



**Family Enrichment Council of  
Somerset & Kennebec Counties**

**www.kvcap.org  
1-800-542-8227**



Kids First <sup>SM</sup> is a registered service mark  
of the Kids First Center, Inc.

Funded by the Federal Access and  
Visitation Grant - Maine Administrative  
Office of the Courts.

*Updated 10/2019*

# **Kids First** <sup>SM</sup>

Program Supporting Families  
of Separation and Divorce



**Waterville • Augusta • Skowhegan**

# **2020**

# What is Kids First <sup>SM</sup>?

**Kids First <sup>SM</sup>** is a one day, four hour workshop which is designed to help parents address problems and promote reduction of the negative effects of divorce.

The workshop will address:

- Children’s needs as marital and family roles change
- The effects of divorce on children and children’s reaction to divorce
- Making decisions about parenting arrangements
- Dealing with conflict without involving children
- Helping children adjust to differences between households

Participants are encouraged to attend the program as early in the separation or divorce process as possible.

Child care is not available and program is for adults only.

For More Information Call:

KVCAP - Family Enrichment Council  
97 Water Street  
Waterville, ME 04901  
Deb Rich, 859-1580 or [debrar@kvcap.org](mailto:debrar@kvcap.org)

⇒ During the winter months, workshops may be cancelled due to inclement weather. For cancellation information, please call 859-1580 the morning of the class.

# 2020 Schedule

All workshops are held on Saturdays from 8:30 a.m. - 12:30 p.m.

All classes will be using Zoom Conferencing until further notice

## Augusta Workshops

MaineGeneral Medical Center

35 Medical Parkway

Main Floor in the Education Pavilion

Conference Room 3

January 4	CR3
February 1	CR3
March 7	CR3
April 4	CR3
May 2	CR3
June 6	via Zoom
July 4	via Zoom
August 1	via Zoom
September 5	TBD
October 3	TBD
November 7	TBD
December 5	TBD

## Skowhegan Workshops

Redington-Fairview General Hospital

46 Fairview Avenue

January 25	Room C-4
April 25	Room C-4
July 25	via Zoom
October 24	TBD

## Waterville Workshops

MaineGeneral Medical Center—Thayer Campus

149 North Street, Waterville

January 18	Dean 1
March 14	Dean 1
May 16	Dean 1
June 20	via Zoom
August 15	via Zoom
September 19	TBD
November 14	TBD

# Kids First <sup>SM</sup> Registration Form

Because your safety is our top priority, registrations must be received the Wednesday before class.

I will attend

Augusta: (Date)\_\_\_\_\_

Skowhegan: (Date)\_\_\_\_\_

Waterville: (Date)\_\_\_\_\_

Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email address: \_\_\_\_\_

Facilitators request that ex-partners do not attend the same class regardless of relationship.

Please list current spouse or ex-partner.

Is there a child support order for the child? \_\_\_\_\_ If so are you the:

Custodial Mother/Father or Non-Custodial Mother/Father  
(please circle correct response)

Method of Payment (Cost of class—\$60)

Money Order or Cash only (Please no checks. We are unable to make change for \$100 bills)

Partial Scholarship Available Upon Request

⇒ Payment and pre-registration must be received no later than Wednesday prior to class by sending this form payable to: KVCAP

Mail to: KVCAP  
Attn: Social Services—Kids First  
97 Water Street  
Waterville, ME 04901