



Family Enrichment Council of Somerset & Kennebec Counties

> www.kvcap.org 1-800-542-8227



Kids First _{SM} is a registered service mark of the Kids First Center, Inc.

Funded by the Federal Access and Visitation Grant - Maine Administrative Office of the Courts.

Kids First _{SM}

Program Supporting Families of Separation and Divorce



Waterville • Augusta • Skowhegan



What is Kids First sm?

Kids First $_{SM}$ is a one day, four hour workshop which is designed to help parents address problems and promote reduction of the negative effects of divorce.

The workshop will address:

- Children's needs as marital and family roles change
- The effects of divorce on children and children's reaction to divorce
- Making decisions about parenting arrangements
- Dealing with conflict without involving children
- Helping children adjust to differences between households

Participants are encouraged to attend the program as early in the separation or divorce process as possible.

Child care is not available and program is for adults only.

For More Information Call:

KVCAP - Family Enrichment Council 97 Water Street Waterville, ME 04901 Deb Rich, 859-1580 or debrar@kvcap.org

 \Rightarrow During the winter months, workshops may be cancelled due to inclement weather. For cancellation information, please call 859-1580 the morning of the class.

2020 Schedule

All workshops are held on Saturdays from 8:30 a.m. - 12:30 p.m. All classes will be using Zoom Conferencing until further notice

Augusta Workshops MaineGeneral Medical Center 35 Medical Parkway Main Floor in the Education Pavilion Conference Room 3 January 4 CR3 February 1 CR3 March 7 CR3 April 4 CR3 May 2 CR3 via Zoom June 6 July 4 via Zoom via Zoom August 1 September 5 TBD October 3 TBD November 7 TBD December 5 TBD

Skowhegan Workshops

Redington-Fairview General Hospital 46 Fairview Avenue

January 25	Room C-4
April 25	Room C-4
July 25	via Zoom
October 24	TBD

Waterville Workshops

MaineGeneral Medical Center—Thayer Campus 149 North Street, Waterville

January 18	Dean 1
March 14	Dean 1
May 16	Dean 1
June 20	via Zoom
August 15	via Zoom
September 19	TBD
November 14	TBD

Kids First _{SM} Registration Form

Because your safety is our top priority, registrations must be received the Wednesday before class.	
I will attend	
Augusta: (Date)	
Skowhegan: (Date)	
□ Waterville: (Date)	
Name	
Date of Birth	
Address	
Phone	
Email address:	
same class regardless of relationship. Please list current spouse or ex-partner. Is there a child support order for the child? If so are you	
the: Custodial Mother/Father or Non-Custodial Mother/Father (please circle correct response)	
<u>Method of Payment</u> (Cost of class—\$60)	
Money Order or Cash only (<u>Please no checks. We</u> <u>are unable to make change for \$100 bills)</u>	
Partial Scholarship Available Upon Request	
⇒ Payment and pre-registration must be received no later than Wednesday prior to class by	
sending this form payable to: KVCAP	
Mail to: KVCAP	
Attn: Social Services—Kids First 101 Water Street	
Waterville, ME 04901	