone:** **Fax:**  
**Information:** Capital Clubhouse - Augusta - 37 Stone St - TEL: 629-9080 [www.capitol-clubhouse.org](http://www.capitol-clubhouse.org)  
Looking Ahead - Lewiston - 646 Main St - TEL: 376-1711  
High Hopes - Waterville - 26 College Ave - TEL: 877-0038 [www.highhopesclubhouse.org](http://www.highhopesclubhouse.org)  
Unlimited Solutions -Bangor - 30 Summer St. - TEL: 404-8383  
Clubhouse services are available for adults living with mental illness who seek to develop skills and  
resources around employment and education. A second major component of the Clubhouse is  
Transitional Employment

**Organization Name:** Waterville Social Club **Contact ID:** 472  
**Address:** 32 Ticonic St. **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 873-1027 **Fax:**  
**Information:** Social center for psychiatrically disabled adults. 10/15

## Other

**Organization Name:** American Cancer Society **Contact ID:** 602  
**Address:** 1 Bowdoin Mill Island, Suite 300 **County:** OTH  
**City:** Topsham **State:** ME **Zip Code:** 04086-  
**Phone:** (207) 373-3700 **Fax:**

**Information:** ALSO: 1-800-227-2345  
 www.cancer.org. Nationwide voluntary health organization dedicated to eliminating cancer as a major health problem. Research, education and service are primary goals. 1/19

**Organization Name:** American Heart Association & American Stroke Association **Contact ID:** 603  
**Address:** 51 US Route 1, Suite M **County:** KEN  
**City:** Scarborough **State:** ME **Zip Code:** 04074-  
**Phone:** (207) 879-5700 **Fax:**

**Information:** Volunteer health organization dedicated to reducing disability and death from cardiovascular diseases and stroke. Research, education and service are primary goals. 1/19

**Organization Name:** Catholic Charities of Maine **Contact ID:** 844  
**Address:** Refugee and Immigration Services **County:** OTH  
 80 Sherman Street  
**City:** Portland **State:** ME **Zip Code:** 04101-3323  
**Phone:** (207) 781-8550 **Fax:** (207) 871-7465

**Information:** Also: Lewiston City Hall, 27 Pine St., Lewiston, ME 04240, 207-344-6615.  
 Administers the federal program that resettles refugees in this country. Realizing that many of these clients arrive in Maine with few possessions, and often have suffered trauma and loss of family members, our Refugee and Immigration staff works with them to access housing, English skills, jobs, and medical and mental health services that will allow them to begin a new life here and become part of the community in which they live. 1/19

**Organization Name:** Community Spay Neuter Clinic **Contact ID:** 999  
**Address:** 321 Lewiston Rd **County:** OTH  
**City:** Topsham **State:** ME **Zip Code:**  
**Phone:** (207) 721-8395 **Fax:**

**Information:** www.communityspayneuterclinic.com  
 Community Spay-Neuter Clinic of Freeport has become Maine's largest provider of affordable spay-neuter services in Maine. With over 17,000 dog and cat sterilizations in the past 4 1/2 years, we have helped thousands of low-income families have their pets fixed, and prevented hundreds, if not thousands, of unwanted litters. Offers mobile clinic services in other locations, our services are increasingly available to more economically disadvantaged regions of Maine. 1/19

**Organization Name:** Help Fix Me and Spay Maine **Contact ID:** 1000  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 367-1317 **Fax:**

**Information:** www.spaymaine.org  
 This site lists all the locations across the state that have reduced costs for spaying and neutering your pet. 1/19



**Organization Name:** Interpreter Services **Contact ID:** 960  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** **Fax:**  
**Information:** 1. Pacific Interpreters, Inc. at 1-800-264-1545  
Spoken languages are available 24-hours a day, 7 days a week.  
2. RISinterpret, Catholic Charities Maine at 207-523-2700  
Interpreters available in over 25 languages; requires 48 hours advanced notice. Requests are made by filling out an Interpreter Request Form available on [www.ccmaine.org](http://www.ccmaine.org) and faxing it in.  
3. Following website offers free handouts in Spanish that you may find useful:  
<http://www.walearning.com/>  
4. Certified Languages International at 800-362-3241  
<http://www.certifiedlanguages.com/> 1/19

**Organization Name:** Kennebec County Cooperative Extension Office **Contact ID:** 862  
**Address:** 125 State St., 3rd floor **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 622-7546 **Fax:**  
**Information:** Also: 800-287-1481 in Maine  
[www.extension.umaine.edu](http://www.extension.umaine.edu)  
Provides free nutrition classes to individuals, families, groups and schools. 1/19

**Organization Name:** Maine Association for Infant Mental Health **Contact ID:** 980  
**Address:** 592 Sawyer Rd **County:** KEN  
**City:** Greene **State:** ME **Zip Code:** 04236-  
**Phone:** (207) 375-8184 **Fax:**  
**Information:** [www.infantmentalhealth.org](http://www.infantmentalhealth.org)  
This website is filled with amazing information about children 0-5. The Maine Association for Infant Mental Health was founded in 1982 (incorporated in 1987) in response to a growing interest and concern in Maine for the psychosocial and physical well-being of infants and their families. 1/19

**Organization Name:** Maine Community Health Worker Initiative **Contact ID:** 1142  
**Address:** 9 Green St **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 622-9252 **Fax:** (207) 626-7612  
**Information:** CHW is a local resource. CHW's are frontline public health worker who are trusted members of and/or has an unusually close understanding of the community served. CHW are able to serve as a liaison/link/intermediary between health/social services and the community to facilitate access to services and improve the quality and cultural competence of service delivery. A CHW also build individual and community capacity by increasing health knowledge and self-sufficiency through a range of activities such as outreach, community education, informal counseling, social support, and advocacy. CHW's are a resource to get families connected with social supports.  
For CHW's in local communities please contact Bridgette Germeli at Northern Light - Inland Hospital at 207-861-6091; or Ann Connors at MaineGeneral 207-861-5210 1/19

**Organization Name:** Maine Friends of Animals - MFOA **Contact ID:** 998  
**Address:** 190 US Route 1 #7B **County:** OTH  
**City:** Falmouth **State:** ME **Zip Code:** 04105-  
**Phone:** (207) 781-2187 **Fax:**  
**Information:** www.mfoa.net  
 Today, many Maine residents are having a hard time feeding themselves and their families, including their pets. Animal shelters throughout the state report increases in the number of animals being surrendered and report that some animals are being surrendered because their owners cannot provide food for them.

For a list of Pet Food Pantries please go to mfoa.net and click on "in action" and then "education" and you will see the list of Pet Food Pantries in Maine by county. 1/19

**Organization Name:** MaineHealth Center for Tobacco Independence **Contact ID:** 1191  
**Address:** 110 Free Street **County:** OTH  
**City:** Portland **State:** ME **Zip Code:** 04101-  
**Phone:** (800) 784-8669 **Fax:**  
**Information:** CTIMaine.org. Also: MaineQuitLink.com. 1-800-QUIT-NOW. Providing tobacco treatment services to support Maine individuals. Free phone coaching, web coaching and digital services to become tobacco-free. Individuals can also access services with a provider referral. Free starter kits containing gum, patches or lozenges are available for eligible residents. 6/20

**Organization Name:** Mainely Access, Inc. **Contact ID:** 819  
**Address:** 91J Auburn Street #1182 **County:** OTH  
**City:** Portland **State:** ME **Zip Code:** 04103-  
**Phone:** (207) 650-8151 **Fax:**  
**Information:** www.mainelyaccess.com  
 Assistive technology access and training. They help people with disabilities find ways to access and use their computers. 10/15

**Organization Name:** Waterville Essentials Closet - Waterville First Congregational Church **Contact ID:** 1060  
**Address:** 7 Eustis Parkway **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 872-8976 **Fax:**  
**Information:** Personal and Household Items for those in need. Last 2 weeks of month: Monday 5-7 PM, Wednesday & Friday 9-11 AM. Enter the church at the side door; the Closet is located on the left.  
 www.WatervilleUCC.org/essentials-closet 7/2018

**Organization Name:** Women's Initiative **Contact ID:** 1026  
**Address:** Hospice Community Ctr **County:** KEN  
 304 Main St  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 692-0290 **Fax:**  
**Information:** www.womensinitiativeme.org  
 Program is September thru May. Provides a place for women to come together and create a community that encourages and enriches all of our lives. It is a safe, homey and safe environment for women from all walks of life. A place to explore your talents and skills. Last Monday of the month a Health Discussion is held. Crafting is free. 1/19

# Parenting

<b>Organization Name:</b> Adoptive and Foster Families of Maine, Inc.			<b>Contact ID:</b> 939
<b>Address:</b>	34 Main St		<b>County:</b> OTH
<b>City:</b>	Orono	<b>State:</b> Maine	<b>Zip Code:</b> 04473-
<b>Phone:</b>	(207) 827-2331	<b>Fax:</b> (207) 889-6978	
<b>Information:</b>	<p>Also: 800-833-9786            After hours emergency support: 207-745-4159  <a href="http://www.affm.net">www.affm.net</a>            Adoptive and Foster Families of Maine, Inc. &amp; the Kinship Program (AFFM) provides support services for adoptive, foster, and kinship families. AFFM's Mission is to provide the training, guidance, knowledge, and resources needed to handle complex issues encountered by resource families as they open their hearts and homes to children in need. AFFM's services are for all adoptive, foster and kinship families. Child welfare is dependent upon a myriad of state and federal laws, rules, and regulations. Decisions concerning families and innocent children are rarely easy and are usually fraught with highly emotional issues. AFFM is dedicated to assisting families to help children find the security they deserve.</p>		
			1/19
<b>Organization Name:</b> Big Brothers/Big Sisters of Kennebec Valley			<b>Contact ID:</b> 523
<b>Address:</b>	2351 No Belfast Ave		<b>County:</b> KEN
<b>City:</b>	Augusta	<b>State:</b> ME	<b>Zip Code:</b> 04330-
<b>Phone:</b>	(207) 592-4616	<b>Fax:</b>	
<b>Information:</b>	<p>Main office is in Camden: (207)236-2227  <a href="http://www.BBBSmidmaine.org">www.BBBSmidmaine.org</a>            Matches children age 7-14 with screened, trained adult volunteer. Occurs with adults from community, and also in a structured group setting at high schools. Casework staff supervise and provide assessment, educational and referral services.</p>		
			10/15
<b>Organization Name:</b> Child Development Services (CDS)			<b>Contact ID:</b> 528
<b>Address:</b>	111 Sewall St 146 State House Station		<b>County:</b> KEN
<b>City:</b>	Augusta	<b>State:</b> ME	<b>Zip Code:</b> 04333-
<b>Phone:</b>	(207) 624-6660	<b>Fax:</b>	
<b>Information:</b>	<p>CDS/PEDS, 325 E Kennedy Memorial Dr., Waterville, ME 04901 - 877-2498            Addresses developmental needs of children birth to 5 years old. Provides free developmental assessment.</p>		
			1/19
<b>Organization Name:</b> DHHS-Children Foster Home Licensing			<b>Contact ID:</b> 530
<b>Address:</b>	Dept. of Human Services 98 North Ave.		<b>County:</b> SOM
<b>City:</b>	Skowhegan	<b>State:</b> ME	<b>Zip Code:</b> 04976-
<b>Phone:</b>	(207) 474-4850	<b>Fax:</b>	
<b>Information:</b>	<p>ALSO: 1-800-452-4602            Kennebec County: 35 Anthony Ave., Augusta, ME 04333 - 624-8088 or 1-800-452-1926            Certain guidelines have to be met to be a foster parent. Service is statewide.</p>		
			1/19

**Organization Name:** Family Enrichment Council of Kennebec and Somerset Counties - KVCAP **Contact ID:** 810

**Address:** KVCAP **County:** SOM  
97 Water Street

**City:** Waterville **State:** ME **Zip Code:** 04901-

**Phone:** (207) 859-1580 **Fax:** (207) 873-0158

**Information:** Also: 1-800-542-8227  
Child Abuse and Neglect Prevention Council Kennebec & Somerset Counties  
The Councils purpose is to raise awareness for the prevention of child abuse and neglect. The CAN Council role is to be the county's central coordinating organization responsible for planning, coordinating, and implementing the necessary work to address and reduce child abuse and neglect at the county level. The Councils offer parenting programs, school based programs and Community trainings year round. Parent programs include Active Parenting, Nurturing Parenting, and Kids First. Other programs may be offered based on request. School based programs include Personal Body Safety and Baby Think it Over. Community trainings include Infant Safe Sleep, Period of PURPLE Crying, Mandated Reporting, and Strengthening Maine Families. 1/19

**Organization Name:** Family Services Program **Contact ID:** 531

**Address:** Office of Family Independence **County:** KEN  
11 State House Station  
Whitten Road

**City:** Augusta **State:** ME **Zip Code:** 04333-

**Phone:** (855) 797-4357 **Fax:**

**Information:** Provides education and training, child care and transportation, medical dental care and other support services for families with minor children on TANF. 1/19

**Organization Name:** Grandparents Raising Grandchildren **Contact ID:** 887

**Address:** **County:** OTH

**City:** **State:** **Zip Code:**

**Phone:** **Fax:**

**Information:** The AARP Foundation Benefits Outreach Program connects families to important resources through its new on-line free tool called Benefit QuickLINK. This tool helps people to find out if their family may qualify for 15 of the most valuable public benefit programs for older adults and for children.  
  
Grandparents raising grandchildren can use this tool to determine if they are eligible for a variety of public benefits for children. Simply:  
1. Go to [www.aarp.org/quicklink](http://www.aarp.org/quicklink)  
2. Answer a short list of questions  
3. Download fact sheets and applications for programs 1/19

**Organization Name:** Maine Birthline Services **Contact ID:** 524

**Address:** 66 Western Ave. **County:** SOM  
PO Box 378

**City:** Fairfield **State:** ME **Zip Code:** 04937-

**Phone:** (207) 453-4365 **Fax:** (207) 871-1243

**Information:** Pregnancy Helpline: 1-800-227-3002 8:00 a.m. - 4:00 p.m.  
Main office: 562 Congress St., PO Box 10660, Portland, ME 04101 - 871-7464 ext. 2670 (Hours: 9 a.m. - 4:30 p.m., Mon-Fri)  
Birthline is a social service program for women and men. Offers option counseling, emotional support, information and referrals, limited maternity and infant clothing. 1/14

**Organization Name:** Maine Department of Health & Human Services

**Contact ID:** 827

**Address:** Key Bank Plaza, 1st floor, 11 State House  
Station

**County:** KEN

**City:** Augusta

**State:** ME

**Zip Code:** 04333-0011

**Phone:** (800) 698-3624

**Fax:**

**Information:** The Bureau of Highway Safety has partner locations around the State of Maine where income eligible families can make an appointment with a certified car seat technician to obtain a car seat.

To be eligible you must be able to provide:

- A current State of Maine Driver's License or current State of Maine Identification
- Be participating in one of the following:

Women, Infants, and Children (WIC)

Mainecare (Medicaid)

Temporary Assistance for Needy Families (TANF)

Supplemental Nutrition Assistance Program (SNAP)

\*WIC folder with current dated vouchers or a current dated letter of eligibility from the other above mentioned programs you are currently participating in.

This service is available by appointment only. Make sure to plan ahead, there may be a slight wait time to meet with a technician. Your child will need to be present during the appointment. For expecting families the appointment can not be scheduled more than one month before the due date.

#### Somerset County

Redington-Fairview General Hospital 46 Fairview Avenue Skowhegan, ME 04976  
207.474.5121 Ext. 427

Sebasticook Valley Hospital 447 North Main Street Pittsfield, ME 04967  
207.487.4098

#### Kennebec County

Community Health and Counseling Services 24 Stone Street Augusta, ME 04333  
207.213.2171

KVCAP - Educare 56 Drummond Avenue Waterville, ME 04901  
207.680.7229

Maine Bureau of Highway Safety 45 Commerce Drive, Suite 1 Augusta, ME 04333  
207.626.3840

Southern Kennebec Child Development Corp. 337 Maine Avenue Farmingdale, ME 04344  
207.582.3110

Other sites can be located by going to [maine.gov](http://maine.gov) Bureau of Highway Safety click Child Passenger Safety and then Car Seat Distribution Locations 10/15

**Organization Name:** **Maine Families and Children's Task Force for Franklin County** **Contact ID:** 1143

**Address:** 113 Church St **County:** OTH

**City:** Farmington **State:** ME **Zip Code:** 04938-

**Phone:** (207) 778-6960 **Fax:**

**Information:** Support and parenting information for families having babies in Franklin County. Includes hom visits, Parent Education, 1-2-3-4 and community resource referrals. 1/19

**Organization Name:** **Maine Families Kennebec/Somerset Counties** **Contact ID:** 811

**Address:** KVCAP 97 Water St. **County:** KEN

**City:** Waterville **State:** ME **Zip Code:** 04901-

**Phone:** (207) 859-1577 **Fax:** (207) 660-9249

**Information:** Also: 1-800-542-8227  
KVCAP Maine Families provides home visiting support services for all pregnant women, expectant fathers and parents or primary caregivers whose baby has not reached 4 months of age and/or anyone 21 years of age and under expecting a baby or whose baby has not reached 6 months of age. Families must live in Kennebec or Somerset counties. Participation is voluntary and free of charge. There are no income restrictions. For more information please call (207)859-2537 or 859-1508. 1/19

**Organization Name:** **Maine Parent Federation** **Contact ID:** 902

**Address:** P.O. Box 2067 **County:** KEN  
Augusta, ME 04338-2067  
Physical Address (New Central office)  
484 Maine Avenue #2D  
Farmingdale, ME 04344

**City:** Augusta **State:** ME **Zip Code:** 04330-

**Phone:** (207) 588-1933 **Fax:**

**Information:** Also: 1-800-870-7746  
www.startingpointsforme.org  
A statewide non-profit organization that provides information, advocacy, education, and training to parents and professionals to benefit all children. Promotes individual aspirations and community inclusion for people with disabilities. 1/19

**Organization Name:** **MaineGeneral Community Care - WIC** **Contact ID:** 540

**Address:** 6 E Chestnut St **County:** KEN

**City:** Augusta **State:** ME **Zip Code:** 04330-

**Phone:** (207) 626-6350 **Fax:** (207) 621-6205

**Information:** ALSO AT: Hathaway Bldg., 10 Water St., Waterville, ME 04901 861-3580 Fax: 861-3581  
165 North Ave., Skowhegan, ME 861-3593 Fax: 474-7461  
  
Outreach clinic sites - Pittsfield, Madison, Gardiner, Winthrop  
WIC program assists by giving checks to buy healthy food, gives health and nutrition information, breastfeeding support including breast pumps, information about infant and child development, monitor proper growth and weight gain, test to screen for blood iron level. 1/19

**Organization Name:** Maternal Child Health Services - MaineGeneral **Contact ID:** 1048  
**Address:** Alford Health Center **County:** KEN  
35 Medical Center Parkway  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 248-5200 **Fax:**  
**Information:** Educational programs that can help you learn what to expect during your maternity, as well as how to care for yourself and your child. When the time comes to deliver your baby, we provide a setting that is friendly and comfortable. Programs and services that are offered reflect on how to prepare for your baby, birth, and beyond. 1/19

**Organization Name:** Open Arms Pregnancy Center **Contact ID:** 1144  
**Address:** 99 Bangor St **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 620-1600 **Fax:**  
**Information:** Mommy support group meets Thursday evenings from 6 - 8 PM  
Also open Mon-Fri from 2 to 5 PM - Emergency Assistance is a one-time-only chance to pick either four maternity outfits or four baby outfits, 20 diapers and baby accessories such as used onesies, sleepers, shoes, socks, and other items. 1/19

**Organization Name:** SKCDC/Child Care Options **Contact ID:** 784  
**Address:** 337 Maine Ave. **County:** KEN  
**City:** Farmingdale **State:** ME **Zip Code:** 04344-  
**Phone:** (207) 582-3110 **Fax:**  
**Information:** 1-800-525-2229  
www.skcdc.org  
SKCDC offers Early Head Start and Head Start services to southern Kennebec County. They also collaborate with some schools. Offer home based services to pregnant moms and children up to age 5. Social Services are available to children in center based program. 1/19

**Organization Name:** The Children's Center: Early Intervention & Family Support **Contact ID:** 527  
**Address:** 1 Alden Ave. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-3497 **Fax:** (207) 621-6396  
**Information:** ALSO: 1-800-894-6264  
Also at 188 Madison Ave., Ste 1, Skowhegan, ME 04976 - Phone-207-399-6020; Fax-207-474-0162  
www.childrenscenteraugusta.com  
Providing in home support with case management services for children with special needs ages birth to 5, as well as parent/child groups for special needs children birth to 5. Also offers preschool, occupational therapy, physical therapy and speech/language therapy evaluations and services as well. 1/19

**Organization Name:** The Maine Children's Home for Little Wanderers

**Contact ID:** 532

**Address:** 93 Silver Street

**County:** KEN

**City:** Waterville

**State:** ME

**Zip Code:** 04901-

**Phone:** (207) 873-4253

**Fax:** (207) 872-0278

**Information:** [www.mainechildrenshome.org](http://www.mainechildrenshome.org)

The Sharon Abrams Teen Parent School Program at The Maine Children's Home is an alternative high school program for pregnant and parenting teens. Open to pregnant and parenting teens statewide, it provides prenatal and parenting instruction along with academic and life skills courses. All students are registered as Waterville High School students and work toward earning a regular Waterville High School diploma. Our program offers smaller classes, which gives us the ability to provide more individualized attention to our students. Our facility has a library, a cafeteria, a student lounge, several classrooms and an auditorium, and students use school-provided laptops. There are six certified teachers on location and students are able to access advanced classes, tech and extracurricular activities at the high school. A clinician is available to support students with individual counseling. On-campus childcare is also available, free of cost, to students while enrolled in our program.

1/19



# Politicians

<b>Organization Name:</b>	<b>Gov. Janet Mills</b>	<b>Contact ID:</b>	758
<b>Address:</b>	1 State House Station	<b>County:</b>	KEN
<b>City:</b>	Augusta	<b>State:</b>	ME
		<b>Zip Code:</b>	04333-0001
<b>Phone:</b>	(207) 287-3531	<b>Fax:</b>	(207) 287-1034
<b>Information:</b>	TDD: 711		
	E-mail: <a href="mailto:governor@state.me.us">governor@state.me.us</a>		
	State home page: <a href="http://www.state.me.us">http://www.state.me.us</a>		
			1/19
<b>Organization Name:</b>	<b>President Joseph Biden, Jr.</b>	<b>Contact ID:</b>	546
<b>Address:</b>	The White House	<b>County:</b>	OTH
	1600 Pennsylvania Ave. NW		
<b>City:</b>	Washington	<b>State:</b>	D.C.
		<b>Zip Code:</b>	20500-
<b>Phone:</b>	(202) 456-1111	<b>Fax:</b>	
<b>Information:</b>	1/21		
<b>Organization Name:</b>	<b>Representative</b>	<b>Contact ID:</b>	547
<b>Address:</b>	2 State House Station	<b>County:</b>	OTH
<b>City:</b>	Augusta	<b>State:</b>	ME
		<b>Zip Code:</b>	04333-0002
<b>Phone:</b>	(207) 287-1400	<b>Fax:</b>	
<b>Information:</b>	Toll-free message number: 1-800-423-2900		
	Numbers for contacting any legislator. 10/15		
<b>Organization Name:</b>	<b>Senator</b>	<b>Contact ID:</b>	548
<b>Address:</b>	3 State House Station	<b>County:</b>	OTH
<b>City:</b>	Augusta	<b>State:</b>	ME
		<b>Zip Code:</b>	04333-0003
<b>Phone:</b>	(207) 287-1540	<b>Fax:</b>	
<b>Information:</b>	Toll-free message number: 1-800-423-6900		
	Numbers for contacting any legislator. 10/15		
<b>Organization Name:</b>	<b>U.S. Representative Chellie Pingree (1st Dist.)</b>	<b>Contact ID:</b>	543
<b>Address:</b>	1 Silver St	<b>County:</b>	OTH
<b>City:</b>	Waterville	<b>State:</b>	ME
		<b>Zip Code:</b>	04901-
<b>Phone:</b>	(207) 873-5713	<b>Fax:</b>	(207) 873-5717
<b>Information:</b>	1-888-862-6500 <a href="http://pingree.house.gov/">http://pingree.house.gov/</a> 1/19		
<b>Organization Name:</b>	<b>U.S. Representative Jared Golden (2nd Dist.)</b>	<b>Contact ID:</b>	542
<b>Address:</b>	179 Lisbon St	<b>County:</b>	OTH
<b>City:</b>	Lewiston	<b>State:</b>	ME
		<b>Zip Code:</b>	04240-
<b>Phone:</b>	(207) 241-6767	<b>Fax:</b>	(207) 942-7101
<b>Information:</b>	<a href="https://golden.house.gov/">https://golden.house.gov/</a>		
	OR 7 Hatch Dr, Suite 230, Caribou, ME 04736 PHONE: (207) 492-6009 1/19		

**Organization Name:** U.S. Senator Angus King

**Contact ID:** 544

**Address:** 4 Gabriel Drive  
Suite 3

**County:** OTH

**City:** Augusta

**State:** ME

**Zip Code:** 04330-

**Phone:** (207) 622-8292

**Fax:**

**Information:** <http://www.king.senate.gov/>

OR 133 Hart Bldg., Washington, DC 20510 PHONE: (202) 224-5344 1/19

**Organization Name:** U.S. Senator Susan Collins

**Contact ID:** 545

**Address:** 68 Sewall Street, Room 507

**County:** OTH

**City:** Augusta

**State:** ME

**Zip Code:** 04330-

**Phone:** (207) 622-8414

**Fax:** (207) 622-8292

**Information:** <http://www.collins.senate.gov/public/index.cfm/>

OR 202 Harlow St., Suite 20100, Bangor, ME PHONE: (207) 945-0417 Fax: 990-4604 1/19

## Senior Adults

<b>Organization Name:</b> Adult Protective Services				<b>Contact ID:</b> 1145
<b>Address:</b>	DHHS - 11 High St			<b>County:</b> OTH
<b>City:</b>	Houlton	<b>State:</b> ME	<b>Zip Code:</b> 04730-	
<b>Phone:</b>	(800) 624-8404	<b>Fax:</b>		
<b>Information:</b>	1/19			
<b>Organization Name:</b> Aging and Disability - Adult Day Care				<b>Contact ID:</b> 554
<b>Address:</b>	Bureau of Elder & Adult Services 11 State House Station			<b>County:</b> KEN
<b>City:</b>	Augusta	<b>State:</b> ME	<b>Zip Code:</b> 04333-	
<b>Phone:</b>	(207) 287-9200	<b>Fax:</b>		
<b>Information:</b>	Also: 1-800-262-2232 Promotes programs and services for older adults, their families and for people with disabilities.			1/19
<b>Organization Name:</b> Alzheimer's Association, Maine Chapter				<b>Contact ID:</b> 553
<b>Address:</b>	383 US Route 1 Suite 2C			<b>County:</b> OTH
<b>City:</b>	Scarborough	<b>State:</b> ME	<b>Zip Code:</b> 04074-	
<b>Phone:</b>	(207) 772-0115	<b>Fax:</b>		
<b>Information:</b>	alz.org/maine Also: 1-800-272-3900 States leading voluntary health organization in alzheimer care, support and research. Their mission is to eliminate alzheimers disease thru the advancement of research; to provide enhanced care and support for all affected; and to reduce the risk of dementia thru the promotion of brain health. For more information call the 24/7 helpline, 800-272-3900, or go to alz.org/maine. This is where you can information and referrals for all their free services such as: Support for those with the disease and the caregivers, Safety Services, Clinical Trials, Education Programs, Legal and Financial Affairs, Safe and Secure in the Home, Combat Wandering and Falls, Advocacy Opportunities and One-on-One Consultations. All services are local and confidential.			1/19
<b>Organization Name:</b> Alzheimer's Care Center - part of MaineGeneral Rehab & Long Term Care				<b>Contact ID:</b> 556
<b>Address:</b>	154 Dresden Ave.			<b>County:</b> KEN
<b>City:</b>	Gardiner	<b>State:</b> ME	<b>Zip Code:</b> 04345-	
<b>Phone:</b>	(207) 626-1770	<b>Fax:</b>		
<b>Information:</b>	Residential facility. Adult day care services available.			1/19
<b>Organization Name:</b> Are You OK				<b>Contact ID:</b> 806
<b>Address:</b>	Waterville Police Dept. 10 Colby St			<b>County:</b> KEN
<b>City:</b>	Waterville	<b>State:</b> ME	<b>Zip Code:</b> 04901-	
<b>Phone:</b>	(207) 680-4700	<b>Fax:</b>		
<b>Information:</b>	Program assists older adults that are residents of Waterville, Winslow and Oakland , that are homebound individuals, and individuals who have special needs relating to medical or physical problems by automatically calling them once or twice a day to check on their well-being. Service is free. To set this up for someone, please ask for Kathleen.			1/19

**Organization Name:** Catholic Charities - Independent Support Services **Contact ID:** 1056  
**Address:** Main Office: 307 Congress St PO Box 10660 **County:** OTH  
**City:** Portland **State:** ME **Zip Code:** 04104-  
**Phone:** (888) 477-2263 **Fax:** (207) 299-1930  
**Information:** TTY (207) 781-8551  
 www.ccmaine.org/ISS  
 Provides homemaker services for seniors and individuals with disabilities, including in-home assistance with housekeeping, groceries, meal preparation and laundry. 1/19

**Organization Name:** ElderCare Link **Contact ID:** 899  
**Address:** 190 Front St, St 201 **County:** OTH  
**City:** Ashland **State:** MA **Zip Code:** 01721-  
**Phone:** (866) 451-5577 **Fax:**  
**Information:** Provides elder care services including assisting living, in-home care, financial planning and elder law services.  
 www.eldercarelink.com

This is a free referral service to help find qualified elder care providers quickly and easily. After filling out the survey you will receive an email containing a personalized list of pre-screened, local providers whose services best match your care needs and be able to access our online directory with over 50,000 listings of assisted living facilities, home care services, adult daycare, and nursing homes across the US. 10/15

**Organization Name:** Eldercare Locator **Contact ID:** 1146  
**Address:** **County:** Oth  
**City:** **State:** **Zip Code:**  
**Phone:** (800) 677-1116 **Fax:**  
**Information:** www.eldercare.gov  
 This is a public service of the Administration on Aging and the US Dept of Health and Human Services. It is a nationwide service that connects older Americans and their caregivers with information and senior services.

Choose from a number of topics and receive information, or learn about services available locally.  
 1/19

**Organization Name: Elderly Low Cost Drug Program****Contact ID: 558****Address:****County: KEN****City:** Augusta**State:** ME**Zip Code:** 04333-0024**Phone:** (866) 796-2463**Fax:****Information:** Low Cost Drug for the Elderly and Disabled Program

Maine's Low Cost Drugs for the Elderly and Disabled Program (DEL) helps to pay for prescription drugs for people whose income is no more than 185% of the federal poverty level. You must be age 62 or older; or age 19 or older and medically qualified for Social Security Disability Income (SSDI). If you spend more than 40% of your income on prescription drugs, the income level increases.

**Basic Benefits:**

- \* 80% minus \$2.00 of the cost of all generic prescription drugs on the Preferred Drug List.

- \* 80% minus \$2.00 of the cost of brand-name medications on the Preferred Drug List for the treatment of diabetes, heart disease, high blood pressure, chronic lung disease (emphysema and asthma), arthritis, anticoagulation, Hyperlipidemia (high cholesterol), incontinence, thyroid disease, osteoporosis (bone density loss), Parkinson's disease, glaucoma, Multiple Sclerosis, and ALS (Lou Gehrig's disease).

**Supplemental Benefits:**

The Supplemental benefit includes other drugs not covered in the Basic Benefit. The drugs must be medically necessary and supplied from participating manufacturers. Actual savings vary from drug to drug. DEL Members pay the State's negotiated MaineCare rate minus \$2.00. 1/19

**Organization Name: Foster Grandparent Programs****Contact ID: 563****Address:****County: KEN****City:****State:** ME**Zip Code:****Phone:** (207) 973-3611**Fax:**

**Information:** "You Have What it Takes. The Penquis Foster Grandparent Program is open to volunteers 55 and over who can serve between 15 and 40 hours a week. You do not need formal experience in tutoring or mentoring. You will receive preservice orientation and ongoing training through the year. Volunteers are placed in schools, daycares and non-profits to support literacy and emotional development in youth (birth to 21 years). We also offer a tax-free hourly stipend and mileage to help cover costs for income eligible volunteers. You will even receive supplemental, accident and liability insurance while you are in service. Penquis serves all Maine counties except Cumberland and York. For more information call toll-free 1-800-215-4942. 1/19

**Organization Name: Grandparents Raising Grandchildren****Contact ID: 885****Address:****County: OTH****City:****State:****Zip Code:****Phone:****Fax:**

**Information:** The AARP Foundation Benefits Outreach Program connects families to important resources through its new on-line free tool called Benefit QuickLINK. This tool helps people to find out if their family may qualify for 15 of the most valuable public benefit programs for older adults and for children.

Grandparents raising grandchildren can use this tool to determine if they are eligible for a variety of public benefits for children. Simply:

1. Go to [www.aarp.org/quicklink](http://www.aarp.org/quicklink)
2. Answer a short list of questions
3. Download fact sheets and applications for programs 1/19

**Organization Name:** **Helping Hands** **Contact ID:** 451  
**Address:** 410 China Road **County:** KEN  
**City:** Winslow **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 873-0011 **Fax:**  
**Information:** OR: 1-800-777-8976  
 Helping Hands offers a full program of enhanced living services that promotes dignity, self respect and independence at home. They provide personal care assistants to assist with bathing, dressing, grooming, skin care and personal hygiene. They provide homemakers who will take care of housekeeping duties, which may include shopping and meal preparation, routine household cleaning, laundry and more. They provide escorted transportation for medical appointments, beauty shops, as well as shopping, groceries and banking. They also provide companionship and respite as well as help with reading, writing letters, playing games or just quiet company. Service is available 24 hours a day, seven days a week, to provide personal attention, quality service and peace of mind. 1/19

**Organization Name:** **Legal Services for the Elderly** **Contact ID:** 561  
**Address:** 5 Wabon St. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 621-0087 **Fax:**  
**Information:** Also: 800-750-5353  
 Provides persons age 60 and over with free legal advice regarding health care, health insurance, Medicare (including Part D), MaineCare (Medicaid), Social Security and other public benefits, pension and retirement benefits, powers of attorney, consumer matters including creditor and bankruptcy problems, physical and financial abuse, guardianship defense and other issues. 1/19

**Organization Name:** **Long Term Care Ombudsman Program** **Contact ID:** 562  
**Address:** 61 Winthrop St **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04333-  
**Phone:** (207) 621-1079 **Fax:**  
**Information:** Also: 1-800-499-0229  
 Investigation of complaints about long term care. Will handle cases related to in-home boarding home and nursing home. 1/19

**Organization Name:** **Maine Senior FarmShare (Elders-1)** **Contact ID:** 894  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (877) 353-3771 **Fax:**  
**Information:** For more information visit  
<http://www.getrealmaine.com/connect/farmshare/senior.html> The Maine Senior FarmShare program has FREE produce shares available for income eligible seniors during the growing season. The free produce shares, worth \$50 each and are available at 80 Maine farms. 1/19

**Organization Name:** **MaineGeneral Retired & Senior Volunteer Program (RSVP)** **Contact ID:** 565  
**Address:** 10 Water St, Suite 302 **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 861-3534 **Fax:**  
**Information:** Also: (800) 427-1127  
 Volunteer opportunities for persons 55+. We connect people 55 and older to other agencies who deliver community programs and services 10/15

**Organization Name:** New England Emergency Response Systems **Contact ID:** 568  
**Address:** 1400 Commerce Center Dr **County:** OTH  
**City:** Franklin **State:** OH **Zip Code:** 45005-  
**Phone:** (800) 888-0338 **Fax:**  
**Information:** www.neers.com  
 Maine Emergency Response Systems install and service personal emergency response systems for elderly or disabled people who are living at home alone and who, therefore, are at risk. All units are voice-interactive. The buttons, can be worn on a lanyard around the neck or on a wristband. All buttons are waterproof. 1/19

**Organization Name:** Roncalli Apartments **Contact ID:** 942  
**Address:** 144 State Street **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 512-4248 **Fax:**  
**Information:** www.roncalliapartments.com  
 Apartments are designed to serve area seniors. Residents or the head of household must be 62 years of age or older. It is subsidized so there are income guidelines. 1/19

**Organization Name:** Savvy Caregiver Program **Contact ID:** 1147  
**Address:** **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:**  
**Phone:** **Fax:**  
**Information:** www.maine.gov/dhhs/oads/aging/events.html  
 This program provides a 6-session training program for caregivers of people with dementia living in the community. The course helps family members understand their role as caregivers, provides knowledge of dementia and its impact, and teaches skills for effective caregiving. 1/19

**Organization Name:** SEARCH **Contact ID:** 1023  
**Address:** St Michael Pastoral Center **County:** KEN  
 24 Washington St  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 530-0137 **Fax:** (207) 784-2453  
**Information:** www.ccmaine.org A program of Catholic Charities.  
 For people 60+ that they can help with being homebound from companionship to transportation and phone reassurance by calling them. Available in Kennebec Valley. 1/19

**Organization Name:** Senior Community Employment Program (SCSEP) **Contact ID:** 900  
**Address:** **County:** OTH  
**City:** **State:** **Zip Code:**  
**Phone:** (855) 994-8300 **Fax:**  
**Information:** www.nationable.org  
 Paid job-training program that provides a bridge to employment for mature workers. Partner community service agencies provide supportive, real work settings that help mature workers transition into employment. The program covers the cost of training by paying a stipend to the trainee. 1/19

**Organization Name: Senior Companion Program****Contact ID:** 814**Address:** Somerset County Extension Office  
7 County Dr.**County:** SOM**City:** Skowhegan**State:** ME**Zip Code:** 04976-**Phone:** (207) 474-9622**Fax:** (207) 474-3074**Information:** Also: 1-800-287-141495

The Senior Companion Program is a volunteer program for older Americans who are interested in helping homebound elders or isolated adults maintain their independence. Senior Companions serve 20 hours per week visiting several homebound or isolated senior adults. They provide companionship; taking walks together, reading, letter writing, reminiscing, and just being a friend. They may share information about healthful living and activities of daily life or go shopping together. One of their most important roles is to combat loneliness and isolation which threaten independence and health. Senior Companions may also provide respite services for family caregivers.

1/19

**Organization Name: Senior Safety Reviews****Contact ID:** 1173**Address:****County:** OTH**City:****State:****Zip Code:****Phone:** (514) 487-4667**Fax:**

**Information:** seniorsafetyreviews.com. This website has a lot of useful information for senior adults, including a safety guide which includes the advice of experts in again in place, senior home design, occupational therapy, caregiving and home safety.

8/19

**Organization Name: Spectrum Generations****Contact ID:** 564**Address:** One Weston Court, Suite 203  
PO Box 2589**County:** KEN**City:** Augusta**State:** ME**Zip Code:** 04338-**Phone:** (800) 639-1553**Fax:** (207) 622-7857**Information:** www.spectrumgenerations.org

Muskie Community Center, 38 Gold St., Waterville, ME 04901 - 873-4745

Somerset Community Center, 30 Leavitt St., Skowhegan, ME 04976 - 474-8552

William S. Cohen Community Center, 22 Town Farm Road, Hallowell, ME 04347 - 626-7777

Provides an array of options for vital and independent living through a toll-free Information and Help Line staffed by experienced people, and a network of Community Centers spread through Central Maine. Center activities for active adults include computer classes at cyber cafes, dancing, trips, games, fitness classes, music, and craft lessons. Ongoing educational activities encompass health screenings, guest speaker presentations, and support group meetings. Services available include customized help at home with taxes, insurance, transportation, adult day care, caregiver respite, Meals on Wheels, and on-site dining.

Meals on Wheels is for adults who are frail or homebound and can't get their own meals. The program provides a third of the daily requirement up to 5 meals a week. A suggested donation for meals is \$5.

Community Centers are also located in Belfast, Brunswick, Damariscotta, Hallowell, and Camden in addition to those listed above. The Agency's corporate office is located in Augusta. For more information call 1-800-639-1553

1/19



# Social Service Organizations

**Organization Name:** American Red Cross **Contact ID:** 1049  
**Address:** 2401 Congress St **County:** OTH  
**City:** Portland **State:** ME **Zip Code:** 04102-  
**Phone:** (207) 874-1192 **Fax:**  
**Information:** Central & Mid-Coast 16 Community Way, Topsham, ME 04086 (207)874-1192 AND 475  
Pleasant St, Lewiston, ME 04240 (207)874-1192 Northern & Eastern  
Maine 145 Exchange St, Ste 1 Bangor, ME 04401 (207) 941-2903 AND Aroostook County  
Branch 7 Hatch Dr, Ste 250 Caribou, ME (207)493-4620

Disaster relief services. Food, clothing, shelter, and other essentials provided in case of disaster.  
Courses offered, i.e. first aid, CPR, water safety. A volunteer caseworker is available 24 hours a day, every day of the year. 1/19

**Organization Name:** Big Brothers/Big Sisters of Kennebec Valley **Contact ID:** 569  
**Address:** 2351 No Belfast Ave **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** **Fax:**  
**Information:** Main office is in Camden: (207)236-2227  
www.BBBSmidmaine.org  
Matches children ages 7-14 with screened, trained adult volunteer. Occurs with adults from community, and also in a structured group setting at area high school. Casework staff supervised and provide assessment, educational and referral services. 10/15

**Organization Name:** Bureau of Family Independence - DHHS **Contact ID:** 1050  
**Address:** 98 North Ave **County:** SOM  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-4800 **Fax:**  
**Information:** Or: 474-4848 & 1-800-452-4602  
ALSO AT: 35 Anthony Ave., 11 State House Station, Augusta, ME 04330 - 1-800-452-1926 & 624-8090  
TANF, Food Stamps & Medicaid  
TANF - cash assistance; Food Stamps - for purchase of food, garden seeds and Meals on Wheels;  
Medicaid - payment of some medical services. Each program has separate financial criteria.  
Emergency Assistance Program  
Assistance with equipment needed for handicap, utilities, repair, replacement of septic tank, well, furnace, wood stove, and security deposits for apartments. A person can apply for services and update their information on-line via "My Maine Connection" and that web site is  
www.maine.gov/mymaineconnection. The number to call in to them is 855-797-4357 12/18

**Organization Name: Catholic Charities Maine****Contact ID: 571****Address:** PO Box 378  
66 Western Ave**County: SOM****City:** Fairfield**State:** ME**Zip Code:** 04937-**Phone:** (207) 453-4365**Fax:****Information:** Also: 1-800-660-5231[www.catholiccharities.org](http://www.catholiccharities.org)

Licensed by the Department of Health and Human Services, the Children's Case Management program serves eligible youth from birth to age 20 with the exception of parts of Aroostook & York counties. Youth with a mental health diagnosis, developmental delay, if under age of 5 a letter from a provider with a risk of developmental delay. Youth must have MaineCare or Katie Beckett.

From assessment through advocacy and evaluation, we seek to:

- Encourage and build independence,
  - Enhance functioning in home, school, and community
  - Empower children to achieve their optimal potential
- Participation in Functional Family Therapy services will help you:
- Create better relationships with your family
  - Learn better ways to manage anger and resolve problems without fighting
  - Improve communications between family members
  - Build trust and respect within your family
  - Prevent or reduce involvement within the juvenile justice system

Our Adult Case Management services include:

- Evaluation of wants and needs
- Development of an individualized treatment plan
- Skills development to cope with issues of daily living
- Accessing resources (housing, medical, social services, financial, transportation, vocational, spiritual, etc)
- Financial mentoring
- Help in becoming empowered in making healthy decisions
- Advocacy

1/19

**Organization Name: Central and Mid-Coast Maine Red Cross****Contact ID: 579****Address:** 475 Pleasant St**County: OTH****City:** Lewiston**State:** ME**Zip Code:** 04240-**Phone:** (207) 795-4004**Fax:****Information:** [www.maineredcross.org](http://www.maineredcross.org)

This number can connect you throughout the entire state.

The American Red Cross can provide two types of assistance after a disaster hard and soft.

Hard assistance provides material items and may include feeding, shelter, clean-up kits, comfort kits and financial assistance.

Soft assistance minimizes immediate disaster-caused suffering through listening, guidance, advocacy, and counseling.

1/19

**Organization Name:** Child Development Services (CDS) **Contact ID:** 1053  
**Address:** 325 E Kennedy Memorial Drive **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 877-2498 **Fax:**  
**Information:** \* Provides case management and direct instructions for children birth through age five and their families  
\*Conducts ChildFind (the process of identifying children with disabilities) screenings and evaluations for children birth through age five.  
\*Identifies eligible children through Part C and Part B and secure local service access for services.  
\*Provides Early Intervention and Special Education programming in the following areas: physical gross/fine motor skills, cognitive communication (speech and language), social/emotional, adaptive 1/19

**Organization Name:** Children Foster Home Licensing **Contact ID:** 609  
**Address:** Dept. of Health & Human Services **County:** SOM  
98 North Ave.  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-4850 **Fax:**  
**Information:** Also: 1-800-452-4602  
Kennebec County: 35 Anthony Ave., Augusta, ME 04333 - 624-8088 or 1-800-452-1926  
Certain guidelines have to be met to be a foster parent. Service is statewide. 1/19

**Organization Name:** Childrens Behavioral Health-DHHS **Contact ID:** 570  
**Address:** 396 Griffin Road **County:** OTH  
**City:** Bangor **State:** ME **Zip Code:** 04401-  
**Phone:** (207) 941-4360 **Fax:**  
**Information:** ALSO: 1-800-963-9491; Maine Crisis Hotline - 1-888-568-1112  
Children's Behavioral Health services focus on behavioral health treatment and services for children from birth up to their 21st birthday. Services include providing information and assistance with referrals for children and youth with developmental disabilities/delays, intellectual disability, Autism Spectrum Disorders, and mental health disorders. 10/15

**Organization Name:** Emergency Assistance Program **Contact ID:** 574  
**Address:** Dept. of Health & Human Services **County:** SOM  
98 North Ave.  
Suite 10  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (800) 452-4602 **Fax:**  
**Information:** Direct for Somerset County: 474-4848  
For Kennebec County: 35 Anthony Ave., 11 SHS, Augusta, ME 04333 - 624-8090 or 800-452-1926  
For application go to area DHHS office  
Emergency Assistance provides benefits to families with children in some situations when the family is threatened by destitution or homelessness due to an emergency situation. These situations include fire, other natural disasters, termination of utility service, evictions, or lack of adequate shelter. Only certain items can be purchased. 1/19

**Organization Name: HealthReach Network****Contact ID: 577****Address:** 10 Water Street, Suite 307**County:** KEN**City:** Waterville**State:** ME**Zip Code:** 04901-**Phone:** (207) 861-3457**Fax:****Information:** Also: (800) 670-6959

See HealthReach Network in Home Health Section for various areas served.

Serves Greater Kennebec and Somerset Counties for nearly 30 years. Medicare certified and State Licensed for HomeCare and Hospice.

**Our Range of Services:**

Medical/surgical and hospice RNs and LPNs for adults and children, including 24-hour on call; CNAs for personal care needs, such as bathing, meals and light housework; homemakers for errands, housework and meal preparation; social workers for counseling for such issues as finances, coping, bereavement, etc.; PT, OT, and ST in homes, schools, and nursing homes, including electrical stimulation, ultrasound, traction, and TENS; IV therapies with central lines, venipunctures, infusion pumps, TPN and chemotherapy; pre- and post-natal care including fetal monitoring; mental health nursing.

**Making a Referral:**

To refer a patient to HealthReach HomeCare and HealthReach Hospice, please call and ask to speak to the appropriate coordinator (name and number listed by area). With HealthReach, you only have to make one phone call, and we'll coordinate services for your patients.

**Payment Information:**

We make payment easy by billing Medicare, MaineCare, Anthem and other private insurances directly for services provided. We can also fill out your insurance claims and help you figure out what types of insurance coverage and other helping resources you can receive.

If your doctor has ordered homecare and you do not have insurance, we will work with you to arrange payments you can afford and, in some cases, will provide your care free of charge.

Hospice and palliative care is covered by Medicare, MaineCare and most private insurance companies. Insurance also covers most medications and therapies.

In addition to HealthReach HomeCare, other services include: hospice care; retired senior volunteer visits and telephone contact; medical care at your local health center; substance abuse treatment; and mental health nursing.

**Organization Name:** KVCAP **Contact ID:** 576  
**Address:** 97 Water St. **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 859-1500 **Fax:** (207) 873-0158  
**Information:** Also at: 22 Armory Rd., Augusta, ME 04330 - 622-4761  
26 Mary St., Skowhegan, ME 04976 - 474-8487 or 1-800-542-8227  
62 Middle St., Wiscasset, ME 04578- 207-649-9122

Low-Income Home Energy Assistance Program (LIHEAP) - assists households in paying for home heating costs. The assistance can be utilized to cover costs associated with oil, kerosene, electricity, coal, wood, etc. Clients must be income eligible (total household income and family size). There are no fees. HEAP applications are taken Mid-August through April 30th.

Emergency Crisis Intervention Program (ECIP) - benefit may provide assistance to eligible households experiencing an emergency energy crisis. ECIP benefit (one-time per heating season) can be used for fuel, utility emergencies, or emergency heating system repairs.

Low Income Assistance Program (LIAP) - HEAP clients may be eligible for a one-time credit if they are residential customers of Central Maine Power Company or a yearly credit to residential customers of Madison Electric. Subsidized housing residents are not eligible for this program. Applications for this program are available during the regular HEAP season.

Central Heating Improvement Program (CHIP) funds are used to complete furnace work such as clean, tune, evaluation of HEAP eligible clients heating systems in no heat situations, repairs and/or replaces heating systems of HEAP eligible home owners.

WEATHERIZATION- Provides energy saving measures such as insulation, air sealing or weather stripping.

Housing Services - Provides pre-purchase counseling/education, post purchase counseling, foreclosure intervention, lending and real estate development.

Home Repair - Provides assistance to make essential home repairs or improvements, such as roofing, siding or windows, or for health, safety and/or accessibility repairs. Income restrictions apply.  
10/15

**Organization Name:** Maine Community Health Worker Initiative **Contact ID:** 1148  
**Address:** 9 Green St **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04332-  
**Phone:** (207) 622-9252 **Fax:**  
**Information:** 800-251-9634  
CHW is a local resource. CHW's are frontline public health worker who are trusted members of and/or has an unusually close understanding of the community served. CHW are able to serve as a liaison/link/intermediary between health/social services and the community to facilitate access to services and improve the quality and cultural competence of service delivery. A CHW also build individual and community capacity by increasing health knowledge and self-sufficiency through a range of activities such as outreach, community education, informal counseling, social support, and advocacy. CHW's are a resource to get families connected with social supports.  
For CHW's in local communities please contact Bridgette Germeli at Northern Light - Inland Hospital at 207-861-6091; or Ann Connors at MaineGeneral 207-861-5210 1/19

**Organization Name:** **MaineGeneral Community Care W.I.C. Nutrition Program** **Contact ID:** 768  
**Address:** 6 E Chestnut St - Ste 330 **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-6350 **Fax:** (207) 621-6205  
**Information:** Waterville Site, 10 Water St - Ste 214, Waterville, ME 04901 Tel: 861-3580  
 Skowhegan Site, 165 North Ave., Skowhegan, ME 04976, Tel: 861-3593  
 Outreach clinic sites - Pittsfield, Madison, Gardiner, Winthrop  
 Nutrition program that provides healthy food benefits to pregnant and nursing women and children up to age 5. WIC assists by giving checks to buy healthy food, gives health and nutrition information about infant and child development, monitor proper growth and weight gain, test to screen for blood iron level. 1/19

**Organization Name:** **Motivational Services** **Contact ID:** 575  
**Address:** Administrative Office **County:** KEN  
 71 Hospital St  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-3465 **Fax:**  
**Information:** Residential Mental health services throughout Kennebec County. Hospital Street is also the training and education center for health care certifications. 1/19

**Organization Name:** **Office of Family Independence - DHHS** **Contact ID:** 573  
**Address:** 98 North Ave. **County:** SOM  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-4800 **Fax:**  
**Information:** Also: 1-800-452-4602  
 Also located at: 11 State House Station, 35 Anthony Ave., Augusta, ME 04330 - 624-8090 or 1-800-452-1926  
 TANF - cash assistance; Food Stamps - for purchase of food, garden seeds and Meals on Wheels; Medicaid - payment of some medical services. Each program has separate financial criteria. Need a face to face interview. 1/19

**Organization Name:** **Salvation Army** **Contact ID:** 580  
**Address:** 179 Main St. Suite 313 **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 872-2172 **Fax:**  
**Information:** ALSO AT: 36 Eastern Ave, Augusta, ME 04330 - 207-623-3752  
[www.use.salvationarmy.org/nne](http://www.use.salvationarmy.org/nne)  
 Waterville open Tuesday 9 - 2:30  
 Augusta open Tues - Friday 9 - 2:30. There are no clothing stores open now. Helps with emergency needs such as: financial assistance, rental assistance (no deposit), oil/gas/heat, electricity (denial slip and disconnect notice), housing (provide list and phone service to call landlords). Will pay for lights, oil and rent once per year, eligibility guidelines. Use of telephone, newspaper for finding rent and job. Household items available for fire victims after being called from Red Cross.

Contact your town office for Salvation Army representative in your town. (Augusta, Waterville, Sidney, Chelsea, Hallowell and Winslow) 12/18

**Organization Name:** The Children's Center: Early Intervention & Family Support **Contact ID:** 572  
**Address:** 1 Alden Ave. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-3497 **Fax:** (207) 621-6396  
**Information:** www.childrenscenteraugusta.com  
ALSO: 1-800-894-6264  
Also at - 188 Madison Ave, Ste 1., Skowhegan, ME 04976 - Phone-207-399-6020; Fax-207-474-0162  
Www.childrenscenteraugusta.com Providing in home support with case management services for children with special needs ages birth to 5, as well as parent/child groups for special needs children birth to 5. Also offers preschool, occupational therapy, physical therapy and speech/language therapy evaluations and services as well. 1/19

**Organization Name:** W.I.C. Program - DHHS **Contact ID:** 581  
**Address:** 11 State House Station **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04333-0011  
**Phone:** (207) 287-3991 **Fax:** (207) 287-3993  
**Information:** ALSO: 1-800-437-9300 - State agency  
www.wicforme.com  
This is the administrative offices for the WIC program; it is not where clients would go or call. They administer the programs, do audits of service offices, deal with finances and policies. 10/15

# Soup Kitchens

**Organization Name:** Soup Kitchens for Kennebec and Somerset Counties

**Contact ID:** 1149

**Address:**

**County:** OTH

**City:**

**State:**

**Zip Code:**

**Phone:**

**Fax:**

**Information:** SEE ALSO FOOD ASSISTANCE & BANKS

## AUGUSTA

Bread of Life Ministries Soup Kitchen

157 Water St - Augusta

Tel: Office 626-3434 Kitchen: 621-2541

Hours: Mon-Saturday 11 am - 12:30 pm

## OAKLAND

Oakland Soup & Sandwich

47 Church St - United Baptist Church - Oakland

No Phone

Hours: Thursday 4 pm - 5:30 pm

## PALMYRA

Palmyra Baptist Soup Kitchen

768 Main St - Palmyra

Tel: 341-2655 or 341-3915

Hours: Thursday noon - 1:30 pm and Saturday 5 pm - 6:30 pm

## SKOWHEGAN

St. Anthony's Soup Kitchen

Notre Dame de Lourdes Church - 291 Water St - Skowhegan

Tel: 474-2039

Hours: Thursday 4:30 - 5:30 pm

## WATERVILLE

Sacred Heart Soup Kitchen

72 Pleasant St - Waterville

Tel: 872-2281

Hours: Mon - Saturday 11 am - 12:30 pm

Evening Sandwich Program

69 Silver St - Waterville

Tel: 474-7370

Hours: Sunday thru Friday JAN & FEB 3:30 pm - 4:30 pm and all other months are 4 pm - 5 pm

## WINTHROP

Hot Meal Kitchen

130 Rt 133 - St Francis Xavier Catholic Church Parish Hall - Winthrop

Tel: 377-8404

Hours: Mon - Thursday 11:30 am to noon

1/19



## Special Needs

**Organization Name:** Alliance for the Mentally Ill of Maine (NAMI-ME) **Contact ID:** 589  
**Address:** **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04332-  
**Phone:** (207) 622-5767 **Fax:**  
**Information:** www.namimaine.org  
 Support, education and advocacy for anyone with questions about mental health concerns. 6/19

**Organization Name:** Alzheimer's Care Center **Contact ID:** 1157  
**Address:** 154 Dresden Ave **County:** KEN  
**City:** Gardiner **State:** ME **Zip Code:** 04345-  
**Phone:** (207) 626-1770 **Fax:**  
**Information:** www.maine-general.org Residential service call 626-1770; Adult Day Services call 626-1834

**Organization Name:** American Council of the Blind of Maine **Contact ID:** 586  
**Address:** PO Box 2885 **County:** OTH  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 426-2651 **Fax:**  
**Information:** Mary Ellen Frost, President  
 The American Council of the Blind in Maine promotes independence, security, equality of opportunity and quality of life for all the people of Maine who are blind and visually impaired. They assist blind people by providing advocacy, education, research, technology, and programs that encourage independence and self-confidence. 6/19

**Organization Name:** Bayside NeuroRehabilitation Center **Contact ID:** 846  
**Address:** 75 Washington Ave **County:** OTH  
**City:** Portland **State:** ME **Zip Code:** 04101-  
**Phone:** (207) 761-8402 **Fax:** (207) 761-8405  
**Information:** Program is associated with Goodwill.  
 Services provided are evaluation, education, treatment and residential living. 6/19

**Organization Name:** Bureau of Rehabilitation Services **Contact ID:** 587  
**Address:** Div. of Blind & Visually Impaired **County:** KEN  
 21 Enterprise Dr., Ste 2  
 73 State House Station  
**City:** Augusta **State:** ME **Zip Code:** 04333-  
**Phone:** (207) 624-5120 **Fax:**  
**Information:** OR: 1-800-760-1573  
 If you have a vision problem that prevents you from carrying out the activities of daily living, getting an education or a job, there is help. The Division for Blind and Visually Impaired can provide many services to persons with severe visual impairments. 6/19

**Organization Name:** Crisis & Counseling Centers, Inc. **Contact ID:** 804  
**Address:** Case Management Services & GEAR **County:** SOM  
 346 Water St.  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-  
**Phone:** (888) 568-1112 **Fax:** (207) 474-6732  
**Information:** 888-568-1112 Crisis line  
 www.crisisandcounseling.org  
 Also: 10 Caldwell Rd., Augusta, ME 04330 626-3448  
 Crisis response services; crisis aftercare; mental health and substance abuse counseling; family and youth counseling; one-on-one support for parents of children with behavioral health needs; medication management; case management for pregnant and parenting women using substances; marriage and family therapist; marriage and family enrichment; divorce and separation counseling; chronic illness counseling; disciplinary problems.  
 Services for children and adolescents with autism, mental retardation, developmental disorders and aspergers. Can help meet the special needs of your child and family. Helps negotiate the complex professional service system with confidence. Assists in the development of a plan of care with family and involved professionals. 6/19

**Organization Name:** Division of Deaf, Hard of Hearing and Late Deafened **Contact ID:** 592  
**Address:** 150 State House Station **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 623-7958 **Fax:**  
**Information:** (207) 623-7998 (TTY)  
 Information and referral on issues of deaf and hard of hearing. 6/19

**Organization Name:** Families Matter, Inc. **Contact ID:** 1158  
**Address:** PO Box 404 **County:** KEN  
**City:** Hallowell **State:** ME **Zip Code:** 04347-  
**Phone:** (207) 621-1023 **Fax:**  
**Information:** www.familiesmatter.org Farmington (207) 778-2324; Skowhegan (207) 612-2992; South China (207) 445-7100; Waterville (207) 622-4772 This program has a mission to enhance the quality of life for special needs young adults and their families. Their program "Personal Social Awareness" began in 1996 providing services 4 days a week to 4 people and has grown to 5 days a week serving over 80 consumers in five locations. They support thru education, programming, therapeutic activities and to encourage participation in life to the fullest extent possible. 6/19

**Organization Name:** Hanger Prosthetics & Orthotics **Contact ID:** 596  
**Address:** 325E Kennedy Memorial Drive **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 872-8779 **Fax:**  
**Information:** www.hanger.com

Offers free clinic with multidisciplinary team. Evaluates amputees needing prosthetic devices and patients with complex musculoskeletal disabilities requiring orthotic services such as post polio, stroke, M.S., adult spina bifida, spinal cord injuries, pedorthics, severe arthritis and other complex disabilities. Clinics held in Belfast and Skowhegan. Call office for times and exact locations. 6/19

**Organization Name:** Independent Living Services - Maine Dept of Labor **Contact ID:** 591  
**Address:** **County:** OTH  
**City:** Bangor **State:** ME **Zip Code:** 04401-  
**Phone:** (207) 941-6553 **Fax:** (207) 941-6410  
**Information:** TTY (877) 229-8954  
The Independent Living Services (ILS) Program assists people who have significant disabilities to live more independently in their homes and communities. The program provides and arranges needed IL services subject to the availability of funds. The program is also an advocacy program for people with disabilities and their families. 6/19

**Organization Name:** Iris Network **Contact ID:** 590  
**Address:** 189 Park Ave. **County:** OTH  
**City:** Portland **State:** ME **Zip Code:** 04102-  
**Phone:** (207) 774-6273 **Fax:**  
**Information:** Formerly: Maine Center for the Blind  
ALSO: 1-800-715-0097  
www.theirisnetwork.org 6/19

**Organization Name:** Maine Center for Integrated Rehab **Contact ID:** 845  
**Address:** 95 Skowhegan Rd **County:** KEN  
**City:** Fairfield **State:** ME **Zip Code:**  
**Phone:** (207) 453-1330 **Fax:** (207) 453-1333  
**Information:** Works with clients who have brain injuries and strokes. Focus is to return clients as close to pre-injury levels of functioning as possible. Provides evaluations and individualized services to meet each client's needs including: medical consultation; physical therapy; occupational therapy; speech/language therapy; recreation therapy; counseling; cognitive rehabilitation; adaptive sports program; support groups; vocational rehab program; concussion program; skilled day rehab program; supported living services; community re-integration. Accepts Medicaid and most commercial insurances. 6/19

**Organization Name:** Maine Roads to Quality PDN, f/k/a The Inclusion Warm Line **Contact ID:** 1161  
**Address:** PO Box 9300, 34 Bedford St **County:** OTH  
**City:** Portland **State:** ME **Zip Code:** 04104-  
**Phone:** (844) 209-5964 **Fax:** (207) 780-5817  
**Information:** 1 (888) 900-0055. The Warm Line serves as the first step in providing practical, accurate information to support the successful inclusion of children with special health needs, disabilities, mental health concerns or challenging behavior.  
A warm line provides preventative and non-emergency person-to-person support and resources. The MRTQ PDN Warm Line is jointly staffed by professionals with expertise in inclusive practices; disabilities; children's health, social and emotional development; behavior; and early childhood mental health. The Warm Line is NOT a hotline. If your situation is serious and urgent, please treat it as an emergency and CALL 911. 6/19

**Organization Name:** Pine Tree Society Interpreting Services **Contact ID:** 593  
**Address:** 71 US Route 1, Suite B **County:** OTH  
**City:** Scarborough **State:** ME **Zip Code:** 04074-  
**Phone:** (207) 885-0536 **Fax:** (207) 885-0076  
**Information:** TTY phone number: 386-5978  
www.pinetreesociety.org 6/19

**Organization Name:** Special Needs Parents Information Network (S.P.I.N.) **Contact ID:** 605  
**Address:** 484 Maine Ave **County:** KEN  
**City:** Farmingdale **State:** ME **Zip Code:** 04344-  
**Phone:** (207) 588-1933 **Fax:** (207) 588-1938  
**Information:** 1-800-870-7746  
[www.startingpointsforme.org](http://www.startingpointsforme.org)  
 A statewide project of the Maine Parent Federation, serving parents and professionals who are concerned with children and young adults with all disabilities and/or special health care needs. All services are free of charge. 6/19

**Organization Name:** Spurwink School **Contact ID:** 594  
**Address:** 899 Riverside St. **County:** OTH  
**City:** Portland **State:** ME **Zip Code:** 04103-  
**Phone:** (207) 871-1200 **Fax:**  
**Information:** Toll Free: 1-888-889-3903  
[www.spurwink.org](http://www.spurwink.org)  
 Provides a wide array of community-based services for children, adolescents, adults and families who face challenges associated with mental illness, behavioral or emotional disorders and developmental disabilities. Services are delivered through a variety of programs located throughout southern and central Maine. 6/19

**Organization Name:** The Children's Center **Contact ID:** 820  
**Address:** 1 Alden Ave **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-3497 **Fax:** (207) 621-6396  
**Information:** ALSO: 1-800-894-6264  
 Also at - 48 South Factory St., Skowhegan, ME 04976 - Phone-207-399-6020; Fax-207-474-0162  
[www.childrenscenteraugusta.com](http://www.childrenscenteraugusta.com)  
 Providing targeted case management to children birth through 21 in Kennebec, Franklin, and Somerset Counties. They are continuing to provide health and developmental disability targeted case management under Section 13 of MaineCare Services. However, we have expanded our services to include children and young adults up to the age of 21 (instead of 12) as well as services to include Franklin County. 6/19

**Organization Name:** Uplift, Inc. **Contact ID:** 595  
**Address:** 25 Winter Street **County:** KEN  
**City:** Gardiner **State:** ME **Zip Code:** 04345-  
**Phone:** (207) 582-8021 **Fax:**  
**Information:** [www.upliftmaine.org](http://www.upliftmaine.org)  
 Supported living services, provides residential and day programs to adults with disabilities. Provides transportation to adults to attend its program. 6/19

## **Town Offices - Kennebec County**

**Organization Name:** Albion Town Office **Contact ID:** 175  
**Address:** PO Box 287, 22 Main St. **County:** KEN  
**City:** Albion **State:** ME **Zip Code:** 04910-  
**Phone:** (207) 437-2900 **Fax:**  
**Information:** 6/19

**Organization Name:** Augusta City Hall **Contact ID:** 186  
**Address:** 16 Cony St. **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-5201  
**Phone:** (207) 626-2310 **Fax:** (207) 620-8153  
**Information:** General Assistance Office 6/19

**Organization Name:** Belgrade Town Office **Contact ID:** 176  
**Address:** 6 Manchester Road **County:** KEN  
**City:** Belgrade **State:** ME **Zip Code:** 04917-9730  
**Phone:** (207) 495-2258 **Fax:** (207) 495-2742  
**Information:** 6/19

**Organization Name:** Benton Town Office **Contact ID:** 177  
**Address:** 1279 Clinton Ave. **County:** KEN  
**City:** Benton **State:** ME **Zip Code:** 04901-3050  
**Phone:** (207) 453-7191 **Fax:** (207) 453-4428  
**Information:** 6/19

**Organization Name:** Chelsea Town Office **Contact ID:** 187  
**Address:** 560 Togus Road **County:** KEN  
**City:** Chelsea **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 582-4802 **Fax:** (207) 588-0025  
**Information:** 6/19

**Organization Name:** China Town Office **Contact ID:** 597  
**Address:** 571 Lakeview Drive **County:** KEN  
**City:** China **State:** ME **Zip Code:** 04358-  
**Phone:** (207) 445-2014 **Fax:** (207) 445-3208  
**Information:** 6/19

**Organization Name:** Clinton Town Office **Contact ID:** 179  
**Address:** 27 Baker St. **County:** KEN  
**City:** Clinton **State:** ME **Zip Code:** 04927-  
**Phone:** (207) 426-8511 **Fax:** (207) 426-8323  
**Information:** 6/19

**Organization Name:** Farmingdale Town Office **Contact ID:** 188  
**Address:** 289 Main Ave. **County:** KEN  
**City:** Farmingdale **State:** ME **Zip Code:** 04344-  
**Phone:** (207) 582-2225 **Fax:** (207) 582-8279  
**Information:** 6/19

**Organization Name:** Fayette Town Office **Contact ID:** 189  
**Address:** 2589 Main St. **County:** KEN  
**City:** Fayette **State:** ME **Zip Code:** 04349-  
**Phone:** (207) 685-4373 **Fax:** (207) 685-9391  
**Information:** 6/19

**Organization Name:** Gardiner City Hall **Contact ID:** 190  
**Address:** 6 Church St. **County:** KEN  
**City:** Gardiner **State:** ME **Zip Code:** 04345-  
**Phone:** (207) 582-4200 **Fax:** (207) 582-6895  
**Information:** 6/19

**Organization Name:** Hallowell City Hall **Contact ID:** 191  
**Address:** 1 Winthrop St. **County:** KEN  
**City:** Hallowell **State:** ME **Zip Code:** 04347-1318  
**Phone:** (207) 623-4021 **Fax:** (207) 621-8317  
**Information:** 6/19

**Organization Name:** Litchfield Town Office **Contact ID:** 192  
**Address:** 2400 Hallowell Road **County:** KEN  
**City:** Litchfield **State:** ME **Zip Code:** 04350-9724  
**Phone:** (207) 268-4721 **Fax:** (207) 268-2196  
**Information:** 6/19

**Organization Name:** Manchester Town Office **Contact ID:** 193  
**Address:** PO Box 18, **County:** KEN  
12 Readfield Road  
**City:** Manchester **State:** ME **Zip Code:** 04351-  
**Phone:** (207) 622-1894 **Fax:** (207) 622-1715  
**Information:** 6/19

**Organization Name:** Monmouth Town Office **Contact ID:** 194  
**Address:** PO Box 270, 859 Main St. **County:** KEN  
**City:** Monmouth **State:** ME **Zip Code:** 04259-  
**Phone:** (207) 933-2206 **Fax:** (207) 933-3413  
**Information:** 6/19

**Organization Name:** Mt. Vernon Town Office **Contact ID:** 195  
**Address:** 1997 North Rd. **County:** KEN  
**City:** Mt. Vernon **State:** ME **Zip Code:** 04352-  
**Phone:** (207) 293-2379 **Fax:** (207) 293-3507  
**Information:** 6/19

**Organization Name:** Oakland Town Office **Contact ID:** 180  
**Address:** PO Box 187, 6 Cascade Mill Rd. **County:** KEN  
**City:** Oakland **State:** ME **Zip Code:** 04963-0187  
**Phone:** (207) 465-7357 **Fax:** (207) 465-9118  
**Information:** 6/19

**Organization Name:** Pittston Town Office **Contact ID:** 196  
**Address:** 38 Whitefield Rd. **County:** KEN  
**City:** Pittston **State:** ME **Zip Code:** 04345-  
**Phone:** (207) 582-4438 **Fax:** (207) 582-1805  
**Information:** 6/19

**Organization Name:** Randolph Town Office **Contact ID:** 197  
**Address:** 121 Kinderhook St. **County:** KEN  
**City:** Randolph **State:** ME **Zip Code:** 04346-2798  
**Phone:** (207) 582-5808 **Fax:** (207) 582-3854  
**Information:** 6/19

**Organization Name:** Readfield Town Office **Contact ID:** 198  
**Address:** 8 Old Kents Hill Rd. **County:** KEN  
**City:** Readfield **State:** ME **Zip Code:** 04355-  
**Phone:** (207) 685-4939 **Fax:** (207) 685-3420  
**Information:** 6/19

**Organization Name:** Rome Town Office **Contact ID:** 181  
**Address:** 8 Mercer Road **County:** KEN  
**City:** Rome **State:** ME **Zip Code:** 04963-  
**Phone:** (207) 397-4011 **Fax:** (207) 397-5877  
**Information:** 6/19

**Organization Name:** Sidney Town Office **Contact ID:** 182  
**Address:** 2986 Middle Road **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 547-3340 **Fax:** (207) 547-5054  
**Information:** 6/19

**Organization Name:** Vassalboro Town Office **Contact ID:** 183  
**Address:** PO Box 129, 682 Main St. **County:** KEN  
**City:** North Vassalboro **State:** ME **Zip Code:** 04962-0129  
**Phone:** (207) 872-2826 **Fax:**  
**Information:** 6/19

**Organization Name:** Vienna Town Office **Contact ID:** 199  
**Address:** PO Box 38, 328 Townhouse Road, **County:** KEN  
**City:** Vienna **State:** ME **Zip Code:** 04360-0038  
**Phone:** (207) 293-2087 **Fax:**  
**Information:** Available by appointment only. 6/19

**Organization Name:** Waterville City Hall **Contact ID:** 184  
**Address:** One Common St. **County:** KEN  
**City:** Waterville **State:** ME **Zip Code:** 04901-6699  
**Phone:** (207) 680-4200 **Fax:** (207) 680-4228  
**Information:** General Assistance Line is 680-4227 6/19

**Organization Name:** Wayne Town Office **Contact ID:** 200  
**Address:** 48 Pond Rd., PO Box 400 **County:** KEN  
**City:** Wayne **State:** ME **Zip Code:** 04284-9708  
**Phone:** (207) 685-4983 **Fax:** (207) 685-3836  
**Information:** After automated system answers, it is Ext 2 and Ext 2 again. 6/19

**Organization Name:** West Gardiner Town Office **Contact ID:** 201  
**Address:** 318 Spears Corner Rd. **County:** KEN  
**City:** West Gardiner **State:** ME **Zip Code:** 04345-  
**Phone:** (207) 724-3945 **Fax:**  
**Information:** 6/19

**Organization Name:** Windsor Town Office **Contact ID:** 202  
**Address:** PO Box 179, 523 Ridge Rd. **County:** KEN  
**City:** Windsor **State:** ME **Zip Code:** 04363-0179  
**Phone:** (207) 445-2998 **Fax:** (207) 445-3762  
**Information:** 6/19



**Organization Name: Winslow Town Office****Address:** 114 Benton Ave.**City:** Winslow**Phone:** (207) 872-2776**Information:** 6/19**State:** ME**Zip Code:** 04901-6898**Fax:** (207) 872-1999**Contact ID:** 185**County:** KEN**Organization Name: Winthrop Town Office****Address:** 17 Highland Ave.**City:** Winthrop**Phone:** (207) 377-7200**Information:** 6/19**State:** ME**Zip Code:** 04364-1499**Fax:** (207) 377-7201**Contact ID:** 203**County:** KEN

## Town Offices - Somerset County

**Organization Name:** Anson Town Office **Contact ID:** 204  
**Address:** PO Box 297, 5 Kennebec St **County:** SOM  
**City:** Anson **State:** ME **Zip Code:** 04911-0297  
**Phone:** (207) 696-3979 **Fax:** (207) 696-3995  
**Information:** 6/19

**Organization Name:** Athens Town Office **Contact ID:** 205  
**Address:** PO Box 147, 28 Academy Rd **County:** SOM  
**City:** Athens **State:** ME **Zip Code:** 04912-  
**Phone:** (207) 654-3471 **Fax:** (207) 654-2704  
**Information:** 6/19

**Organization Name:** Bingham Town Office **Contact ID:** 206  
**Address:** PO Box 652, 13 Murray St. **County:** SOM  
**City:** Bingham **State:** ME **Zip Code:** 04920-0652  
**Phone:** (207) 672-5519 **Fax:** (207) 672-3080  
**Information:** 6/19

**Organization Name:** Brighton Plantation **Contact ID:** 207  
**Address:** PO Box 126 **County:** SOM  
**City:** Athens **State:** ME **Zip Code:** 04912-  
**Phone:** (207) 654-2551 **Fax:**  
**Information:** 6/19

**Organization Name:** Cambridge Town Office **Contact ID:** 209  
**Address:** 202 Ripley Rd. **County:** SOM  
**City:** Cambridge **State:** ME **Zip Code:** 04923-  
**Phone:** (207) 277-3241 **Fax:** (207) 277-5291  
**Information:** 6/19

**Organization Name:** Canaan Town Office **Contact ID:** 208  
**Address:** PO Box 68, 277 Main St. **County:** SOM  
**City:** Canaan **State:** ME **Zip Code:** 04924-0068  
**Phone:** (207) 474-8976 **Fax:** (207) 612-2037  
**Information:** 6/19

**Organization Name:** Caratunk Plantation Town Office **Contact ID:** 210  
**Address:** PO Box 180 **County:** SOM  
**City:** Caratunk **State:** ME **Zip Code:** 04925-  
**Phone:** (207) 672-3030 **Fax:**  
**Information:** 6/19

**Organization Name:** Cornville Town Office **Contact ID:** 211  
**Address:** 508 West Ridge Rd. **County:** SOM  
**City:** Cornville **State:** ME **Zip Code:** 04976-  
**Phone:** (207) 474-3275 **Fax:** (207) 474-3275  
**Information:** 6/19

**Organization Name:** Dennistown Plantation **Contact ID:** 213  
**Address:** 928 Main St. **County:** SOM  
**City:** Dennistown **State:** ME **Zip Code:** 04945-  
**Phone:** (207) 668-4019 **Fax:** (207) 668-7628  
**Information:** 6/19

**Organization Name:** Detroit Town Office **Contact ID:** 212  
**Address:** 35 South Main St. **County:** SOM  
**City:** Detroit **State:** ME **Zip Code:** 04929-3252  
**Phone:** (207) 257-4488 **Fax:** (207) 257-2434  
**Information:** 6/19

**Organization Name:** Embden Town Office **Contact ID:** 214  
**Address:** PO Box 279, 809 Embden Pond Rd. **County:** SOM  
**City:** North Anson **State:** ME **Zip Code:** 04958-  
**Phone:** (207) 566-5551 **Fax:** (207) 566-5553  
**Information:** 6/19

**Organization Name:** Fairfield Town Office **Contact ID:** 215  
**Address:** PO Box 149, 19 Lawrence Ave. **County:** SOM  
**City:** Fairfield **State:** ME **Zip Code:** 04937-  
**Phone:** (207) 453-7911 **Fax:** (207) 453-4280  
**Information:** 6/19

**Organization Name:** Harmony Town Office **Contact ID:** 217  
**Address:** PO Box 40, 1 Main St. **County:** SOM  
**City:** Harmony **State:** ME **Zip Code:** 04942-  
**Phone:** (207) 683-5681 **Fax:** (207) 683-5656  
**Information:** 6/19

**Organization Name:** Hartland Town Office **Contact ID:** 218  
**Address:** PO Box 280, 21 Elm St. **County:** SOM  
**City:** Hartland **State:** ME **Zip Code:** 04943-  
**Phone:** (207) 938-4401 **Fax:** (207) 938-3018  
**Information:** 6/19

**Organization Name:** Highland Plantation Town Office **Contact ID:** 219  
**Address:** 130 Howard Hill Rd **County:** SOM  
**City:** Highland Plantation **State:** ME **Zip Code:** 04961-  
**Phone:** (207) 628-2324 **Fax:**  
**Information:** No town office. The number and address listed is for the Town Clerk. No fax number available.  
6/19

**Organization Name:** Jackman Town Office **Contact ID:** 220  
**Address:** PO Box 269, 369 Main St. **County:** SOM  
**City:** Jackman **State:** ME **Zip Code:** 04945-0269  
**Phone:** (207) 668-2111 **Fax:** (207) 668-4125  
**Information:** 6/19

**Organization Name:** Lexington Township **Contact ID:** 221  
**Address:** **County:** SOM  
**City:** **State:** **Zip Code:**  
**Phone:** **Fax:**  
**Information:** No selectman, contact nearest town, New Portland 628-4441 6/19

**Organization Name:** Madison Town Office **Contact ID:** 222  
**Address:** PO Box 190, 26 Weston Ave. **County:** SOM  
**City:** Madison **State:** ME **Zip Code:** 04950-0190  
**Phone:** (207) 696-3971 **Fax:** (207) 696-5623  
**Information:** 6/19

**Organization Name:** Mayfield Township **Contact ID:** 223  
**Address:** **County:** SOM  
**City:** **State:** **Zip Code:**  
**Phone:** **Fax:**  
**Information:** No selectman, contact nearest town

**Organization Name:** Mercer Town Office **Contact ID:** 224  
**Address:** 1015 Beech Hill Rd., Suite A **County:** SOM  
**City:** Mercer **State:** ME **Zip Code:** 04957-  
**Phone:** (207) 587-2911 **Fax:** (207) 587-2912  
**Information:** NOTE: Mailing address is Mercer Town Office, PO Box 10, Norridgewock, ME 04957. 6/19

**Organization Name:** Moose River Town Office **Contact ID:** 225  
**Address:** PO Box 267, 36 Tapley Road **County:** SOM  
**City:** Jackman **State:** ME **Zip Code:** 04945-0267  
**Phone:** (207) 668-4019 **Fax:** (207) 668-7628  
**Information:** 6/19

**Organization Name:** Moscow Town Office **Contact ID:** 226  
**Address:** 110 Canada Rd. **County:** SOM  
**City:** Moscow **State:** ME **Zip Code:** 04920-  
**Phone:** (207) 672-4834 **Fax:** (207) 672-3701  
**Information:** 6/19

**Organization Name:** New Portland Town Office **Contact ID:** 227  
**Address:** PO Box 629, 901 River Rd. **County:** SOM  
**City:** New Portland **State:** ME **Zip Code:** 04954-0629  
**Phone:** (207) 628-4441 **Fax:**  
**Information:** 6/19

**Organization Name:** Norridgewock Town Office **Contact ID:** 228  
**Address:** PO Box 7, 16 Perkins St. **County:** SOM  
**City:** Norridgewock **State:** ME **Zip Code:** 04957-0007  
**Phone:** (207) 634-2252 **Fax:** (207) 634-5285  
**Information:** 6/19

**Organization Name:** Palmyra Town Office **Contact ID:** 229  
**Address:** PO Box 6, 4 Madawaska Road **County:** SOM  
**City:** Palmyra **State:** ME **Zip Code:** 04965-0006  
**Phone:** (207) 938-4871 **Fax:** (207) 938-4404  
**Information:** 6/19

**Organization Name:** Pittsfield Town Office **Contact ID:** 230  
**Address:** 112 Somerset Ave **County:** SOM  
**City:** Pittsfield **State:** ME **Zip Code:** 04967-1532  
**Phone:** (207) 487-3136 **Fax:** (207) 487-3138  
**Information:** 6/19

**Organization Name:** Pleasant Ridge Plantation Town Office **Contact ID:** 231  
**Address:** 533 Rowe Pond Rd. **County:** SOM  
**City:** Pleasant Ridge Plantation **State:** ME **Zip Code:** 04920-  
**Phone:** (207) 672-3952 **Fax:** (207) 672-3952  
**Information:** 6/19

**Organization Name:** Ripley Town Office **Contact ID:** 232  
**Address:** 47 W. Ripley Road **County:** SOM  
**City:** Ripley **State:** ME **Zip Code:** 04930-  
**Phone:** (207) 277-4871 **Fax:** (207) 277-4871  
**Information:** 6/19

**Organization Name:** Skowhegan Town Office **Contact ID:** 233  
**Address:** 225 Water St. **County:** SOM  
**City:** Skowhegan **State:** ME **Zip Code:** 04976-1799  
**Phone:** (207) 474-6902 **Fax:** (207) 474-9413  
**Information:** 6/19

**Organization Name:** Smithfield Town Office **Contact ID:** 234  
**Address:** 926 Village Road **County:** SOM  
**City:** Smithfield **State:** ME **Zip Code:** 04978-0067  
**Phone:** (207) 362-4772 **Fax:** (207) 362-5650  
**Information:** 6/19

**Organization Name:** Solon Town Office **Contact ID:** 235  
**Address:** PO Box 214, 121 South Main St. **County:** SOM  
**City:** Solon **State:** ME **Zip Code:** 04979-0214  
**Phone:** (207) 643-2812 **Fax:** (207) 643-2864  
**Information:** 6/19

**Organization Name:** St. Albans Town Office **Contact ID:** 236  
**Address:** 7 Water St. **County:** SOM  
**City:** St. Albans **State:** ME **Zip Code:** 04971-0100  
**Phone:** (207) 938-4568 **Fax:** (207) 938-3413  
**Information:** 6/19

**Organization Name:** Starks Town Office **Contact ID:** 237  
**Address:** RR 1 Box 469 **County:** SOM  
**City:** Starks **State:** ME **Zip Code:** 04911-9720  
**Phone:** (207) 696-8069 **Fax:** (207) 696-8201  
**Information:** starksmc.com 6/19

**Organization Name:** The Forks Plantation Town Office **Contact ID:** 216  
**Address:** PO Box 77, Route 201 **County:** SOM  
**City:** West Forks **State:** ME **Zip Code:** 04985-  
**Phone:** (207) 663-4454 **Fax:** (207) 663-9225  
**Information:** 6/19

**Organization Name:** West Forks Plantation Town Office

**Contact ID:** 238

**Address:** PO Box 15, 2955 US-201

**County:** SOM

**City:** West Forks PL

**State:** ME

**Zip Code:** 04985-0015

**Phone:** (207) 663-2248

**Fax:** (207) 663-2228

**Information:** 6/19

# Transportation

**Organization Name:** Charity Cars **Contact ID:** 916  
**Address:** **County:** OTH

**City:** **State:** **Zip Code:**

**Phone:** (800) 242-7489 **Fax:**

**Information:** Provides donated cars to victims of domestic violence.  
 Must register online at [www.freecharitycars.org](http://www.freecharitycars.org) 6/19

**Organization Name:** Coastal Trans **Contact ID:** 240  
**Address:** Dispatch **County:** OTH  
 46 Summer St

**City:** Rockland **State:** ME **Zip Code:** 04841-

**Phone:** (207) 563-5555 **Fax:**

**Information:** ALSO: 1-800-289-6605  
[www.coastaltrans.org](http://www.coastaltrans.org)  
 Call for transportation services at least two business days in advance. Open 8:00 a.m.-4:00 p.m.  
 6/19

**Organization Name:** Seabasticook Valley Hospital Courtesy Van **Contact ID:** 873  
**Address:** 447 No Main St **County:** OTH

**City:** Pittsfield **State:** ME **Zip Code:** 04967-

**Phone:** (207) 487-5185 **Fax:**

**Information:** The Seabasticook Valley region covers towns in four Counties: Somerset, Penobscot, Kennebec and Waldo. They provide services to the 14 rural communities of Burnham, Canaan, Clinton, Corinna, Detroit, Dexter, Dixmont, Etna, Hartland, Newport, Palmyra, Pittsfield, Plymouth and St. Albans. It is available free of charge to all citizens in the service areas listed.

Transportation is provided to any non-emergent SVH service or event, including doctors, lab and outpatient services, visiting inpatient family members, to attend diabetes and nutrition clinic, community education and prevention events, flu clinics and our hospital run dental clinic. The van operates Monday-Friday from 7:30 - 4:00 pm. SVH pays for cab fare for community members if they need transportation outside of the above times (as a last resort). 12/18

**Organization Name:** Transportation Services - KVCAP **Contact ID:** 239  
**Address:** 97 Water St. **County:** KEN

**City:** Waterville **State:** ME **Zip Code:** 04901-

**Phone:** (207) 877-5677 **Fax:** (207) 877-0496

**Information:** Also located at: 22 Armory St., Augusta, ME 04330- 622-4761

All locations can be reached at: 1-800-542-8227  
[www.kvcap.org](http://www.kvcap.org)

KV VAN Provides rides to medical appointments, also referrals from DHHS. Medicaid and/or low income. M-F, Kennebec and Somerset counties included.

Kennebec/Somerset Explorer provides regularly scheduled public bus services throughout the Augusta, Waterville and Skowhegan areas (M-F). Call for local bus schedules and cost information 1-800-542-8227. 12/18



# Veterans Services

**Organization Name:** Bureau of Veterans Services **Contact ID:** 599  
**Address:** 74 Drummond Ave **County:** OTH  
**City:** Waterville **State:** ME **Zip Code:** 04901-  
**Phone:** (207) 872-7846 **Fax:**  
**Information:** www.mainebvs.org  
 This location services Knox, Waldo, Somerset and Kennebec Counties.  
 This bureau has six field offices and 21 itinerant service points around the state to service veterans seeking claims applications regarding eligibility for loans, counseling, educational benefits, and tax and various other exemptions. 12/18

**Organization Name:** Medical Administration Services **Contact ID:** 598  
**Address:** Dept. of Veterans Affairs **County:** KEN  
 VA Medical Center & Regional Office  
 1 VA Center  
**City:** Togus **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 623-8411 **Fax:**  
**Information:** Also: 1-877-421-8263  
 Men and women who have served in the armed forces may be eligible for certain health and counseling services available through the VA at Togus. To get information concerning eligibility for inpatient and outpatient care, veterans should call or write.  
 Community-Based Outpatient Clinics - Primary Care:  
 Bangor CBOC, 304 Hancock St., Suite 3B, Bangor, ME 04401 - 561-3600  
 Rumford CBOC, 431 Franklin St., Rumford, ME 04276 - 369-3200  
 VA Mental Health Clinic:  
 Bangor VA Mental Health Clinic, 304 Hancock St., Suite 2D, Bangor, ME 04401 - 877-421-8263 x 3651  
 Portland VA Mental Health Clinic, 509 Forest Ave., Portland, ME 04101 - 877-421-8263 x 3500  
 Readjustment Counseling (for combat veterans & military sexual trauma veterans):  
 352 Harlow St., Bangor, ME 04401 - 947-3391  
 29 Westminster St., Lewiston, ME - 783-0068  
 www.togus.va.gov (health)  
 www.vba.gov/ro/east/togus (Benefits) and www.va.gov (Total overview of VA Services)  
 12/18

**Organization Name:** VA Homeless Veterans Coordinator **Contact ID:** 600  
**Address:** **County:** KEN  
**City:** **State:** **Zip Code:**  
**Phone:** (207) 623-8411 **Fax:**  
**Information:** Ext. 4344  
 Assists veterans with enrollment for overall veterans services. Assists with Section 8 application and provides list of housing resources available. 6/19

**Organization Name:** Vet Center **Contact ID:** 1054  
**Address:** 352 Harlow St **County:** KEN  
**City:** Bangor **State:** ME **Zip Code:** 04401-  
**Phone:** (207) 947-3391 **Fax:**  
**Information:** Services Kennebec and Somerset Counties. Services offered include: group readjustment counseling services, crisis intervention, individual counseling, couples/marital counseling, family counseling, substance abuse (aftercare referral), employment counseling, medical referrals, VA benefits counseling, networking and referrals, community education, bereavement counseling and military sexual trauma counseling and referral. 12/18

## Youth & Teen Services

**Organization Name: Alternative to Suspension**

**Contact ID:** 1150

**Address:** 22 Armory St

**County:** KEN

**City:** Augusta

**State:** ME

**Zip Code:** 04330-

**Phone:** (207) 622-0452

**Fax:**

**Information:** This program is for Cony students only at this present time from grades 7 to 12. It is a 7.5 to 15 hour program that works with students who have been suspended for the first time. The asset is the one-on-one contact with someone and the follow-up with them later at the school. Skills are taught to teach the severity of being suspended. If a student takes this program successfully then the suspension is removed from their record. 12/18

**Organization Name: Boy Scouts of America**

**Contact ID:** 1151

**Address:** 146 Plains Rd

**County:** OTH

**City:** Raymond

**State:** ME

**Zip Code:** 04071-

**Phone:** (207) 797-5252

**Fax:** (207) 655-6282

**Information:** www.pinetreebsa.org (Scouting in central, western and southern Maine)  
www.scouting.org (National organization)

The Boy Scouts of America is one of the nation's largest and most prominent values-based youth development organizations. The BSA provides a program for young people that builds character, trains them in the responsibilities of participating citizenship, and develops personal fitness. For more than a century, the BSA has helped build the future leaders of this country by combining educational activities and lifelong values with fun. The BSA believes - and, through over a century of experience, knows - that helping youth is a key to building a more conscientious, responsible, and productive society.

We will work with all families to ensure they can participate regardless of financial circumstances. 12/18

**Organization Name: Girl Scouts of Maine**

**Contact ID:** 1152

**Address:** 395 Perry Road, STE B

**County:** KEN

**City:** Bangor

**State:** ME

**Zip Code:** 04401-6723

**Phone:** (888) 922-4763

**Fax:**

**Information:** Portland address: 138 Gannett Dr. So Portland, ME 04106  
www.girlscoutsofmaine.org

Girl Scouts helps girls develop their full potential. When a girl becomes a Girl Scout, she grows into a young woman who is self-confident, strong and compassionate. She learns how to build and maintain healthy relationships. She becomes aware of the world around her and uses her skills and talents to make her world a better place.

Girl Scouts is open to all girls K-12, and any adult who wishes to volunteer. They serve economically disadvantaged populations and reach out to remote areas and urban centers. They have special programs to serve immigrant populations, and have the ability to serve those with special needs.

They will always work with families to ensure that all who want to be Girl Scouts can join! 12/18

**Organization Name:** Homeless Youth - Kennebec Behavioral Health **Contact ID:** 1153  
**Address:** 66 Stone St **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 626-3455 **Fax:**  
**Information:** Waterville office - 67 Eustis Parkway - Phone: 873-2136  
Skowhegan office - 5 Commerce Dr - Phone 474-8368  
Toll Free 888-322-2136 or call Tony, the Program Director on his cell 877-5178  
This is a case management program for homeless youth or at-risk youth. KBH works collaboratively with the youth, schools, doctors and family members to help provide youth with needed stability and individualized support to meet their needs and help them reach their potential. 11/17

**Organization Name:** Kennebec Valley YMCA **Contact ID:** 1154  
**Address:** 31 Union ST **County:** KEN  
**City:** Augusta **State:** ME **Zip Code:** 04330-  
**Phone:** (207) 622-9622 **Fax:** (207) 621-6212  
**Information:** The YMCA offers Youth Sport Clubs for ages 10-14; co-ed classes on archery, basketball, soccer, running, exercising, dodgeball, and more on weekdays from 4 to 5 pm. On Saturday they have gymnastics for first and second graders, and they have another class for pre-K and K which is 4 and 5 yr olds.

There is financial assistance available for qualifying individuals and families. 12/18