



**Family Enrichment Council of  
Somerset & Kennebec Counties**

**www.kvcap.org  
1-800-542-8227**



Kids First <sup>SM</sup> is a registered service mark  
of the Kids First Center, Inc.

Funded by the Federal Access and  
Visitation Grant - Maine Administrative  
Office of the Courts.

*Updated 10/2018*

# Kids First <sup>SM</sup>

Program Supporting Families  
of Separation and Divorce



Waterville • Augusta • Skowhegan

# 2019

# What is Kids First <sup>SM</sup>?

**Kids First <sup>SM</sup>** is a one day, four hour workshop which is designed to help parents address problems and promote reduction of the negative effects of divorce.

The workshop will address:

- Children’s needs as marital and family roles change
- The effects of divorce on children and children’s reaction to divorce
- Making decisions about parenting arrangements
- Dealing with conflict without involving children
- Helping children adjust to differences between households

Participants are encouraged to attend the program as early in the separation or divorce process as possible.

Child care is not available and program is for adults only.

For More Information Call:

KVCAP - Family Enrichment Council  
97 Water Street  
Waterville, ME 04901  
Deb Rich, 859-1580 or debrar@kvcap.org

⇒ During the winter months, workshops may be cancelled due to inclement weather. For cancellation information, please call 859-1580 the morning of the class.

# 2019 Schedule

All workshops are held on Saturdays from 8:30 a.m. - 12:30 p.m.  
Check-in is 8:00 - 8:30 a.m.

**Please do not arrive earlier than 8 a.m.**

## Augusta Workshops

MaineGeneral Medical Center

35 Medical Parkway

Main Floor in the Education Pavilion

Conference Room 1 or 2

January 5	CR1
February 2	CR2
March 2	CR2
April 6	CR2
May 4	CR1
June 1	CR1
July 6	CR1
August 3	CR1
September 7	CR1
October 5	CR2
November 2	CR1
December 7	CR1

## Skowhegan Workshops

Redington-Fairview General Hospital

46 Fairview Avenue

January 26	Room C-4
April 27	Room C-4
July 27	Room C-4
October 26	Room C-4

## Waterville Workshops

MaineGeneral Medical Center—Thayer Campus

149 North Street, Waterville

January 19	Dean 3
March 16	Dean 3
May 18	Dean 3
August 17	Dean 3
September 21	Dean 3
November 16	Dean 3

# Kids First <sup>SM</sup> Registration Form

**Because your safety is our top priority, registrations must be received the Wednesday before class.**

I will attend

Augusta: (Date)\_\_\_\_\_

Skowhegan: (Date)\_\_\_\_\_

Waterville: (Date)\_\_\_\_\_

Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

**Facilitators request that ex-partners do not attend the same class regardless of relationship.**

**Please list current spouse or ex-partner.**

Method of Payment

Money Order or Cash only (Please no checks. We are unable to make change for \$100 bills)

Partial Scholarship Available Upon Request

The cost of the class is \$60.00

⇒ **Payment and pre-registration must be received no later than Wednesday prior to class by sending this form payable to: KVCAP**

**Mail to:  
KVCAP**

**Attn: Social Services—Kids First  
97 Water Street  
Waterville, ME 04901**

⇒ Certificates will be awarded upon payment and completion of the class.